

Covid-19: Guidance for people living in shared properties:

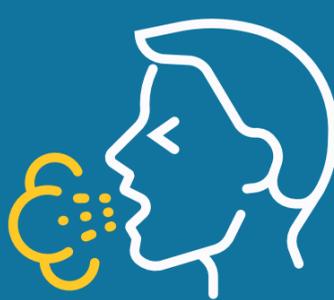
If you or someone you live with develops symptoms of Covid-19, everyone who lives at the property must self-isolate immediately. The person with symptoms needs to book a test online at [nhs.uk](https://www.nhs.uk) or call **119**.

Symptoms are:



a high temperature

or



a new continuous cough

or



a loss of, or change in, your
normal sense of taste or smell

- Any housemate with symptoms should try and stay away from other members of the household. Minimise time spent in shared spaces such as kitchens, bathrooms and sitting areas.
- Shared facilities should be regularly cleaned, consider a rota for washing or bathing. Those with symptoms should use the facilities last, before thoroughly cleaning the bathroom. Those who are clinically vulnerable should use the bathroom first after being thoroughly cleaned. Use separate towels for drying after showering and for hand hygiene purposes.
- Take meals back to your room to eat. Use a dishwasher (if available) to clean and dry used crockery and cutlery. If this is not possible, wash them by hand using detergent and warm water and dry them thoroughly, using a separate tea towel.

- If you develop symptoms, book a test, tell all your housemates immediately and alert anyone else you have been in close contact with so they can self-isolate.
- Make plans as a household on what to do if one of you gets symptoms and you all need to self-isolate (think about food and medical supplies).
- Everyone in the property can help stop the spread by remembering **HANDS, FACE, SPACE**.
- If you or a housemate cannot cope with your symptoms visit [111.nhs.uk](https://www.111.nhs.uk) or call **999** in a medical emergency.
- For more information on living in shared properties go to www.southglos.gov.uk/HMO

STUDENTS: You must notify your university immediately if you have symptoms or have received a positive test result.

Stop the spread.

Do the right thing.

www.southglos.gov.uk/coronavirus