

# How to catch a bus



1. Plan your journey.



2. Ask a friend to help you.

TIP: David and Beth look at [www.traveline.info](http://www.traveline.info) or telephone Traveline 0871 2002233



3. Find out what time you need to be at the bus stop.



4. Take some money to buy a ticket.

TIP: If you have a learning disability you may be able to get a free travel pass. Speak to South Gloucestershire council to find out.



5. Find your nearest bus stop.

TIP: Ask a friend to go with you and show you the way.



6. When you see the bus, hold your arm out.

This will let the bus driver know you want the bus to stop.



7. Tell the driver where you would like to go.



8. The driver will tell you how much you need to pay and give you a ticket.



9. Sit down and enjoy the ride.



10. If you are not sure where to get off ask the driver to tell you.



11. When you would like to get off, press the bell and the driver will stop the bus.



12. If you would like someone to travel with you, South Gloucestershire council provides travel training for 18-25 year olds.