

RAPID TESTING

Free regular testing for **Covid-19** protects you, your colleagues and your customers.



Around 1 in 3 people who have Covid-19 don't have any symptoms and can spread it without knowing. Everyone over the age of 16 should take a rapid test twice a week. Staff should be allowed to test during work time. Workers who have to self-isolate may be eligible for financial support.

Information on the types of testing available and how to access them is available at www.southglos.gov.uk/testing

! If you have symptoms book a standard test at nhs.uk or call **119**

COVID-19 VACCINATION

The vaccine is safe and effective and gives us all the best protection against coronavirus.



- ✓ The NHS is prioritising giving the vaccine to those most at risk of getting seriously ill from Covid-19. You will be contacted by the NHS when it is your turn to get the vaccine.
- ✓ The vaccine is given as two doses. Make sure you have both doses – the first dose of the vaccine should give you good protection from coronavirus, but you need to have the second dose to give you full protection which is longer lasting.
- ✓ The vaccines have been thoroughly tested and approved by medical experts. You may feel a little unwell afterwards but serious side effects are very rare.
- ✓ By testing regularly and taking both doses of the vaccine you are protecting your colleagues and customers and keeping businesses open.

