Is my child too ill for school?



Delivering for you

School is the best place for children to learn and for their overall mental and physical wellbeing. This quick guide for parents and carers is to help you understand when NOT to send your child to school, the steps to take and when to send them back. This includes the new legal obligation to self-isolate.

If your child has any of these symptoms, get a test as soon as possible. Visit: # www.nhs.uk/coronavirus. If you are unable to use the webpage, call \ 119. **DO NOT** call **111** to try and book a test.



A high temperature

- where your child feels

hot to touch on their chest

or back



- this means coughing a

lot, for more than an hour,

or 3 or more coughing

episodes in 24 hours



a loss or change to sense of smell or taste

- this means they cannot

smell or taste anything,

or things smell or taste different to normal

Back to school...

When child's test

period has ended

comes back negative

or the 10 days isolation

(from the day after the onset of symptoms)

or

It is fine to send your child to school with a minor cough or cold. They should attend school if they are fit to do so. But if they have a fever, keep them off school until the fever goes. Get advice from \ NHS 111 if you're worried about your child and not sure what to do -

DON'T send your child to school if:

My child has Covid-19 (coronavirus) symptoms

My child has

symptoms

of Covid-19

(coronavirus)

but I am having

difficulty getting

my child tested,

what should I

do?

Situation...

it could be another illness and not Covid-19.

What you need to do... Do NOT send your child to school

- Inform school immediately
- Get a test for your child
- Whole household must self-isolate
- while waiting for test result Inform school about the test results as soon as you get them
- Do NOT send your child to school
- Keep the school informed Regularly reload the NHS portal

website throughout the day

- Your child will need to stay at home isolating for 10 days from the day after any symptoms begin (so, for example, they have a high temperature on Monday, keep them home 10 days from Tuesday), or until they receive a negative test.
- self-isolate for 10 days from the start of the child's symptoms. • If symptoms get worse, please seek

Your whole household will need to

medical advice as this could be another illness and not Covid-19 Do NOT send your child to school received or after your child has stayed home for 10 days from the day after the symptoms begin.

Once a negative test is



Covid-19 (coronavirus). You will be

My child tests

positive for

contacted by **NHS** Test and Trace with advice. They will ask you to complete a questionnaire of all close contacts. **NHS Test &** Trace: 0300 013 5000 Somebody in

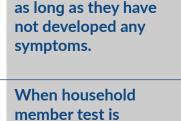
- Your child will need to stay at home isolating for 10 days from
- the day after any symptoms begin (so, for example, they have a high temperature on Monday, keep them home 10 days from Tuesday), or from the day of the test if no symptoms Your whole household will need to self-isolate for 10 days from the start
- of the child's symptoms (or from day of test if no symptoms), even if someone tests negative during those Inform your child's school immediately about test results
- Do NOT send your child to school

days from the day after symptoms begin, even if they have a cough or loss of smell/taste. These symptoms can last for several weeks once the infection has gone. Any siblings can return after the 14 day period

Your child can return to

school after they have

stayed home for 10



negative, and child

has not developed

When child has

completed 10 days

of self-isolation, even

if they test negative

Covid-19 symptoms



has Covid-19 (coronavirus) symptoms

Somebody in my

household has

tested positive

for Covid-19

(coronavirus)

NHS Test and

Trace has

my household

- Inform the school immediately The member of your household with
- symptoms should get a test
- Your whole household needs to selfisolate while waiting for test result
- Inform school immediately about test results once received
- Do NOT send your child to school Inform the school immediately

Your whole household will need to

self-isolate for 10 days from the start

of the symptoms (or from day of test if no symptoms) - even if someone tests negative during those 10 days Do NOT send your child to school Your child will need to stay home

during the 10 days and have not developed symptoms After the 10 days of self isolation as advised is completed and your



identified my child as a 'close contact' of somebody with confirmed Covid-19 (coronavirus)

- for 10 days from the date given by **NHS Test & Trace or Public Health**
- **England** Inform school immediately The rest of your household does not need to self-isolate, unless they are a
- Only If your child develops symptoms should you get them tested

'close contact' too

child has not developed symptoms

When the quarantine

period of 10 days has

been completed for the

child and no symptoms

have developed in that

time frame

school



My child has travelled and has to self-isolate as part of a period of quarantine

 Inform school immediately Your child (and other household

Do NOT send your child to school

- members who have also travelled) should isolate at home for 10 days
- Get tested if symptoms develop

 Even if negative continue to self isolate



We have received advice from a medical / official source that my child must resume shielding

- Keep your child at home Inform school immediately Child should shield until you are

and shielding is paused again

informed that restrictions are lifted

When school / other agencies inform you that there is no longer a need to shield and

your child can return to



Stop the spread.