Market Position Statement Summary

(Last Updated Nov 2023 – updates indicated by date)

Since our previous MPS was published in 2020 we have all experienced the COVID pandemic, with both short term and long-term implications for social care providers. The focus of the South Gloucestershire Commissioning Service has been on working in partnership with providers during and since the initial major outbreaks. We are now working with providers to address issues impacting recruitment and retention, as well as redesigning services. Rather than, at this point, republishing a fully new MPS, we intend to publish regular updates to provide information for both current and prospective providers in the South Gloucestershire area. We hope you will find this useful.

For updated information on our Population Projections please see our JSNA at South Gloucestershire Council (ourareaourfuture.org.uk)

Please note colleagues in South Gloucestershire Public Health are currently working on an updated Needs Analysis for Older People, which will inform a refresh of our Ageing Better Plan.

Our Vision

South Gloucestershire Council is working in partnership to develop approaches, provisions and services that reflect and support the strengths-based approach taken by our social work teams. We encourage all partners and providers to work collaboratively to expand the range of services and support available to enhance people's experience of care, including welcoming new providers to the area. Providers have an active part to play fostering the innovation to:

- Develop a range of community based solutions which support independence and promote greater choice and control for our residents, in line with strengthbased approaches to care
- Invest in and develop a range of supported living options to support residents with complex needs
- Invest in and develop a range of care home support to support a range of complex needs particularly dementia

We work with providers through a range of forums and discussions. For more information please contact <u>CAHQualityAssurance@southglos.gov.uk</u>.

ONS data, based on previous assumptions about need, and on demographics predicts that between 2022-2040 the total population in South Gloucestershire aged 65 and over living in a care home with or without nursing will grow from 1,687 to 2,594 (ONS data). Our intention however is to ensure that we have other options than residential care home to maximise independent living as much as possible. So we expect an increase in demand for good support for people living at home with complex needs, for alternative to residential care such as ECH. We do expect there to be increasing demand for nursing care, end of life care and for specialist residential care, such as dementia.

Current Demand

We will update this section every few months, or if things change drastically, so that providers can see the areas where we have shortages.

Referral Snapshot	Referrals waiting	Average waiting
	list on 08/11/23	time in days
Community Based Support (home care etc)	11	26
CBS Mentoring	10	40
CBS Specialist	15	78
Day Services	14	59
Care Home Permanent	14	53
Care Home Short Break	6	16
Care Home Emergency Short Break	2	39
Specialist Care Home Permanent	13	154
Specialist Care Home Short Break	6	108
Specialist Care Home Emergency Short Break	0	0
Supported Living	30	169

Community Based Support (home care) – In general terms we are able to make placements. We would welcome additional supply in rural areas and specific locations especially Kingswood and Yate areas. We have also have challenges where individuals request specific gender of care workers to provide their support or when there are cultural support needs as well.

Specialist Community Based Support (home care for people with specific needs such as learning disability or mental health issues, and non personal care support) – is a sector of concern evidenced by waiting times and the complexity of individuals on our waiting list.

Community Based Mentoring – We would welcome additional capacity within the market to provide the appropriate support to achieve real mentoring outcomes. Current packages on brokerage list cover a wide geographical area and require support to individuals with a range of support needs.

Care Home – in general terms we are able to make placements. We need care homes that can support people with dementia both over and under 65 years old. For both ongoing services and short breaks.

Specialist Care Homes – We have demand for care homes that have the right environment, capacity and skilled staff to support individuals with learning disabilities, mobility/physical support needs and complex behaviour. At times there is also short break requests which can be emergency requests due to carer or placement breakdown.

Supported Living – There is a lack of accommodation options available to individuals and therefore a lack of support, particularly for those with complex support needs who require individual self-contained accommodation and may require additional staffing support.

Commissioning Transformation Programme

South Gloucestershire has set up a Commissioning Transformation Programme to work with providers to address both sustainability and the development of new provision. The programme includes specific projects as well as developing the skills and practise of commissioners reflecting a relationship commissioning approach.

Transforming our approach to Community Based Support (home care and associated provision) is fundamental to our programme. We are changing the way services are delivered and the contracting models we use. This approach will support providers and give them the ability to recruit and retain staff.

We are also developing a clearer approach to pricing, based on tools such as Care Cubed.

Home Care

We have an increasing emphasis on community-based provision as opposed to residential care. Our commissioning transformation programme aims to develop a more sustainable approach to provision to support people at home with a broader range of services. We aim to grow the supply of home care services to the Council at affordable rates, and reduce demand for standard residential provision. Home care supply at rates that are higher than the Council can afford will exist for the self-funded market. Please see the Market Sustainability Plan for more information.

Transforming Home Care

Some of the work we have underway includes:

- Piloting an Integrated reablement service, with front line delivery through our Lead Home Care Providers:
- Working with home care providers to develop appropriate contracting and commissioning approaches to support recruitment and retention to meet demand.
- Personalisation and piloting of micro enterprises from 2023 onwards.
 Supporting entry to the market on a self-employment basis or as small providers.
- Locality and place based offers particularly in the rural areas with the phased introduction of four village agents across rural areas during 2023.
- Expanding Extracare housing offer to support people with more complex needs, particularly dementia, considering outreach models as may be better able to recruit to a local base.

This approach will enable us to commission in a way that supports recruitment and retention with the budget pressure offset by managing demand and improving outcomes through more preventative approaches.

We would welcome the opportunity to hear from providers about their plans for community based support in South Gloucestershire at CAHQualityAssurance@southglos.gov.uk.

Specialist Providers and Supported Living

South Gloucestershire All-Age Learning Disability Strategy

People with a learning disability in South Gloucestershire will be empowered to have more choice and control and will live safe, good, healthy and fulfilled lives as part of their community. They will have the right support at the right time to achieve their full potential.

There are 6 priority areas for the strategy:

- Effective planning for smooth transitions for young people preparing for adulthood
- 2. Increase employment and vocational education and training opportunities for people with a learning disability
- 3. Provide a range of good quality housing and support options for people with a learning disability with a clear pathway on how to access them
- 4. Promote independence ensuring people are safe and connected to their community
- 5. Promote support networks for family, friends and parents and carers who support people with a learning disability
- 6. Work in partnership with health to deliver better health and wellbeing outcomes for people with a learning disability and their parents and carers

More information about the strategy can be found here - <u>All-age Learning Disability</u> Strategy 2022-2027 | South Gloucestershire Council (southglos.gov.uk)

We will be embedding these priorities as part of our new specialist provider framework and promoting approaches to deliver these priorities. We are working with the individual, providers and practitioners to promote greater independence from support.

Specialist Provider Framework

The council is finalising the specialist provider framework which will deliver support to individuals predominantly with learning difficulties, autism, mental health difficulties, physical and sensory impairments and predominantly of a working age (18-65) through a progression-based model of support. Providers will support individuals to achieve outcomes set with a social worker to support greater independence where possible.

The specialist provider framework will cover Supported Living Schemes, Community Based Support, Mentoring and Day Services. The Council intends to open this framework for providers to apply for in 2023/24.

There is an ongoing and increasing need for supported housing, in particular for younger adults of working age with more complex learning difficulties, autism or mental health and who are developing independent living skills for the first time.

Social Workers in 0-25 team and children's teams have identified 50 current service users (aged 15 and above) who are likely to need supported living in the next 5-10 years.

There is an inadequate supply of:

- specialist supported living accommodation to meet the current and future needs of the local population, so that we can reduce residential placements out of area
- specialist home care provision and support for people living in generic housing

Specialist Support Housing Developments being delivered by the Council for provider's interest:

- Hornbeam Close, Bradley Stoke 12 self-contained homes for adults with Learning difficulties, consisting of nine 1 bed flats, two 2 beds fully accessible flats and one 2 bed wheelchair accessible bungalow. Estimation build completion date August 2024.
- Oldland Common 6 bungalows for adults with complex needs, jointly commissioned by the Transforming Care Partnership (Bristol CC, SGC, NSC and the NHS ICB). This scheme is a bespoke supported living scheme for 6 people who will be brought back to the county from A&T units under the Transforming Care Partnership programme. Estimated build completion date May 2024.
- There are two other sites within South Gloucestershire for which business cases are being submitted and, if successful, would deliver a further approx.
 22 units of supported living mainly 1 bed flats but also including a small number of bungalows.

We are always wanting to hear from providers that are looking to increase their supported living provision and would welcome the opportunity to hear from providers about their plans for supported living in South Gloucestershire at CAHQualityAssurance@southglos.gov.uk.

Care Homes

Our increased emphasis on community based provision will lead to the decommissioning of residential placements and ultimately, we will need fewer homes. We also anticipate that changing population needs will increase the number of nursing and dementia placements required. We will work collaboratively with providers to plan this change, and look at how providers can be supported to work with people with higher levels of complexity. Where possible upskilling providers to deliver dementia and specialist care. At the same time developing locality-based models with higher delivery of short-term beds that enable independence, eg short breaks, step up and down provision.

We are moving away from purchasing beds at individually agreed prices to negotiated fixed rates with care homes. The Council does not intend to purchase beds from homes that charge rates that are higher than the Council can afford and these homes will exist for the self-funded market. Please see the Market Sustainability Plan for more information.

As at 15/11/2023 there are 1849 beds available for older people (65+) of which 811 are residential and 1038 are nursing. There are currently 107 unoccupied residential beds and 144 unoccupied nursing beds – 13.6% in total.

As at 15/11/2023 there are 349 specialist beds (70 nursing and 279 residential) available for adults of working age of which 34 (9.7%) are currently vacant.

We would welcome the opportunity to hear from existing providers about their plans for care homes in South Gloucestershire at saccarehomecommunication@southglos.gov.uk.

Extra Care Housing (ECH)

There are 7 Extra Care Housing schemes in South Gloucestershire which offer 568 flats, and there is a preliminary business case for a new scheme in Thornbury. The Council currently has nomination rights over 328 rented flats.

The schemes are run by 5 registered landlords, with onsite care & support being provided by 3 CQC registered organisations which are all rated outstanding or good.

Currently schemes vary in size, location and facilities and offer care and support for people over 55 years of age.

We aim to maximise occupancy in all schemes to ensure that schemes and their facilities are sustainable. There is generally a void rate of 10 - 12% of council nominated flats.

Transforming Extracare Housing

As part of the Commissioning Transformation Programme we will deliver a new Extra Care Housing model to deliver a range of ECH provision that meets the needs of our population and deliver the following outcomes:

- Flexible provision that better matches people's current and longer term care needs
- Better management of demand and capacity
- Schemes that are viable and sustainable, able to offer the right type of care and support in the right setting for the numbers of people who need it
- Improvement in community hub and community engagement within the ECH and the community it operates within
- To support capacity in the home care market
- An alternative to individuals going into residential care
- Schemes that people want to work in to provide care

We would welcome the opportunity to hear from providers about their plans for extra care housing in South Gloucestershire at CAHQualityAssurance@southglos.gov.uk.

We will continue to innovate in service provision with our local market. Championing the use of assistive technology by individuals and all sectors of the market.