

Academic year 2024/25

About the PSHE / RSHE Resource and Information Platform

The PSHE / RSHE Resource & Information Platform is a SharePoint-based space developed and managed by South Gloucestershire Council's Health and Wellbeing (H&WB) Division.

The Platform is part of the H&WB Division's [Health Promotion in Education Settings \(HPES\)](#) work programme. It forms part of the 'resources' and 'workforce support' elements of the HPES [Core Offer](#).

What is the aim and purpose of the Platform?

The aim of the Platform is to:

“Support education settings to deliver effective PSHE / RSHE learning, and wider, whole-setting health promotion interventions.”

Its purpose is to:

“Ensure all colleagues involved in the planning, delivery, evaluation, and review of PSHE, RSHE (incl. mental health education and provision), and wider health and wellbeing-related activity have a single space in which to easily and freely access the breadth of evidence, guidance, CPD, and teaching and learning resources they need to deliver 'best practice, and effectively meet the needs of pupils, staff, and the wider education setting community.”

What is in this User Guide?

The User Guide contains the following sections:

Section 1: Joining the Platform & locate the Platform web link

Section 2: Find content using the Recently added and Featured content buttons

Section 3: Find content using the Search function

Section 4: Find content using the Filtering system

Section 5: Identify the site link to the Mental Health Leads space

Section 6: Locate & navigate the content covering our Core Offer of support for education settings

Feedback and queries about this User Guide, the Platform or our wider Health Promotion in Education Settings (HPES) work programme can be addressed to:

healthpromotionineducation@southglos.gov.uk

Section 1: Joining the Platform & locating the Platform web link

As the PSHE / RSHE Resource & Information Platform is hosted on South Gloucestershire Council's SharePoint system, the first stage is to register colleagues to the Council's system.

Colleagues should email healthpromotionineducation@southglos.gov.uk

In the address bar use the words: **I want access**

Make sure your name, and the name of your setting are in the body text or your email signature.

You will then receive an instruction email from us that looks like this:

Please read this carefully as it details important information about each stage of the process.

It also contains important information relating to GDPR.

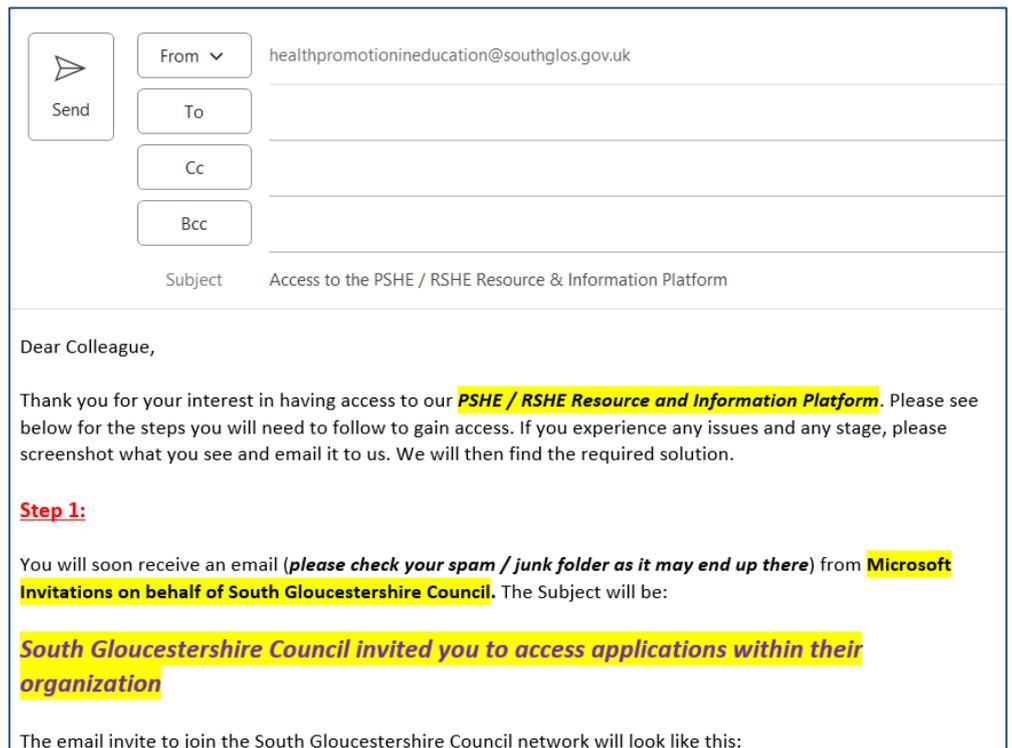
Shortly after receiving this instruction email from us, you will receive an email that may appear in your junk or spam folder from **Microsoft Invitations on Behalf of South Gloucestershire Council**.

The subject line will be: **South Gloucestershire Council invited you to access applications within their organization.**

Please follow the instructions in this email, as well as in the previous instruction email, we sent you.

Once registered, colleagues can reach the Platform via this link:

[PSHE / RSHE Resource and Information Site - Home \(sharepoint.com\)](https://sharepoint.com)



The screenshot shows an email composition window. On the left is a 'Send' button with a paper plane icon. To its right are four input fields: 'From' (with a dropdown arrow), 'To', 'Cc', and 'Bcc'. The 'From' field contains the email address 'healthpromotionineducation@southglos.gov.uk'. Below these fields is a 'Subject' field containing the text 'Access to the PSHE / RSHE Resource & Information Platform'. The main body of the email is visible below the subject line, starting with 'Dear Colleague,' followed by a thank you message and instructions. A red heading 'Step 1:' is followed by text about receiving an email from Microsoft. A yellow highlight is present over the subject line of the incoming email: 'South Gloucestershire Council invited you to access applications within their organization'. At the bottom, it says 'The email invite to join the South Gloucestershire Council network will look like this:'.

Section 2: Find content using the Recently added and Featured content buttons

Just below the introductory paragraph on the landing page you'll find two **'call to action'** buttons; one that will link you to **Recently added content** and one that will link you to **Featured content**.

PSHE / RSHE Resource and Information Site

Private group | OFFICIAL-SENSITIVE | Following | 74

Published 17/10/2024 | Share | Edit

Welcome to your PSHE / RSHE Resource and Information Platform

"Supporting settings to deliver effective PSHE / RSHE learning, and wider, whole-setting health promotion interventions"

Every effort has been made to ensure content on this platform, incl. promoted training opportunities, are appropriate for their described purpose and audience. However, the Council takes no responsibility for the extent to which content, incl. promoted training, can meet the users' intended need. It remains the responsibility of anyone using the platform to assess whether content used, or training selected, is likely to be suitable and appropriate for their intended audiences.

Not visited the Platform recently?
Want to see what we have added most recently?

Show me

Wondering if you've missed something important? Want to see our featured content?

Show me

Mental Health Lead for your setting?
Looking for our dedicated Mental Health Leads site?

Take me there

Clicking on either **'show me'** button will take you to pages that look like this:

Recently added content

[Back to home](#)

The table on the **right** is displaying all content on this site categorised as **'Recently added content'**. Use the **left** table called **'Category List'** to filter by **'Stage (Educational)'**. Once you have your first filter results, use the information in the 2nd, 3rd and 4th columns in the right-hand table (headed **'Content description'**, **'Topic'** and **'Resource Category'**) to select the most appropriate content for your needs.

Categories List	Recently added content			
Stage (Educa... ↑ ↓)	Name ↓	Content description ↓	Topic ↓	Resource categ... ↓
All Stages				
EYFS				
Post 16				
Primary				
Secondary	Alcohol, Cannabis & Vapin...	The Talk About... Trust's Comprehensive KS3&4 workbook. Lesson plans, guidance notes, PPTs, & classroom activities for delivering effective alcohol, cannabis & vaping education. FREE REGISTRATION REQUIRED	Drugs, Alcohol anc	Lesson packs
SEND	Alcohol, Cannabis & Vapin...	The Talk About... Trust's Comprehensive KS5 workbook. Lesson plans, guidance notes, PPTs, & classroom activities for delivering effective alcohol, cannabis & vaping education. FREE REGISTRATION REQUIRED	Drugs, Alcohol anc	Lesson packs

Featured content

[Back home](#)

The table on the **right** is displaying all content on this site categorised as **'Featured content'**. Use the **left** table called **'Category List'** to filter by **'Stage (Educational)'**. Once you have your first filter results, use the information in the 2nd, 3rd and 4th columns in the right-hand table (headed **'Content description'**, **'Topic'** and **'Resource Category'**) to select the most appropriate content for your needs.

Categories List	Featured content			
Stage (Educa... ↑ ↓	Name ↓	Content description ↓	Topic ↓	Resource categ... ↓
All Stages	2024 Anti-Bullying Week - ...	EYFS Resource Pack from The Anti-Bullying Alliance to support the 2024 Anti-Bullying Week. 2024 topic is: Choose Respect	Bullying	National / International th
EYFS	2024 Anti-Bullying Week - ...	Primary Resource Pack from The Anti-Bullying Alliance to support the 2024 Anti-Bullying Week. 2024 topic is: Choose Respect	Bullying	National / International th
Post 16	2024 Anti-Bullying Week - ...	Secondary Resource Pack from The Anti-Bullying Alliance to support the 2024 Anti-Bullying Week. 2024 topic is: Choose Respect	Bullying	National / International th
Primary				
Secondary				
SEND				

The **'Recently added content'** page contains the 20 most recent items added to the Platform.

Recently added content

[Back to home](#)

Featured content

[Back home](#)

The **'Featured content'** page contains between 12 and 16 items we have assessed as being highly likely to be of significant, and ongoing, interest to a broad audience.

Once you have clicked through to either page (the process described below works the same way on both pages), you can filter content using the **Categories list** on the left-hand side.

Categories List

Stage (Educa... ↑ ↓

All Stages

EYFS

Post 16

Categories List

Stage (Educa... ↑ ↓

All Stages

EYFS

Post 16

Primary

Secondary

SEND

Simply check the radio button to select the right educational stage for the content you are looking for. In the example here, we have selected **'Primary'**.

On the right-hand side of the screen will now be displayed all the content relevant to the Primary stage. Use the **'Content description'**,

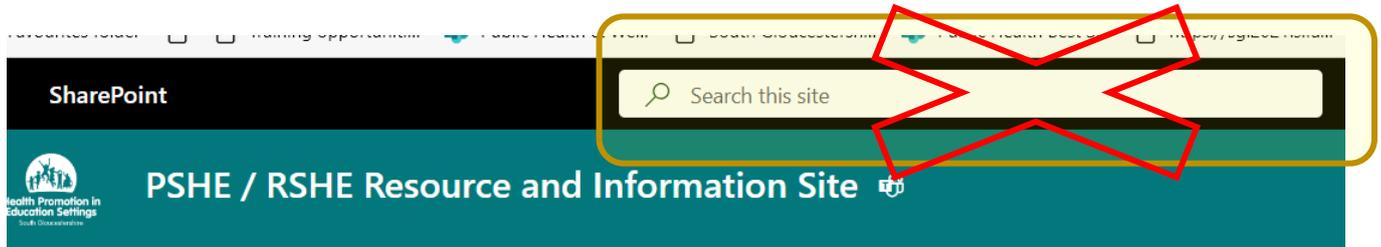
Featured content > Primary

Name ↓	Content description ↓	Topic ↓	Resource categ... ↓
2024 Anti-Bullying Week - ...	Primary Resource Pack from The Anti-Bullying Alliance to support the 2024 Anti-Bullying Week. 2024 topic is: Choose Respect	Bullying	National / International th
Food for Life Learning & Sk...	The Soil Association's Food for Life Learning and Skills Hub. One-stop-shop for resources, case studies, and support to run food & farming related activities.	Healthy Eating	Websites for teaching and
KS1&2 PSHE - what it cove...	From the PSHE Association comes this amazingly comprehensive breakdown of the KS1&2 PSHE education curriculum. A must read for all!	PSHE	Guidance

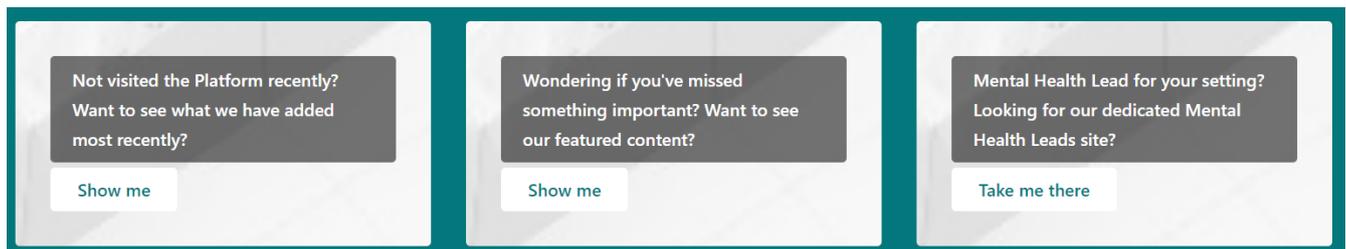
'Topic', and **'Resource category'** columns to help you understand exactly what the resource is. Once you have found something you want, simply click on the link to access it.

Section 3: Find content using the Search function

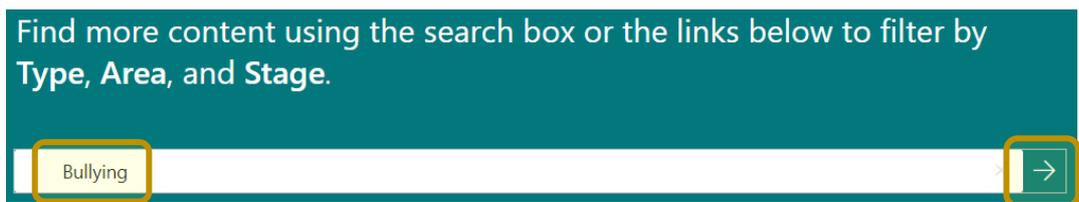
It is **VERY IMPORTANT** to note that the **Search bar function** displayed at the top of the Platform home page **MUST NOT** be used to **search for site content**. It does not work as a proper 'indexed' search function and does not correctly display actual site content.



The **CORRECT Search** bar can be found beneath the row of 'call to action' buttons that look like this:



The Platform's Search function works exactly like that of a Google or other web browser search



bar. Just enter your search term (i.e. Bullying) and press the arrow icon:

Your search results will then be displayed like this:

Search bar:

All results

21 results for 'Bullying'

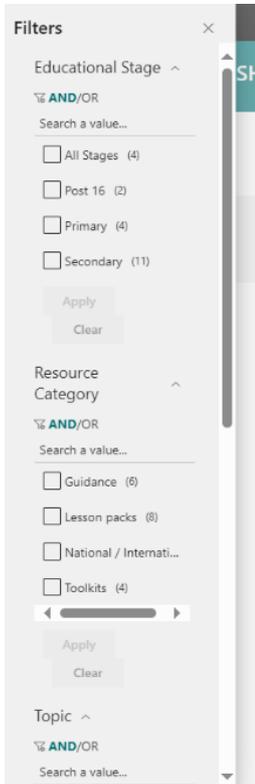
Title	Content Description	Stage	Resource Category	Topic	Area
Anti-bullying toolkit (primary)	Primary toolkit from Mentally Healthy Schools to accompany the 2022 Anti-bullying week campaign	Primary	National / International themed days / weeks / months	Bullying	Teaching and Learning Resources
Anti-bullying toolkit (Post 16)	Post 16 toolkit from Mentally Healthy Schools to accompany the 2022 Anti-bullying week campaign	Post 16	National / International themed days / weeks / months	Bullying	Teaching and Learning Resources
Anti-bullying toolkit (secondary)	Secondary toolkit from Mentally Healthy Schools to accompany the 2022 Anti-bullying week campaign	Secondary	National / International themed days / weeks / months	Bullying	Teaching and Learning Resources
Peer-led anti-bullying campaign toolkit	NSPCC Learning's Think B4 You Type is a free toolkit to help you support KS3&4 pupils to design and lead their own campaign around online bullying	Secondary	Guidance	Bullying	Policy, guidance and evidence
Every Mind Matters - 1-2-1 relationships	KS3&4 lesson pack focussing on healthy relationships	Secondary	Lesson packs	Healthy Relationships (incl. Family, Friendships)	Teaching and Learning Resources

The **Content Description**, **Stage**, **Resource Category**, **Topic**, and **Area** columns give you further details about the resource.

Next to the search bar, you'll notice a small icon and the words **Show filters**.



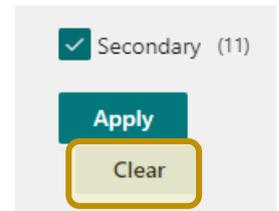
Click on this to reveal numerous additional ways to refine what you are looking for.



Simply check the appropriate square/s and select **Apply** to see your filtered results.



When you are done, or if you want to change your filter selection just click **Clear**.



Just like a webpage, all search results are displayed in order of relevance to the criteria entered.

To navigate back to the Platform's home page simply click the **Take me home** button or the **Platform's Logo** in the top left corner.



+ New Promote Page details Analytics

Search results



Section 4: Find content using the Filtering system

Beneath the Search function pane, you will find the Filtering system dashboard. The dashboard allows you to filter content by Type, Area, and Stage. This can be used in multiple ways.

Filter content by Type:	Filter content by Area:	Filter content by Stage:
Subject Topic	Policy, Guidance and Evidence	All stages
Resource Category	Services and Support	Secondary
Educational Stage	Teaching and Learning Resources	Primary
	Training and CPD opportunities	Post-16
	Trauma Informed South Glos	SEND
	Useful Web Links	EYFS

Firstly, let us imagine that someone has visited the platform because they want to find any content related to teaching about **Healthy Eating**. As the person knows the specific subject or topic they are looking for, they would click the **Subject Topic** link.

Filter content by Type:

- [Subject Topic](#)
- [Resource Category](#)
- [Educational Stage](#)

This then reveals the **Categories list** and **Document library**.

By checking the **Healthy Eating** button in the **Categories list**, the Document library will refine the display to show all resources linked to that topic. The **Name**, **Content description**, **educational Stage**, and **Resource category** columns display further information to help you refine resources that may match what they are looking for.

Categories List

Topic ↑ ▾

- Basic First Aid
- Bullying
- Changing Adolescent Body
- Climate change
- Drugs, Alcohol and Tobacco (incl. Vaping)
- Equality, Diversity and Inclusion
- Financial Education
- Gender Identity
- Healthy Eating**

Document Library > **Healthy Eating**

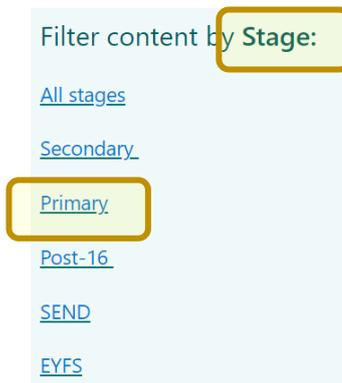
Name ▾	Content descri... ▾	Stage (Educati... ▾	Resource Cate... ▾
Food - A Fact of Life (EYFS).url	Comprehensive webpage of classroom activities & teaching resources for EYFS pupils from Food - A Fact of Life.	EYFS	Websites for teaching and
Food - A Fact of Life (KS1).url	Comprehensive webpage of classroom activities & teaching resources for KS1 pupils from Food - A Fact of Life.	Primary	Websites for teaching and
Food - A Fact of Life (KS2).url	Comprehensive webpage of classroom activities & teaching resources for KS2 pupils from Food - A Fact of Life.	Primary	Websites for teaching and
Food - A Fact of Life (KS2).url	Comprehensive	Secondary	Websites for teaching and

To navigate back to the Platform's home page simply click the **Take me home** button or the **Platform's Logo** in the top left corner.



Secondly, let us imagine that a PSHE Lead was working with colleagues to review their programme of study for the Primary stage.

They have been discussing whether there are any new materials available that could be used for certain elements of subject delivery. Here, their search may begin by selecting the **Primary** link on the **educational Stage** list.



This will reveal everything contained on the Platform that has been categorised as being for the **Primary** stage.

Categories List Primary

Resource Category ↑	Name ↓	Content description ↓	Topic ↓	Area
e-learning / staff briefing / staff CPD	12 principles of effective RSE.url	Sex Education Forum Infographic. Has multiple applications - great for whole staff team discussions on the principles and values underpinning RSHE delivery	RSHE (secondary stage) / 1	Policy
Awareness-raising campaigns				
Directories				
Evidence	2019 DFE Statutory RSHE guidanc...	2019 Department for Education statutory guidance for the teaching of relationships and sex	RSHE (secondary stage) / 1	Policy
Guidance				

Our primary PSHE Lead could then check the Lesson activities, Lesson packs, and Lesson plans buttons to see the breadth of content available to support teaching and learning.

Categories List Primary > Lesson activities, Lesson packs, Lesson plans

Resource Category ↑	Name ↓	Content description ↓	Topic ↓	Area ↓
e-learning / staff briefing / staff CPD	A recipe for Healthy Relationships...	Engaging & flexible KS2 resource from West Country Crime Stoppers & Unique Voice equips children with the knowledge & skills needed to understand and develop healthy relationships.	Healthy Relationships (incl	Teaching and Learning
Awareness-raising campaigns	BBFC KS2 lesson pack.zip	2-lesson teaching pack from the British Board of Film Classification (BBFC) for delivery to KS2 using the context of films and classification to explore decision-making, risk management and managing peer influence	Mental Wellbeing	Teaching and Learning
Directories	Building Gender Equality for Youn	White Ribbon UK's	Fauality, Diversity and Incl	Teaching and Learning
Evidence				
Guidance				

Lesson activities
Lesson packs
Lesson plans

To navigate back to the Platform's home page, follow the instructions at the top of this page.

Finally, let us imagine that you are a secondary stage PSHE Lead.

A member of SLT has asked you to review your PSHE Policy to ensure it remains fit for purpose against current guidelines.

Here, your search will likely begin by using the **Area** list. Then clicking on the **Policy, Guidance and Evidence** link.

This will reveal everything contained on the Platform that has been categorised as being related to Policy, guidance and evidence.

Filter content by **Area:**

- [Policy, Guidance and Evidence](#)
- [Services and Support](#)
- [Teaching and Learning Resources](#)
- [Training and CPD opportunities](#)
- [Trauma Informed South Glos](#)
- [Useful Web Links](#)

Categories List

Policy guidance and evidence

Stage (Educa... ↑ ↓	Name ↓	Content description ↓	Topic ↓	Resource Categ...
All Stages	10 things pupils don't want from ...	Results from 8000+ pupils participating in the Chameleon PDE 'How Are You?' pupil voice survey, sharing their views on PSHE lessons	PSHE	Evidence

Our Lead can then use the **categories list** to check the **Secondary** button to refine the search. The **Content description**, **Topic**, and **Resource Category** columns can then be used to make final selections of the most relevant resource for their task.

Categories List

Policy guidance and evidence > Secondary

Stage (Educa... ↑ ↓	Name ↓	Content description ↓	Topic ↓	Resource Categ...
All Stages	10 things pupils don't want from ...	Results from 8000+ pupils participating in the Chameleon PDE 'How Are You?' pupil voice survey, sharing their views on PSHE lessons	PSHE	Evidence
EYFS	2019 DfE Statutory RSHE guidanc...	2019 Department for Education statutory guidance for the teaching of relationships and sex education and health education	RSHE (secondary stage) / I	Guidance
Post 16	Addressing pornography through...	Comprehensive guidance & planning document from the PSHE Association, packed ...	Internet Safety and Harms	Guidance

As before, you can navigate back to the Platform's home page by clicking the **Take me home** button or the **Platform's Logo** in the top left corner.

PSHE / RSHE Resource

+ New Promote Page details

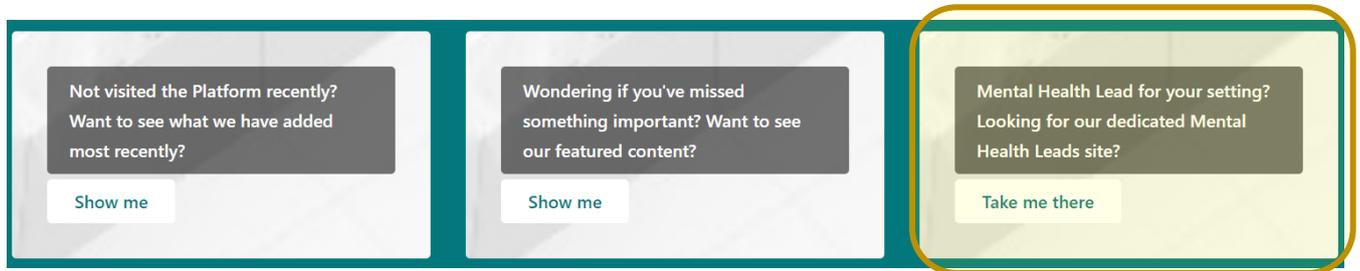
Subject Topic

Back to Home

Section 5: Identify the site link to the Mental Health Leads space (please note: this space is ONLY for designated Mental Health Leads)

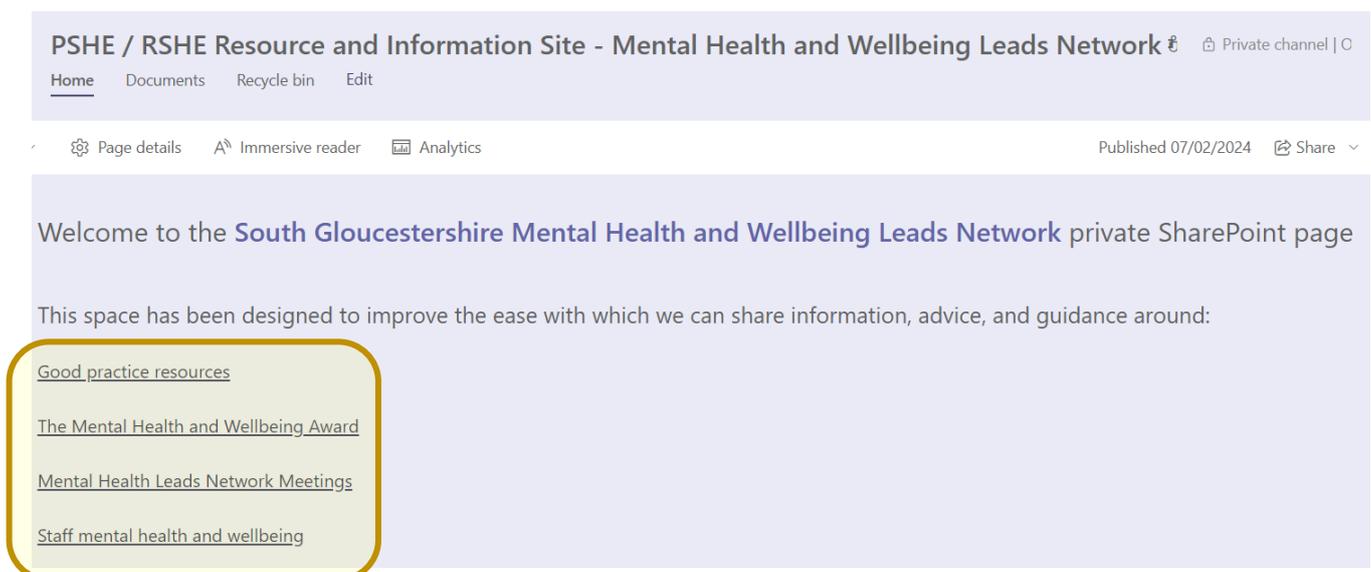
For colleagues who perform the role of Lead for Mental Health and Wellbeing in their setting, we have a separate site within the Platform, coordinated and administered by the South Glos Mental Health Leads Network group.

On the Platform's home page, you will see the three, prominent 'call to action' buttons.



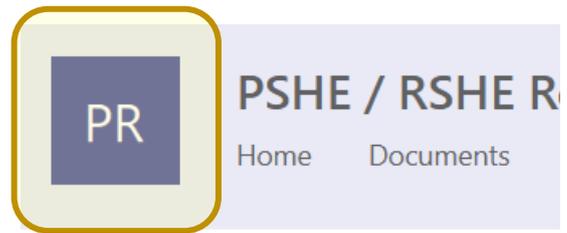
On the right-hand side of the page, you'll see the button marked 'take me there'. Using this link will take you through the 'site within a site'.

The Mental Health and Wellbeing Lead's site landing page looks like this. It operates much like the type of conventional SharePoint spaces you may be more used to. Each link on the left takes you to a document storage folder, from where you can find relevant content.

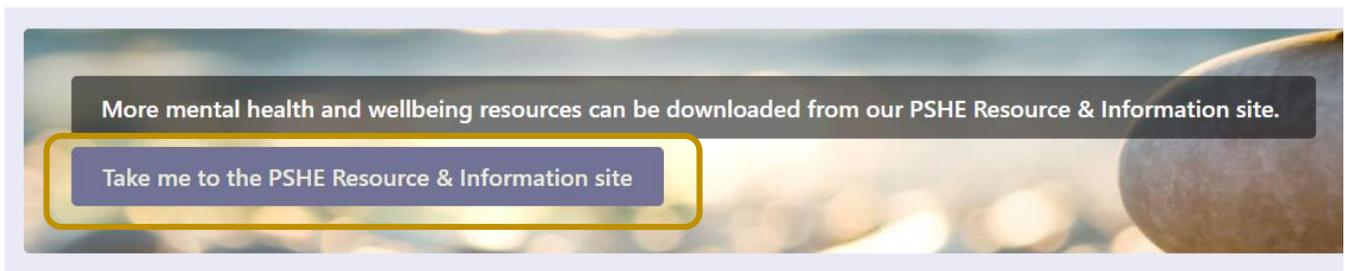


 Name ▾	Modified ▾	Modified By ▾	+ Add column
 1 to 1 resources	August 30, 2023	Catherine Davies	
 Movember	October 4, 2023	Catherine Davies	
 PHSE, Assemblies	February 7	Catherine Davies	
 Protective Factors from Developmental Tra...	December 14, 2023	Catherine Davies	
 Whole school approaches	August 30, 2023	Catherine Davies	

From any document storage folder, or other folder location, you can navigate back to the Mental Health and Wellbeing Leads home page by clicking the PR button in the top left of the screen.



And from the Mental Health Leads site home page you can easily return to the main Platform by clicking the button indicated below.



Section 6: Locate & navigate the content covering our Core Offer of support for education settings

The Health Promotion in Education Settings work programme has a Core Offer of support for education settings that is free of charge.

The Core Offer is made up of resources, workforce support and our awards programme.

Below the Filtering system dashboard, you'll find the link that takes you to the Platform section containing information about our Core Offer.

[Click here for details of our Core Offer of support for education settings.](#)

Got questions, feedback, want to share content, or want discuss anything to do with our support for education settings? Use our [Teams Channel](#) or email healthpromotionineducation@southglos.gov.uk

Hyperlinked text will help you navigate to the information you are seeking.

In South Gloucestershire, all support to promote children and young people's health and wellbeing in mainstream, non-mainstream and ALP education settings is coordinated under the [Health Promotion in Education Settings \(HPES\)](#) work programme.

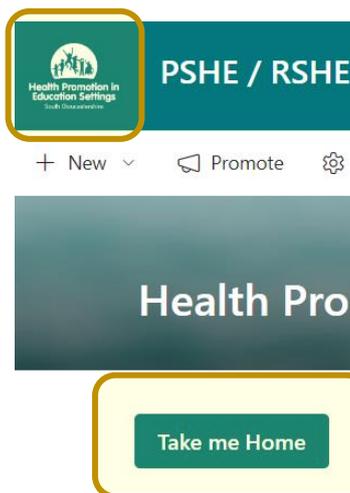
The HPES work programme has a [Core Offer](#) that includes the new [Award programme](#).

Within the Core Offer we promote a variety of [training and CPD opportunities](#) for colleagues in South Gloucestershire. Wherever possible, the training and CPD opportunities we promote come with no associated cost. As part of our training and CPD support, we host quarterly network meetings for Primary and Secondary stage PSHE Leads. These take place annually in March, June, September and December. In addition we also publish a [termly Bulletin for PSHE, Mental Health and Pastoral Support Leads](#).

The final part of our Core Offer relates to the evidence and intelligence our education settings need to help them shape and guide interventions designed to improve children and young people's health and wellbeing. One of the key local evidence tools available is our [Health and Wellbeing Online Pupil Survey \(OPS\)](#).

If you want to contact us about any of our support for education settings, please email: healthpromotionineducation@southglos.gov.uk

As before, you can navigate back to the Platform's home page by clicking the **Take me home** button or the **Platform's Logo** in the top left corner.



If you have any feedback or questions about the Platform, or would like access for yourself and / or other colleagues please email us at: healthpromotionineducation@southglos.gov.uk using "**I want access**" as the subject line.