



Our plan about making life better for people with a learning disability and their carers in South Gloucestershire

The plan is about our work from 2022 to 2027



About this plan



We are **South Gloucestershire Council**.

This plan is about how we will make life better for people with a learning disability and their carers in South Gloucestershire.

The plan is about children and adults with a learning disability.

All people with a learning disability should have a good, safe and healthy life.

They should be able to live in the community like everyone else and do really well.

People with a learning disability and their carers helped to make this plan.

We will check the plan every 6 months to see if anything needs to change.





The 6 main things we will work on

We will work with many other organisations on these things.

1. Giving young people with a learning disability the right support to get ready for the future.



Some of the main things we will work on:

We want more support for young people with a learning disability to speak up and say what they need.



Young people could also help to make decisions about new support for people with a learning disability.

That will help people listen to young people with a learning disability and see what they can do.



We want young people with a learning disability and their carers to get support early on to plan for the future.

The support should start when young people are in Year 8 at school.

For example:

There should be more meetings with young people to plan the support they need and want in the future.

There should be a clear plan about what young people want to happen.



There should be more training for young people to help them get ready to be an adult.

For example, training to learn how to cook or go shopping.



Young people could meet other young people who have gone to college or work.

This will help young people to think about what they can do in the future.



2. Supporting more people with a learning disability to get a job, education or training

Some of the main things we will work on:

We want better support for young people with a learning disability to think about what they can do and what job they want in the future.

We want more support for people with a learning disability to learn skills for work.

For example, people might want training to learn how to do a job.

We will work with organisations to help more people with a learning disability to get a job.

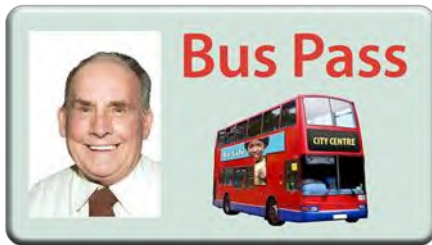
This includes support for companies to give more jobs to people with a learning disability.





We want better support for people with a learning disability to get and keep a job.

For example, people might need information that is easy to understand about different jobs.



We want the rules to change so that people with a learning disability can use their bus pass to get to work.

3. Making sure that people with a learning disability can get good housing and support that is right for them

Some of the main things we will work on:



We want better information and advice for people with a learning disability and their carers about housing.

This will help them know how to get housing and how to choose the right housing.



We want more housing and support for people with a learning disability to choose from.

The housing should be near their families and near transport.



Other places could start their own housing and support for people with a learning disability.

For example, colleges.



We want more training for people with a learning disability to live on their own and make their own choices.



People with a learning disability should get the things they need to live in their own homes.

For example, people might need wheelchairs, hearing aids or things to help them communicate.

4. Supporting people with a learning disability to live in the community and make their own choices

Some of the main things we will work on:



We want more places in the community where people with a learning disability can meet and support each other.

Like clubs and play groups for children.



People with a learning disability should get more training and support to learn important skills.

For example, support to fill in forms and apply for jobs and benefits.



We want to help more local people to know how to support people with a learning disability.

That includes local services like health care and support.



There should be support to keep people with a learning disability safe from violence and other bad things.



We want to make sure that people with a learning disability get extra support from services if they need it.

For example, people might need easy read information or more time for an appointment.



We want more public places to have bathrooms that are good for people with a learning disability and their carers.



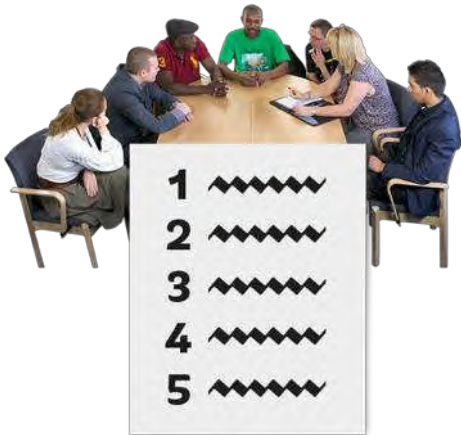
We want more Personal Assistants. Personal Assistants support people with a learning disability to do things they need. Like go shopping or pay bills.



We want to give people with a learning disability more choice about how to look after the money for their support.

5. Better support for carers of people with a learning disability

Some of the main things we will work on:



We want carers to help make decisions about new support for people with a learning disability.

We will set up a group to look at new support. Carers will be part of the group.

We want better support for carers.

For example:

- More support that gives carers time off from being a carer.
- Helping carers to get together and support each other.
- Better support for carers with their mental health.



6. Better health care for people with a learning disability

Some of the main things we will work on:



We want more people with a learning disability to have good health checks with a doctor or nurse every year.

The health checks are called **annual health checks**.



People with a learning disability should also have a plan about their health care.

We want to make sure that people with a learning disability get other important health care, like:

- Dentists to check their teeth
- Eye tests
- Health checks to see if people have some types of cancer
- Vaccines that stop people getting some illnesses





People with a learning disability should get information they can understand about the health care and why it is important.



People with a learning disability should also get information and training about sex and relationships.

Other things that need to happen

There are some things that need to happen to make this plan work well.

For example:



Giving people with a learning disability and their carers better information and advice.

Giving people information in lots of ways, like face to face or on the internet.



Getting better information about what is happening to people with a learning disability and what they need.



Making a plan to make sure that support in the future works really well for people with a learning disability.

For example, making sure that people with a learning disability and their carers can help make decisions about support services.