



If you have coronavirus symptoms, stay home & get a test.

• If you are
• contacted by
• NHS test and
• trace and told
• to self isolate,
• stay at home
• for as long
• as you are
• told to.

• If you test
• positive for
• coronavirus,
• you can help
• stop the
• spread by
• providing
• details of your
• close contacts
• to test and
• trace.

Call  **119** or go to  **www.nhs.uk**

Stop the spread.

Do the right thing.