

CASE STUDY

Sedgemoor Target Sprint Club Training

In May 2022, Member Awarded Funding of £250 contributed towards training costs.



The MAF funding Sedgemoor Target Sprint received has enabled more young people and adults to access this sport and membership has increased.

Sedgemoor Target Sprint is a British shooting hub club that coaches young people and adults in the sport of Target Sprint. Target Sprint is an exciting sport which combines the precision of air rifle shooting with the physical element of running 400 metre laps of a track. The club trains on a dedicated shooting range at Yate Outdoor Sport Complex and welcomes anyone over the age of 11 years old.

Sedgemoor Target Sprint athletes compete nationally and internationally, providing young people with skills, confidence and discipline to take into other areas of their lives.

Having a Target Sprint club in Yate means that the sport is accessible to people in the local area. The success that Sedgemoor Target Sprint athletes achieve nationally and internationally helps to encourage participants from outside South Gloucestershire to use and support the facilities.

“Having been coached and trained at Sedgemoor, I have gone on and been selected to compete as part of the GB team. I recently competed in Hungary – it was the most amazing experience ever.

Erin, Sedgemoor Target Sprint athlete

“Coaching these young people is a privilege. Their hard work and dedication are rewarded with personal bests, development and often achieving podium medals. To see these young athletes grow and thrive in a supportive sport club environment is truly inspiring.

Martin Beard, Head Coach