

# Health Promotion in Education Settings:

## Menu of Awards for achieving Beacon and Beacon+ Exemplar setting status

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Please find below the list of Awards and Quality Marks currently available without charge to all education settings. These Awards and Quality Marks can be used by settings wanting to work towards achieving their **Beacon Setting** (stage 2) or **Beacon+ Exemplar Setting** (stage 3) status as part of the [Health Promotion in Education Settings Award programme](#).

Stage 1 of the Award programme is the completion of the Healthy Roots Quality Mark. Details for the Quality Mark, including a link to the Online Assessment Tool can be found below on page 1.

Any general questions about these Awards or Quality Marks should be addressed to: [healthpromotionineducation@southglos.gov.uk](mailto:healthpromotionineducation@southglos.gov.uk). For specific enquiries, please contact the Award / Quality Mark providers directly.

Name	Topic area	Provided by	Synopsis	Web / information link
Healthy Roots Quality Mark	Promoting Health and Wellbeing in Education Settings	South Glos Council Public Health and Wellbeing	The Healthy Roots Quality Mark represents a form of baseline assessment, allowing education settings to evidence the foundation they have built for the promotion of staff and pupil health and wellbeing. The Quality Mark is undertaken via completion of an online assessment tool	The Online Assessment tool can be accessed <a href="#">here</a>

### IMPORTANT NOTICE:

Settings wishing to use Awards or Quality Marks that **DO NOT** appear on this menu as part of the requirements for achieving either the **Beacon Setting status** or **Beacon+ Exemplar Setting status**, are very welcome to send any evidence of Award / Quality Mark completion to [healthpromotionineducation@southglos.gov.uk](mailto:healthpromotionineducation@southglos.gov.uk). The Health Promotion in Education Settings Quality Assurance Panel will assess the extent to which your Award or Quality Mark provides sufficient evidence of having a 'health promoting' focus. Where it does, your Award / Quality Mark will be accepted towards the completion of the aforementioned award stages

Name	Topic area	Provided by	Synopsis	Web / information link
Mental Health and Wellbeing Award	Mental Health and Wellbeing	South Glos Council ELS	The Mental Health and Wellbeing Award, supports schools to implement a whole school approach to mental health and well-being. It provides support to identify strengths and areas for development through an online self-assessment and action planning tool. There is also support available from our community engagement team to implement changes and improvements in your setting.	<a href="mailto:mentalhealth@southglos.gov.uk">mentalhealth@southglos.gov.uk</a>
RHS School Gardening Awards <i>(Must reach at least level 4)</i>	Mental Health and Wellbeing	Royal Horticultural Society	The RHS School Gardening Awards is a five-level rewards scheme providing achievable goals that help you turn your garden into a valuable learning resource. Each level is easy to achieve by submitting a few words and photos via our website.	<a href="#">RHS School Gardening Awards / RHS Campaign for School Gardening</a>
The Green Tree Schools Award <i>(Must reach at least Silver Award)</i>	Mental Health and Wellbeing	The Woodland Trust	The Green Tree Schools Award encourages outdoor learning, inspiring pupils about trees, woods, and wildlife. Through the award, your school can take part in fun, practical projects while helping the environment and improving your grounds	<a href="#">Take part in the Green Tree Schools Award - Woodland Trust</a>
Young Carers in Schools (YCiS) programme and Award	Mental Health and Wellbeing	The Children's Society and Carers Trust	YCiS is an evidence-based programme that identifies hidden young carers and seeks to raise their attendance, attainment, and wellbeing. Schools gain the Award through evidencing effective practice. Bristol & South Gloucestershire Young Carers Service work in partnership with the Children's Society and Carers Trust, to support schools to implement the programme and work towards the award. They also run a Young Carers School Leads Network to promote and share good practice.	<a href="#">Young Carers in Schools   Carers Support Centre</a>

Name	Topic area	Provided by	Synopsis	Web / information link
Equality Mark	Equality and Inclusion	South Glos Council ELS	The equality mark assesses school policy around equality, diversity and inclusion improving our understanding of how your school has had an impact on your students, staff, and wider community. It encourages schools to look back at the equality toolkit and focus on where they can improve but also celebrates what has been a success.	<a href="mailto:Josiah.chudleigh@southglos.gov.uk">Josiah.chudleigh@southglos.gov.uk</a>
Gender Action Awards <i>(Must reach at least Initiator level)</i>	Equality and Inclusion	Gender Action	Gender Action is an award programme which promotes and supports a whole-school approach to challenging stereotypes. Demonstrate your commitment to ensuring all young people can reach their full potential.	<a href="#">Getting Started — GENDER ACTION SCHOOLS AWARD</a>
The South Glos Ideal Award <i>(We anticipate schools will have access to this Award from September 2024)</i>	Equality and Inclusion	South Glos Council (Team / Dept TBC)	SGC give grateful thanks to Bristol City Council Public Health for allowing us to make their Award available to our schools in South Glos	

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School Games Mark <i>(Must be at least Silver level)</i>	Physical health	Youth Sport Trust / Sport England	The School Games Mark rewards schools for their commitment to the development of competition across their school and into the community. Participating in this process allows schools to evaluate their PE provision and assists them in developing an action plan for future progress	<a href="#">Your School Games - School Games Mark</a>
Modeshift Stars Accreditation	Physical health	Department for Transport	Modeshift STARS is the Centre of Excellence for the delivery of effective travel plans in Education. It recognises schools demonstrating excellence in supporting cycling, walking and other forms of sustainable / active travel	<a href="#">Active travel to school   BETA - South Gloucestershire Council (southglos.gov.uk)</a> <a href="mailto:sustravel4schools@southglos.gov.uk">sustravel4schools@southglos.gov.uk</a>
South Glos Food and Nutrition Award <i>(Currently under development, anticipated launch date, Sept 24)</i>	Physical health	South Glos Council PH		
Period Positive Schools Award	Physical health	Period Positive	The Period Positive Schools Award is a scalable process designed to help schools and colleges across all sectors to address what's often considered 'the last taboo'. Period shame can be difficult to recognise as a class teacher, manager, or leader. Many of the consequences of internalised fear or stigma are hard to spot, and even harder to articulate, especially for young people.	<a href="#">Period Positive Schools: An award for educational organisations, education departments, and councils. – #periodpositive</a>