

Climate and Nature Emergency **ACT NOW!**



We all need to take action to:
cut carbon » save energy » help nature » be prepared
Find out what you can do...

Simple switches to fight climate change:



SWITCH TO GREEN ENERGY

Choose a renewable energy supplier

Next steps

Get an energy audit of your home

Find out more

www.warmandwell.co.uk or call **0800 500 3076**



SWITCH JOURNEYS

Walk, cycle or use public transport

Next steps

Swap your private car for a bike or bus pass

Find out more

www.travelwest.info



SWITCH MEALS

Use up leftovers, eat more veg and less meat

Next steps

Cut out beef and lamb or go vegetarian or vegan

Find out more

www.friendsoftheearth.uk/food



SWITCH BUYING

Swap, re-use, recycle, buy second hand, borrow

Next steps

Switch to an ethical bank, insurance and pension company

Find out more

www.hubbub.org.uk/switch-to-a-green-pension-an-ethical-bank



START GROWING

Grow flowers, trees and vegetables at home – great for wildlife and for you!

Next steps

Grow in your community allotments or gardens, join a local conservation group, sponsor a tree.

Find out more

www.rhs.org.uk/growyourown

Get involved! Tackling the Climate and Nature Emergency needs everyone.