

Directory of Services and Support

Enabling South Gloucestershire education settings to
develop and deliver effective PSHE, RSHE, Pastoral
Support, and Health and Wellbeing interventions

Introduction:

This directory lists a range of free-to-access services and support available to South Gloucestershire education settings for the purposes of:

- Enhancing and / or improving the impact of PSHE and RSHE
- Reducing health inequalities and improving inclusive practice
- Improving pupil, staff, and / or family health and wellbeing
- Improving pupil safety and welfare

This directory is split into the following sections:

- **Physical health and Physical Activity-** Pages 3- 5
- **Drugs and Alcohol-** Pages 6-9
- **Mental Health and Wellbeing-** Pages 10-12
- **Sexual Health and Healthy Relationships and Sex Education-** Pages 13-14
- **Preventing Violence, Harassment and Abuse-** Pages 15-17
- **Equality, Diversity, and Inclusion-** Pages 18-19
- **Children and Young People's Safety-** Pages 20-21
- **Road safety and active travel-** Pages 22-27

The directory will be reviewed and updated twice a year; if you are aware of support not listed, or requiring updating, please let us know by emailing:

healthpromotionineducation@southglos.gov.uk

To find out more about South Gloucestershire's Health Promotion in Education Settings work programme visit our [webpage](#).

Disclaimer:

Every effort has been made to ensure services and support listed in the directory are being offered by reputable providers and are appropriate for their described and intended purpose and audience. However, the Council takes no responsibility for the extent to which selected services and / or support meet a settings' intended need. It remains the responsibility of anyone using services and / or support listed in this directory to assess the extent to which they are likely to be suitable and appropriate for the intended purpose and / or audience. It also remains the responsibility of settings to undertake the necessary safeguarding checks and / or planning when using services or support that involve external visitors being on site to deliver lessons, assemblies, projects, events, or other sessions.

Date of most recent review: August 25

Physical Health and Physical Activity

Name of Provider / Service	Details of the Service / Support	Target age / year group/s	Contact / Web information
Great Western Air Ambulance Service	<p>Our Great Western Hearts CPR Programme teaches people in our region (Bristol, Bath and Northeast Somerset, North Somerset, South Gloucestershire and Gloucestershire) how to deliver CPR and use an Automated External Defibrillator (AED). Our aim with Great Western Hearts is for members of our community to have the confidence and skills to deliver early lifesaving interventions.</p> <p>Our Great Western Hearts sessions are delivered by healthcare professionals who are basic life support trained and volunteer to deliver to students in secondary schools.</p> <p>The sessions involve a demonstration of DRS-ABC – Danger, Response, Shout, Airway, Breathing, and chest compressions (CPR)- before participants are then given the opportunity to practice the recovery position, CPR and how to use an AED.</p> <p>Sessions last the length of a typical lesson, and we can have up to 30 students per session, running multiple sessions a day.</p>	All secondary	<p>https://greatwesternairambulanc e.com/what-we-do/education/heartstarters/</p> <p>To book a session: carlota.appleby@gwaac.com</p>
Healthy Weight Programme (Families)	<p>Free and fun 12-week group programme, delivered at South Glos Active Lifestyle Centres, for families, children and young people who are above a healthy weight.</p> <p>Eligibility criteria:</p> <p>Aged 5 to 17 years</p> <p>A BMI \geq91st centile with no co-morbidity (<i>above the healthy weight range on a centile chart</i>)</p> <p>Lives in South Gloucestershire or registered at a GP surgery in South Gloucestershire</p> <p>Parent/carers must consent to the referral and attend all provision alongside the child or young person.</p>	5 to 17yrs	<p>For families One You South Gloucestershire (southglos.gov.uk)</p> <p>Healthy Weight Programme (Families) Referral From (office.com)</p>

Sirona: Chat Health	ChatHealth is a confidential text messaging service run by the BNSSG School Nursing service. It allows students to contact School Nurses about a range of issues including emotional health and wellbeing, relationships, smoking, stress and anxiety, self-esteem, bullying, drugs and alcohol and sexual health, however it is not an emergency service.	11 to 19yrs	ChatHealth – Children and Young People’s Services (sirona-cic.org.uk)
Sirona School Nurse Service	<p>New offer from September 2026. Group health and wellbeing sessions for pupils and families, around a variety of health topics.</p> <p>Topics include:</p> <p>Roadshows (whole class)</p> <ul style="list-style-type: none"> • Healthy Relationships • Vaping and Smoking <p>Parents/ Carers (8 Families pre session)</p> <ul style="list-style-type: none"> • Toilet Talk- Bladders and Bowels • Family Foundations- Fun, Food and Feelings • Sweet Dreams- Helping your child sleep well. <p>Children and young people (8 young people per session):</p> <ul style="list-style-type: none"> • Be You- Body image and confidence • Fuel up-Mind, Body and Mood- Healthy Lifestyles for Young People • Growing up- Puberty and Period Power • Rested and Ready- Building Healthy Sleep Habits • Puff or Pass- The Truth Behind Smoking and Vaping <p>Ready for Secondary</p>	5 to 19yrs	<p>southglosschoolnursing@nhs.net</p> <p>For more information or to request a referral form.</p>
The Food Teachers Centre	A professional support network for secondary school food teachers. They help with secondary food and nutrition teaching, including KS3, GCSE and vocational exams in food. It provides a	Key Stage 3 & 4	The Food Teachers Centre – Better food teaching

	platform to exchange best practice, give advice and support to less experienced teachers, answering practical concerns and keeping them abreast of the latest curriculum changes.		
Sirona School Nursing Service	School Nurses work with children, young people, and their parents/carers to maximise their health and well-being. School Nurses can meet with children and young people in groups, for example in school, or individually in several venues such as at school, at home or another venue in your local community. School nurses provide information and support on several topics that children or young people come across that can affect their health.	5 to 19yrs	School Nursing Service – Children and Young People's Services (sirona- cic.org.uk)
Sirona: School Nurse Drop-in sessions	School Nurse drop-ins provide a confidential space for young people in secondary schools to meet with a School Nurse.	11 to 19yrs	Contact your named school nurse for further details
South Gloucestershire School Games Organisers (SGOs)	SGOs provide advice, support, and guidance to schools so that they may translate the School Games pledges of: Tackling Inequality, Youth Participation, and Physical Literacy into reality. SGOs also have a remit to encourage and support all schools to work towards 5 key outcomes, one of which is the Chief Medical Officers guidance on ensuring all pupils have at least 60 active minutes per week (20mins for SEND pupils).	KS2 to KS4	South Gloucestershire has two SGOs Dean Garrett dgarrett@yateacademy.co.uk Naomi Clipston naomi.clipston@cset.co.uk
Studio You	Welcome to Studio You. Home to 100s of free video-based PE lessons, Studio You is here to help teachers bring fun to physical activity and change the way girls aged 11-16 see PE.	Key Stage 3 & 4	Home Studio You (studio-you.co.uk)

Drugs and Alcohol

Name of Provider / Service	Details of the Service / Support	Target age / year group/s	Contact / Web information
South Gloucestershire Council: Young People's Drug & Alcohol Service (YPDAS) Core Offer	Structured 1:1 support (all years): face to face sessions during lesson time for young people whose substance use is at risk of becoming or has become problematic and who would like help to make changes.	All year groups	Referral is via the Access & Response Team: AccessandResponse@southglos.gov.uk Tel. 01454 866000 Please ensure that you gain the young person's consent before making a referral. Parental consent is not required. You may wish to send a separate email to milla.churchill@southglos.gov.uk or to the drug & alcohol specialist linked to your school with the initials of the young person being referred. There is a screening tool you might like to use to facilitate a conversation.
South Gloucestershire Council: Young People's Drug & Alcohol Service (YPDAS) Core Offer	Targeted group work (all years): Early Intervention Groups are for young people where there are concerns around experimental substance use; three sessions per group are delivered to fit in with lesson times.	All year groups	ypdas@southglos.gov.uk
South Gloucestershire Council: Young People's Drug & Alcohol Service (YPDAS) Core Offer	Education & Prevention work with year 6 to year 13: Year 6: Lesson highlighting the effects & risks of experimenting with substances. Promotes discussion around making safe choices. Sessions planned collaboratively with the class teacher to ensure it complements the curriculum. Year 7 & 8: A presentation and related activities that cover the risks and effects of cannabis, alcohol, tobacco, e-cigarettes	Year 6 to 13	ypdas@southglos.gov.uk

	<p>and nitrous oxide.</p> <p>Year 9 to 11: Presentations covering: the journey of drugs (from production to consumption); harms caused by Cannabis, Ecstasy and Xanax; Alcohol; and e-cigarettes</p> <p>Year 12 & 13: Interactive workshops around; drink driving with additional resources for tutors that explore the links between substance use & other risky behaviours; Debate style workshop looking at 'legalisation'; A presentation on alcohol; And a presentation covering drug use, exploring the hidden impact of the production & criminal activity involved in their supply.</p>		
South Gloucestershire Council: Young People's Drug & Alcohol Service (YPDAS) Core Offer	<p>Drug Awareness Parents' Evening: After school / evening session consisting of a presentation and activities engaging parents in discussion around the issues & concerns they have in relation to substance use.</p>	Parents / Carers	ypdas@southglos.gov.uk
South Gloucestershire Council: Young People's Drug & Alcohol Service (YPDAS) Core Offer	<p>Managing drug related incidents: Telephone support is available to school staff following a drug related incident. We also provide 1:1 support to the young people involved and their families.</p>	For staff	ypdas@southglos.gov.uk
South Gloucestershire Council: Young People's Drug & Alcohol Service (YPDAS) Core Offer	<p>Training: Bitesize sessions on illegal drugs, alcohol and how to work with young people who use them. Training on delivering a 'Brief Intervention' covering drugs, alcohol, smoking, and sexual health. This session includes tools and resources. Both sessions are available on</p>	For staff	ypdas@southglos.gov.uk

	request.		
South Gloucestershire Council: Young People's Drug & Alcohol Service (YPDAS) Core Offer	Outreach: During school holidays YPDAS provides outreach in the community. If you have any information that you feel might be useful, please get in touch.	All years	ypdas@southglos.gov.uk
South Gloucestershire Council: Young People's Drug & Alcohol Service (YPDAS) Core Offer	Drug Awareness Parents' Evening: After school / Evening session consisting of a presentation and activities engaging parents in discussion around the issues & concerns they have in relation to substance use.	Parents / Carers	ypdas@southglos.gov.uk
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Offer			
Under 18's Smoking Cessation	<p>School Health Nurses: Smokefree advice delivered by School Health Nurses via drop-in sessions.</p> <p>One You South Gloucestershire: Smokefree telephone support delivered by Stop Smoking Advisors via the South Gloucestershire Council One You service.</p> <p>NRT products can also be prescribed to ages 12 onwards.</p>	12-18 yrs	<p>Contact your named school nurse for further details.</p> <p>More information can be found on the One You website - Quit Smoking One You South Gloucestershire (southglos.gov.uk) or by contacting the team on 01454 865 337.</p> <p>Referrals can be made via the One You contact form.</p> <p>For children aged 12-13 a parent/guardian must consent to be able to provide support. Ages 14 and over can self-refer. Children aged 16 and under will also need a parent/guardian to go with them to collect prescriptions at the pharmacy.</p>

Mental Health and Wellbeing

Name of Provider / Service	Details of the Service / Support	Target age / year group/s	Contact / Web information
Anna Freud Centre for Children and Families: Mentally Healthy Schools	Mentally Healthy Schools brings together quality- assured mental health resources, information & advice for schools and further education settings in England, Northern Ireland, Scotland, and Wales.	Key Stage 1 to 5	Home: Mentally Healthy Schools For Primary For Secondary For Post 16
Kooth	<p>Kooth is commissioned by NHS to deliver digital mental health support and counselling for CYP ages 11 - 18.</p> <p>We offer:</p> <ul style="list-style-type: none"> • Community support through moderated forums and articles • Self-help resources and goal setting • Chat and message based emotional wellbeing and counselling support • Signposting and ongoing support if required <p>This support is anonymous and does not require a referral. To access please just go to: https://connect.kooth.com/</p> <p>Your local engagement lead can offer free assemblies and workshops for pupils, as well as CPD opportunities for staff.</p>	11 to 18yrs	<p>Home - Kooth</p> <p>Local Engagement Lead Ellie Siviter: esiviter@kooth.com</p>
Off the Record: 'Resilience Lab' Full Face to Face Programme	<p>Delivered in school across 5 x 1-hour workshops, participants receive insights and tips to help them gain emotion awareness and increase impulse control to increase wellbeing.</p> <p>Suitable for small groups of up to 8 participants, this targeted intervention allows young people to access specialist support in a safe and contained setting.</p>	Years 7-11	For more information email: resiliencelab@otrbristol.org.uk
Off the Record: Resilience Lab ' Full Online	Delivered online across 5 x 1-hour workshops, participants receive insights and tips to help them gain emotion awareness and increase impulse control to increase wellbeing.	Teens age 11-16 & Young Adults age	<p>For more information email: resiliencelab@otrbristol.org.uk</p> <p>Or check dates at: Resilience Lab age 11-16:</p>

Programme'	This self-referral option allows young people to access specialist support in a safe and contained setting.	17-25	www.otrbristol.org.uk/what-we-do/resilience-lab-for-teens/ Resilience Lab age 16-25: www.otrbristol.org.uk/what-we-do/resilience-lab-for-young-adults/
Off the Record: Resilience Lab ' Boosts '	One-off, 1-hour workshops based on selected elements of the full programme. These bespoke workshops are designed to fit audience needs and can be delivered to whole year groups, classes, and assemblies.	Years 7-11	For more information email: resiliencelab@otrbristol.org.uk
Off the Record: Resilience Lab ' Exam Pressure '	A one-off, 1-hour workshop delivered to whole class groups, sharing stress management tips and techniques , crafted by mental health experts.	Years 10, 11 and 13.	For more information email: resiliencelab@otrbristol.org.uk
Off the Record: 'Resilience Lab' ' Primary to Secondary Transitions '	A one-off, 90min workshop for young people moving from primary to secondary school after the summer holidays. Exploring hopes and fears and providing stress recognition tips.	Year 6	For more information email: resiliencelab@otrbristol.org.uk
Off the Record: ' Mental Health Champions '	Embed a caring school culture by empowering peer mentors to champion positive and proactive mental health awareness. Delivered across 5x50min sessions, attendees leave equipped to befriend and signpost those in need toward help. This training requires at least one dedicated staff member who can oversee the program after the young people are trained. Successful programs host weekly lunch clubs staffed by peer volunteers.	Primary and Secondary	For more information email: resiliencelab@otrbristol.org.uk
West of England Music and Arts (WEMA)	WEMA schools programme is fully funded across South Gloucestershire, Bristol and North Somerset, it includes: <ul style="list-style-type: none"> • FREE Creative interactive workshops for primary and secondary school students • Staff Support and CPD • Creative industry links • Creative residence opportunities • Cultural experiences 	5-18	WEMA- School and Education Settings free Programme

<p>The Association for Child and Adolescent Mental Health (ACAMH)</p>	<p>Online mental health and wellbeing training. Includes section for education staff, new content is added weekly.</p> <p>It includes a range of ACAMH-accredited CPD content – from two-minute myth-busting videos through to in-depth expert lectures – suitable for a variety of professionals, from those getting to grips with a new topic to those needing the latest best practice. Content on the platform covers a range of issues including autism, ADHD, eating disorders, anxiety, suicide, self-harm and more</p>		<p>https://acamhlearn.org/Home</p>
<p>NSPCC: Building Connections service</p>	<p>Building Connections is an online service for young people up to the age of 19, empowering them to find a way through loneliness. NB: to receive this service, young people must give their consent, and if under 18, their parents / carer / guardian will also need to give consent.</p>	<p>Young people up to the age of 19</p>	<p>Building Connections Support service for young people NSPCC Learning</p>

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Yuno Sexual Health Service (Brook)	<p>Sexual Health Promotion Assemblies</p> <p>Brook will be able to provide a 20/30 minute assembly to year groups 9-13 to advertise and signpost to the new Yuno sexual health service available locally, discuss the new condom distribution scheme and provide general sexual health information and advice.</p> <p>The idea is to ensure young people know when they might need to access the services available and where and how they can do this.</p>	<p>Year 9 – 13</p> <p>Can last from 20 - 30 minutes.</p>	<p>Email: yuno@brook.org.uk</p>
Yuno Sexual Health Service (Brook)	<p>Targeted RSE Group sessions:</p> <p>Brook will be able to provide targeted RSE/PSHE group education programmes of 4-6 weeks for vulnerable and at-risk young people.</p> <p>For more information on what services Brook provides, or to book, please visit: https://www.brook.org.uk/regions/yuno-at-brook/</p>	<p>Age 11 – 19 years (up to age 25 if a learning disability)</p>	<p>Email: yuno@brook.org.uk</p>
Yuno My Life programme (Brook)	<p>My Life supports pupils to improve their own health and wellbeing regarding relationships and sexual health. This programme gives individuals the chance to think about their lives in a reflective, supporting space. Sessions are designed to increase self-confidence and motivation, to build on strengths, and to help young people make their life the way they want it to be. The programme uses a combination of targeted RSE and coaching activities.</p> <p>This is NOT a counselling or therapeutic intervention.</p> <p>Brook offers up to six FREE 1-1 sessions, taking place in school or college, at the Brook clinic, online or on the phone.</p> <p>Topics offered:</p> <p>Healthy/unhealthy relationships; Consent / Sex and the Law; Understanding sexual harassment and assault; Contraception / STIs; Online safety / Online digital life &</p>	<p>11 to 19 years (up to 25 if the person being referred has a learning disability)</p>	<p>Referrals can be made at: Yuno My Life</p> <p>For more information email: yuno@brook.org.uk</p> <p>Please note: Brook cannot work with young people who are involved in an active police investigation, either as a victim or perpetrator.</p>

	relationships; Sexual orientation / Gender identity; Pleasure; Pornography; Youth produced sexual imagery (nudes); Sexual risk taking; Puberty; Self-Esteem		
Sexpression: UK	Sexpression:UK is a near-peer independent UK charity with the goal of empowering young people to make decisions about relationships and sex by running informal and comprehensive RSHE in the community.	Key Stage 3 to 5	Sexpression:UK Sexpression- Info about free schools workshops bristol@sexpression.org.uk

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Lucy Faithfull Foundation (Stop it now)	<p>Support's schools and education staff to prevent and respond to harmful sexual behaviour. Education staff can access confidential support and advice via the Stop It Now helpline on 0808 1000 900</p> <p>The offer:</p> <ul style="list-style-type: none"> • advice, support and information, whether you are a teacher who has spotted inappropriate sexual behaviour in the classroom or designated safeguarding lead managing a particularly difficult case • free one-hour call backs with specialist schools practitioners who can help you to manage incidents of harmful sexual behaviour and also offer expert advice on working 		<p>https://www.lucyfaithfull.org.uk/advice/creating-safer-places/help-for-schools/</p>

	<p>with children and young people with special educational needs</p> <p>The webpage also includes free resources such as safety plans, useful guides and RSHE implementation guidance.</p>		
Next Link Children and Young People's Domestic Abuse Services	<p>Back on Track: Groupwork with young people who have experienced domestic abuse in the home. For children over 7 years old, this programme gives younger people the opportunity to explore their experiences of abuse through safe, confidential, and interactive sessions alongside gaining tools that will help each young person feel more confident and less isolated.</p> <p>Outreach: One – to – one outreach for children aged 4 to 17 years who have experienced domestic abuse in the family home and/or in their own relationships. Our sessions give young people a space where they can begin to explore and articulate their experiences. This outreach may also include some family work, helping parents better understand how they may be able to support their child.</p>	EYFS to KS5 (4 to 17yrs)	<p>Referrals can be made by telephone, email or through the Next Link Website.</p> <p>The contact at Next Link for the CYP support service is Sian Scholes (Service Manager)</p> <p>Sian.Scholes@nextlinkhousing.co.uk</p>
NSPCC Learning: Talk Relationships service	<p>Talk Relationships is a service to ensure secondary school-aged young people can learn about sex and relationships in a safe education environment that recognises, responds to, and prevents abuse.</p> <p>Talk Relationships includes:</p> <p>a series of lesson plans created by sex and relationships education experts from the PSHE Association and the NSPCC</p> <p>a dedicated helpline to provide advice and guidance to secondary school educators who deliver sex education.</p>	Key Stage 3 & 4	<p>Talk Relationships: resources to deliver sex and relationships education NSPCC Learning</p> <p>Call 0800 389 5347 or email help@nspcc.org.uk with "Talk Relationships" in the subject line.</p> <p>We are available from 8am-10pm Monday to Friday and 9am-6pm on Saturday and Sunday.</p>

<p>NSPCC Learning: Speak Out Stay Safe</p>	<p>Speak out Stay safe is a safeguarding programme for children aged 5- to 11-years-old. It is available to all primary schools in the UK and Channel Islands. It helps children understand:</p> <p>abuse in all its forms and how to recognise the signs of abuse</p> <p>that abuse is never a child's fault and they have the right to be safe</p> <p>where to get help and the sources of help available to them, including our Childline service.</p>	<p>Key Stage 1 & 2</p>	<p>Speak out Stay safe programme NSPCC Learning</p> <p>Schools form NSPCC Learning</p>
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Name of Provider / Service	Details of the Service / Support	Target age / year group/s	Contact / Web information
Bristol and South Gloucestershire Young Carers Support	<p>Provides schools with support to improve identification and support for young carers through the Young Carers in Schools programme and award.</p> <p>Free awareness raising assemblies and staff training.</p> <p>Facilitates a young carers school leads and champions best practice network.</p> <p>Young carers can be referred for support to help manage their caring responsibilities with their own health and well-being. Following an assessment, young carers will be offered different levels of support that may include 1-2-1 support, groupwork, and holiday activities.</p>	All years	<p>Young Carers Service Carers Support Centre The Vassall Centre Gill Avenue Fishponds</p> <p>Bristol BS16 2QQ</p> <p>youngc@carerssupportcentre.org.uk Phone: 0117 9589980</p> <p>Young Carers Support- South Gloucestershire and Bristol</p>
South Gloucestershire Council Gypsy, Roma, Traveller team	The Gypsy, Roma, Traveller team at South Gloucestershire Council have school and education setting services including staff training, 1-1 mentoring support, and family liaison services.	All stages / ages	<p>Schools / settings can contact:</p> <p>Lucie.Barber@southglos.gov.uk</p> <p>Sharon.Brown@southglos.gov.uk</p>
Corporate Traveller Unit (CTU)	The team offer support to Gypsies and Travellers around benefits, housing and other welfare issues		<p>Roz.Swift@southglos.gov.uk</p> <p>Lou.Gray@southglos.gov.uk</p>

The Diversity Trust	<p>The Diversity Trust offer to schools includes:</p> <p>Delivery of assemblies / whole school / year groups</p> <p>Thematic group work e.g. during LGBT History Month, International Day Against Homophobia, Biphobia and Transphobia (IDAHOBIT) and Pride Month</p> <p>1-2-1 mentoring support with LGBTQ pupils and young people</p> <p>Support for the establishment and development of LGBTQ groups and clubs in school</p> <p>LGBT+ & Trans inclusion policy support</p>	All stages / ages	<p>The Diversity Trust CIC 124 City Road, London EC1V 2NX Phone: 07720 294 991 info@diversitytrust.org.uk</p> <p>Website https://www.diversitytrust.org.uk</p> <p>Young People's Services https://www.diversitytrust.org.uk/young-peoples-services/</p>
West of England Music and Arts (WEMA)	<p>WEMA schools programme is fully funded across South Gloucestershire, Bristol and North Somerset, it includes:</p> <ul style="list-style-type: none"> • FREE Creative interactive workshops for primary and secondary school students • Cultural education hub • Staff Support and CPD • Creative industry links • Creative residence opportunities • WEMA- School and Education Settings free Programme 	5-18	<p>WEMA- Schools Programme BNSSG</p>

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Avon Fire and Rescue Service: EYFS Discovery Pack	Our new roleplay-based Fire Service Awareness discovery learning pack. The pack's activities align to the Early Years Foundation Stage outcomes and contains resources which inspire creative and engaging play. There is a 2-week loan of the resource pack.	EYFS	CYP@avonfire.gov.uk
Avon Fire and Rescue Service: Fire Safety Workshop	60-minute session delivered in your setting or at your local wholetime fire station. The content covers the four key safety messages for this age group as well as insights into what life is like as a firefighter.	Years 1 & 2	CYP@avonfire.gov.uk
Avon Fire and Rescue Service: Fire & Water Safety Workshop	90-minute session covering a range of messaging within Fire and Water safety to ensure those children who are getting more freedom as they start their transition to Secondary school have the skills and confidence to recognise risk and understand what actions will keep them safe.	Years 5 & 6	CYP@avonfire.gov.uk
Avon Fire and Rescue Service: Fire, Water and Road safety workshops	Option of three topics 60-minute risk awareness session where the learning focuses on exploring the possible outcomes of risk-taking and ensuring young people understand the actions, they need to take in an emergency to limit the likely negative consequences.	Years 7 to 9	CYP@avonfire.gov.uk
Avon Fire and Rescue Service: Safety Assemblies	We offer bespoke sessions from assembly-style to small group sizes, where we can address a particular topic for your setting – perhaps there has been a significant incident in the local area or in the national press, or maybe a series of fire alarms being set-off by pupils, or as a whole- school introduction to the topic of fire safety before we deliver individual classroom sessions.	All year groups	CYP@avonfire.gov.uk

Avon Fire and Rescue Service: Young Drivers Road Safety	Our 'Learn2Live' road safety package supports young drivers in understanding the specific risks the 'Fatal 5' factors present, leading to young people being killed or seriously injured on the roads	Years 10 to 13	CYP@avonfire.gov.uk
Avon Fire and Rescue Service: Tackling Fire setting behaviour in children & young people	Free intervention scheme by referral working with CYPs and their families to educate around the dangers of fire setting and associated behaviours.	5-18 (or 25 with an EHCP)	firesetters@Avonfire.gov.uk

Road safety and active travel

Name of Provider / Service	Details of the Service / Support	Target age / year group/s	Contact / Web information
South Gloucestershire Council: Sustainable and Active Travel team	A variety of resources to support active travel to school. Including support through Modesitt Star accreditation, with attached infrastructure funding. Resources for parents and carers. Workshops for pupils at school and links to programs that support such as bikeability.		https://beta.southglos.gov.uk/active-travel-to-school/
South Gloucestershire Council: Bikeability free cycle training.	Bikeability gives children the skills and confidence to cycle safely. There are three levels. The sessions take children from the basics of balance and control, all the way to planning and making an independent journey on busier roads. Training is delivered by South Gloucestershire Council Road Safety Team's qualified National Standard Instructors who are all DBS checked.	Level 1: Yr 3 & 4 Level 2: Yr 5 & 6 Level 3: Yr 6+	Cycle.training@southglos.gov.uk Bikeability BETA - South Gloucestershire Council (southglos.gov.uk)
South Gloucestershire Council: Road Safety Education – Pedestrian Training	Pedestrian Training aims to encourage independent journeys. This will be delivered by the Road Safety Team and consists of an interactive classroom session, learning safe strategies for crossing the road at junctions and between parked cars through group discussion and work sheets. Pupils then get the opportunity to put these skills into practice in a practical session out on the roadside in small groups.	Year 5	roadsafetyeducation@southglos.gov.uk
South Gloucestershire Council: Sustainable and Active Travel team - Clean Air Kids	Workshop delivered online by SGC staff via MS Teams or by teacher-led PowerPoint. Resources for workshop, including a workbook for each pupil, delivered 1 week before booking. The first half of the workshop, using the workbook, introduces pollution and congestion from cars and how walking, scooting, and cycling can be a fun alternative to cars and helps keep us	Year 3	sustravel4schools@southglos.gov.uk

	<p>healthy, fit and alert. The second half will involve the pupils using the ideas from the first half of the workshop to create a poster (using the A4 paper provided) to promote active travel to school. Only available to Modeshift accredited schools.</p>		
<p>South Gloucestershire Council: Sustainable and Active Travel team - Safer, Fitter, Greener</p>	<p>Workshop delivered online by SGC staff via MS Teams or by teacher-led PowerPoint. Resources for workshop, including a workbook for each pupil, delivered 1 week before booking. The workshop looks at active travel to school focusing on staying safe on the journey to school and how active travel helps with our health and fitness as well as helping the environment.</p> <p>The second half of the session the children will create a poster (using the A4 paper provided) encouraging other children to actively travel to school. Only available to Modeshift accredited schools.</p>	Year 4	sustravel4schools@southglos.gov.uk
<p>South Gloucestershire Council: Sustainable and Active Travel team - Air, Land & Sea</p>	<p>Workshop delivered online by SGC staff via MS Teams, supported by videos. Resources for workshop, including a workbook for each pupil, delivered 1 week before booking. The workshop focuses on how pollution affects the air, land and sea, and how pupils can take simple steps to improve the environment. Taking on these ideas the pupils design a poster to encourage others to actively travel to school. Only available to Modeshift accredited schools.</p>	Year 5	sustravel4schools@southglos.gov.uk
<p>South Gloucestershire Council: Sustainable and Active Travel team – Moving Up to Secondary School – Travel Choices</p>	<p>Workshop delivered online by SGC staff via MS Teams, supported by videos. Resources for workshop, including a workbook for each pupil, delivered 1 week before booking. The workshop focuses on how pupils can make good choices on how to travel actively and sustainably to their new secondary school by walking, cycling, scooting or by bus. Only available to Modeshift accredited schools.</p>	Year 6	sustravel4schools@southglos.gov.uk

South Gloucestershire Council: Sustainable and Active Travel team – Active Travel Top Trumps	Powerpoint sent with teacher notes and resources. Lessons helps pupils to understand what active travel is and how it links to climate change. To compare different forms of transport to school. To understand the benefits of travelling actively to school.	Year 7	sustravel4schools@southglos.gov.uk
South Gloucestershire Council: Sustainable and Active Travel team – Impacts of travelling to school lesson	Powerpoint sent with teacher notes and resources. Lesson helps pupils to understand the advantages and disadvantages of different modes of transport and the benefits of actively travelling to school.	Year 8	sustravel4schools@southglos.gov.uk
South Gloucestershire Council: Road Safety Education – Bespoke	Tailored to meet your needs covering any Road Safety issues and or topic's, specific to your school, pupils and or area. Available as an assembly or in smaller groups, or 121.	Both Primary and Secondary all year groups	roadsafetyeducation@southglos.gov.uk
South Gloucestershire Council: Road Safety Education – Scavenger Hunt	A colourful activity sheet which gives the children lots of things to look for on their journey to and from school. An ideal opportunity to encourage pupils to walk to school and support sustainable travel.	Year 1	roadsafetyeducation@southglos.gov.uk
South Gloucestershire Council: Sustainable and Active Travel team – Active travel Vox Pops assembly lesson	Powerpoint sent with teacher notes and resources. Lesson helps pupils to understand the benefits of travelling actively to school and then prepare an assembly for the rest of the school to encourage them to actively travel to school.	Year 9	sustravel4schools@southglos.gov.uk
South Gloucestershire Council: Road Safety Education – Holding Hands	A simple however very important message is delivered to the whole class within their classroom as a story. The story 'Paws goes Shopping' is about a little bear called Paws who goes shopping with his mummy. Throughout the story the children are encouraged to answer questions to	Reception	roadsafetyeducation@southglos.gov.uk

	help Paws keep himself safe and in turn reminds the children why it's important to hold hands with an adult when out and about near roads		
South Gloucestershire Council: Road Safety Education – Starting School	Information booklet for parents to use with their child as they start school, full of fun activities on a creative poster.	Reception	roadsafetyeducation@southglos.gov.uk
South Gloucestershire Council: Sustainable and Active Travel team – My Walking Week	Tutor or PSHE time – PowerPoint slides and printable sheet. Resource to encourage pupils to walk each day, answering questions on resource sheet provided which creates a seven-day journal. This can be used to ask students to share the highlights of their walking week once the week has passed using the prompt questions.	Years 7 - 10	sustravel4schools@southglos.gov.uk
South Gloucestershire Council: Sustainable and Active Travel team – Burst the Bubble	Walking zone delineated by stickers put up by SGC staff, supported by a launch assembly, school railing banner and newsletter content creating a 5 and 10 minute walking zone around the school to encourage pupils and parents to park at least 5 minutes' away from the school and walk the rest of the way. Pupils look out for the stickers that indicate the walking bubble around the school.	Whole School - Primary	sustravel4schools@southglos.gov.uk
South Gloucestershire Council: Sustainable and Active Travel team – Golden Lock	Incentive to encourage pupils to scoot and cycle to school. A golden lock placed on a scooter and a cycle after lunchtime, students who find a lock on their bike/scooter at the end of the day win a prize. Small prize each day of week, with one day randomly picked each week, winning a larger prize. Box delivered by SGC staff to be used across a term. Instructions and count form included. Only available to Modeshift accredited schools.	Whole School – Primary and Secondary	sustravel4schools@southglos.gov.uk

South Gloucestershire Council: Sustainable and Active Travel team – Bling your Bike/Scooter Competition	A competition to encourage pupils to scoot and /or cycle to school. Pupils decorate bikes/scooters which are judged by staff or can be SGC staff. Best bike/scooter wins a prize. Prize provided for bike and/or scooter and information sheet how to run the competition. Only available to Modeshift accredited schools.	Whole School – Primary	sustravel4schools@southglos.gov.uk
South Gloucestershire Council: Road Safety Education – Pedestrian Training	<p>Pedestrian Training aims to encourage independent journeys. This will be delivered by the Road Safety Team and consists of an interactive classroom session, learning safe strategies for crossing the road at junctions and between parked cars through group discussion and work sheets.</p> <p>Pupils then get the opportunity to put these skills into practice in a practical session out on the roadside in small groups.</p>	Year 5	roadsafetyeducation@southglos.gov.uk
South Gloucestershire Council: Road Safety Education – Getting around safely/ Way to Go	<p>Starting secondary school can be a great opportunity for young people to travel independently to school. This Road Safety booklet will help children to prepare for their big journey into year seven.</p> <p>The booklet assists students to plan a route to their new secondary school, developing skills in order to help them make good choices and keep themselves safe.</p>	Year 6	roadsafetyeducation@southglos.gov.uk
South Gloucestershire Council: Road Safety Education – My Journey	Helping children to plan a walking journey and make good choices when crossing roads. We also discuss vehicle stopping distances and distractions. Suggested activities for the teach to do with the children are included.	Year 6	roadsafetyeducation@southglos.gov.uk
South Gloucestershire Council: Road Safety Education – Be Bright, Be Seen	When the clocks are due to go back in October, we can offer your school a Be Bright Be Seen assembly. The aim of the session is to encourage all children to wear something bright and take extra care when out and about near roads, especially as nights draw in and visibility is reduced. We have 4 exciting presentations which we rota year on year to keep it fresh and interesting for	Primary and Secondary(all years)	roadsafetyeducation@southglos.gov.uk

	the children. This is a different presentation every year.		
South Gloucestershire Council: Road Safety Education – Big Bro, Little Sis	In person. A member of the Road Safety team will visit your school with a 15-minute presentation. Emphasises what can be missed when being distracted by smart phone and headphones.	KS 3	roadsafetyeducation@southglos.gov.uk
South Gloucestershire Council: Road Safety Education – Peer Pressure: What Went Down	In person. A member of the Road Safety team will visit your school with a 15-minute presentation. Explores peer pressure and cycle safety through story, emphasising the good choice of wearing a cycle helmet and being aware of what's around you.	KS 3	roadsafetyeducation@southglos.gov.uk
South Gloucestershire Council: Road Safety Education – Bespoke Road Safety session	Tailored to meet your needs covering any Road Safety issues specific to your school, pupils and or area.	All secondary	roadsafetyeducation@southglos.gov.uk
South Gloucestershire Council: Road Safety Education – In Car Safety	This Workshop is delivered in person by the Road Safety Team focusing on driver and passenger safety when travelling in a vehicle. This interactive session includes topics such as distraction and the importance of wearing a seatbelt. highlighting positive choices to ensure our in-vehicle journeys remains safe.	Year 12	roadsafetyeducation@southglos.gov.uk
South Gloucestershire Council: Road Safety Education – Drink Drug Drive	This Workshop is delivered in person by the Road Safety Team highlighting how drink and drugs can impair our decision-making ability, particularly when close to the road. This session includes discussing strategies to get out of sticky situations as well as a fact-finding mission on what Drink Drug Drive could cost both financially and personally.	Year 13	roadsafetyeducation@southglos.gov.uk