

Activity: Detailed Description	Target Audience For The Activity (Who Will Benefit)	National Lottery Heritage Fund Priority Outcomes for 2022 - 2023						Other NLHF outcomes			Resources	Costs in project budget	Delivery Timetable			Targets & measures of success	Method(s) of evaluation
		Wider range of people involved in the heritage Mandatory	The local economy will be boosted	People will have greater wellbeing	The local area will be a better place to live, work or visit	People will have developed skills	The funded organisations will be more resilient	Heritage will be in better condition	The heritage will be identified and better explained	People will have learnt about heritage / change in ideas & action			Year 1	Year 2	Year 3		
Inclusion: A wider range of people will be involved in the heritage																	
<p>Schools / Community Heritage Learning Resource: The Park School, Courtney Road School, Warmley Park School & Beacon Rise School will help develop a comprehensive learning resource for Kingswood Park and explore the social / cultural heritage of the wider Kingswood community. The project will explore the link between the park and the wider natural, cultural and built heritage assets of Kingswood including the rise of non-conformist religion, coal mining, Performance and the legend of the circus elephant, industry (Douglas Motorcycles), WW2, and the central role of the park in the social and cultural life of Kingswood (the park was a focus for produce shows, beauty pageants and the circus. Schools will help develop content and lesson plans and teacher training sessions will enable long-term sustainable use. The learning resource will promote the use of the park as an 'off-site' educational resource across different year groups and the wider community. It will develop the park as an 'outdoor classroom' resource in the widest sense. The project will include a learning support package which will include how to book open space, risk assessments and site map. Training will be provided for teachers on the use of the pack.</p>	<p>Local schools – primary</p> <p>Children & young people with additional needs, including pupils / students at Warmley Park School & College</p> <p>Local residents from Kingswood, Woodstock, New Cheltenham, Hanham, St. George and adjacent communities who will be able to access the learning resources from the Council / Friends Group web site</p>	✓	✓	✓	✓	✓	✓	✓	✓	<p>Activities Project Officer salary costs to co-ordinate project management</p> <p>Appoint specialist environmental education consultant to deliver key project elements including scoping ideas for journal with children, site visits, writing content, design and printing, and teacher training</p> <p>Graphic design resources for learning resource</p> <p>Pdf downloadable learning resource</p> <p>SGC Communications team to raise awareness of resource / provide social media support</p>	<p>Activities Project Officer resource to co-ordinate project management</p> <p>Appoint specialist environmental education consultant to deliver key project elements including scoping ideas for journal with children, site visits, writing content and teacher training - £6000</p> <p>Specialist environmental education consultant to co-ordinate design work for learning resource / lesson plans / down-loadable resource / journal with South Glos Council Strategic Communications (Design & Print) - £8000</p> <p>All schools Kingswood Park day (materials, transport, refreshments etc): £1000</p> <p>Total Activity Cost: £15,000</p>	£6,000	£9,000	£0	<p>30 pupils to participate in the development of the learning resource from each of 3 primary schools, 4 sessions per school. Total 90 pupils participating.</p> <p>2 volunteer parents to attend each class session.</p> <p>One downloadable pdf schools learning resource produced</p> <p>175 pupils and 10 volunteer parents to attend park activity day to launch the learning resource</p> <p>6 teachers to be trained in use of the learning resource</p> <p>Pupils and parents will report that their knowledge of the heritage has improved</p> <p>Teachers will report that their knowledge of the heritage and skills have improved</p>	<p>Count number of primary school pupils and parents participating and hours for those who take part</p> <p>Feedback cards collected from parent volunteers on whether their understanding of the heritage has improved</p> <p>Feedback cards collected from teachers on whether their understanding of the heritage and their skills have improved</p> <p>Qualitative feedback collected from school pupils on what they have learnt about the heritage (by Activity Officer / Teachers)</p> <p>Downloadable resource produced</p> <p>Number of teachers that have received training</p>	
<p>A Park Accessible for All: The Activities Officer will work with South Glos. Disability Action Group (DAG) to develop a downloadable accessibility leaflet that will include a map of the park showing the location of facilities, disabled toilets with changing place, disabled parking, entrances, bus stops, accessible low floor bus routes and contact for public transport information, information on accessible benches and tables, and accessible routes around the park. A Kingswood Park Phototrail will also be developed to be uploaded to the Kingswood Park web Page and the Kingswood Park website to show photos and details of barriers, surface, gradient, facilities etc. so that people can take their own decisions on whether the route / trail around the park is suitable for them. Volunteers from DAG will work with the Activities Officer to develop the trail and on a strategy for publicising the phototrail to people with disabilities, in conjunction with the downloadable accessibility leaflet.</p>	<p>People with additional needs – physical, sensory and learning disabilities</p> <p>Local residents from Kingswood, New Cheltenham, Hanham, St. George & adjacent communities</p>	✓	✓	✓	✓	✓	✓	✓	<p>Activities Officer salary costs to work with S.Glos. Disability Action Group to develop downloadable accessibility resource</p> <p>Activities Officer salary costs to develop a strategy for publicising resource in consultation with S.Glos. Disability Action Group</p> <p>Activities Officer salary costs to lead launch walk event with South Glos. Disability Action Group participants</p> <p>SGC Strategic Communications (Design & Print) to complete design of pdf downloadable resource</p> <p>SGC Communications team to raise awareness of resource / provide social media support</p>	<p>Activities Project Officer resource to co-ordinate project management</p> <p>Support costs for S.Glos Disability Action Group (Travel, refreshments, support): £500</p> <p>Design time cost based on £383 day rate provided by South Gloucestershire Council Digital Team / Strategic Communications (Design & Print) 2022: Allow 6 days = £2298</p> <p>Leaflet to be available as pdf down-loadable resource on Council and Friends group web pages for minimum 20 year period in line with NLHF digital policy</p> <p>Total activity cost: £2798</p>	£0	£0	£2,798	<p>3 volunteers from South Glos DAG to work 3 days on accessibility leaflet and publicity strategy</p> <p>Volunteers will report that their knowledge of the heritage and skills have improved</p> <p>1 x PDF download of leaflet available on Council / Friends Group website</p> <p>1 x Phototrail produced and 'live' on www.phototrails.org</p> <p>People with accessibility needs will report that they are more confident to visit the park</p>	<p>Count number of volunteers / volunteer hours</p> <p>Feedback cards collected from volunteer participants on whether their understanding of the heritage and their skills have improved</p> <p>Park user feedback cards / visitor survey forms to record their level of satisfaction and what they have learnt about the heritage</p> <p>Download available on website</p> <p>Survey to ask whether people with accessibility needs whether they feel more confident to visit</p>		
<p>Creative Artwork Project to reveal Kingswood Heritage: An artwork project working with local primary schools, youth groups and beneficiary groups to develop a creative artwork based on park heritage themes. Heritage themes have been identified in the Interpretation & Signing Plan, using the theme of Generations of Kingswood people have been enjoying its fresh air and open spaces and the nature of Kingswood Park; Participants will work with a Cyanotype (or other print media) artist via structured workshops to use photographs either ones they take themselves or photos from the Park Archive to produce artwork that will be used to print onto chairs (fabric) or other similar seating that can be used in the park for performances, events or as seating for the refreshments facility / concession. There will be intergenerational links with the 'Park My Memories' activity with participants helping to gathering memories from older generations to help inspire the work.</p>	<p>Local schools – pre-school, primary and secondary</p> <p>Young People - pre-school, children, older children and teenagers</p> <p>Children & young people with additional needs, including pupils / students at students at New Horizons Learning Centre and Warmley Park School and College</p> <p>General public celebrating outputs from project / experiencing interpretative media – local residents from Kingswood, New Cheltenham, Hanham, St. George & adjacent communities</p>	✓	✓	✓	✓	✓	✓	✓	<p>Activities Officer salary costs</p> <p>Cyanotype (or other equivalent print) Artist to deliver workshops, design and print artwork</p> <p>Volunteer support time and community participation input</p> <p>SGC Communications team to raise awareness of resource / provide social media support</p>	<p>Activities Project Officer resource to co-ordinate project management</p> <p>Amy Peck – Cyanotype Artist quote 2022: Community Workshops - mixed sessions to include a walking photography workshop, a museum archive visit to choose historical images and a cyanotype printing session - £1050;</p> <p>Editing and Design 3 days (to include editing and printing of cyanotype negatives, scanning and editing prints and final image editing) - £1050</p> <p>Fees / Archive Costs/Cyanotype Materials - £250 Transport costs / Print Studio room hire - £300.</p> <p>Supply and printing of chairs with heritage artwork: £2847.</p> <p>Total Activity Cost : £5847</p>	£0	£5,847	£0	<p>Activities Project Officer resource to co-ordinate project management</p> <p>1 Print Artist employed</p> <p>Community Workshops / Editing and Design: sessions– total 3 days / printing sessions with target of 10 participants.</p> <p>10 participants trained in printing techniques</p> <p>30 chairs supplied and printed with park heritage design</p> <p>Participants will report that their knowledge of the heritage has improved</p>	<p>Count number of participants / volunteer hours</p> <p>Count number of printed chairs / artwork produced</p> <p>Feedback cards collected from participants on whether their understanding of the heritage has improved</p> <p>Park user feedback cards / visitor survey forms to record what they have learnt about the heritage</p>		
<p>Healthy Early Years Outdoor Play / Learning Area: The existing fenced natural play / outdoor learning area in the park is underutilised. This activity will work with Kingswood pre-schools, primary schools and other organisations / settings supporting children under the age of eight to use and revitalise the natural play area. The project will include a programme of outdoor learning training / skills development for local pre-school and primary school teachers, support staff and parents to enable the widest possible audience to use the outdoor learning area and independently deliver outdoor learning and play activities. A specialist consultant will develop a downloadable resource including ideas and practical information for relevant engagement activities, health and safety, key local contacts information, links to current curriculum and links to other relevant resources. The consultant will deliver training for staff / volunteers to resource them with the appropriate skills so they can deliver their own independent programmes of activities.</p>	<p>Local schools – pre-school, primary</p> <p>Parents / carers with toddlers & young children</p> <p>Pre-school, play groups & schools with limited access to green space</p> <p>Kingswood Children's Centre service users (includes Home Schooled Children)</p>	✓	✓	✓	✓	✓	✓	✓	<p>Activities Project Officer salary costs to co-ordinate project management</p> <p>Appoint outdoor education / specialist environmental education consultant to deliver sessions with children/families</p> <p>Volunteer support time</p> <p>SGC Communications team to raise awareness of resource / provide social media support</p>	<p>Activities Project Officer resource to co-ordinate project management</p> <p>Employ outdoor learning / education supplier (eg. Mudpie explorers) to deliver sessions based on curriculum terms structure / year based around the seasons for Year 3. To consist of:</p> <p>Development of a learning resource pack for local pre and primary schools - £3500;</p> <p>Outdoor learning training / skills development for school teachers - £1500;</p> <p>Family forest school sessions (pre school) - weekly drop in forest school session during term time - £5850;</p> <p>Family fun drop in sessions in School holiday times - £1600.</p> <p>Total Activity Cost: £12,450</p>	£0	£3,500	£8,950	<p>1 outdoor learning resource pack produced and available to all (Year 2)</p> <p>2 schools / 1 pre-school / 60 pupils / 4 teachers participating in development of learning resource pack</p> <p>Skills development for teachers: 10 volunteers / staff to be trained on each training session; 20 volunteer days total @ £150 = £3000.</p> <p>Family forest school sessions: Target 25 sessions / 15 participant spaces per session (children & adults) = 375 participant spaces (some participants may attend more than one session)</p> <p>Family fun drop-in sessions: Target 10 children / 5 parent participants per session. 8 sessions per year = total 120 participants</p> <p>Participants will report that their knowledge of the heritage has improved</p>	<p>Count number of parents / children participating and hours for those who take part</p> <p>Feedback cards collected from participants on whether their understanding of the heritage has improved</p> <p>Feedback cards collected from teachers on whether their understanding of the heritage and their skills have improved</p> <p>Downloadable resource produced</p> <p>Number of teachers / volunteers that have received training</p>		

<p>Self-Guided Themed Trails: This activity will help local people discover the heritage significance of the park, adjacent Holy Trinity Church and wider area, and tell the stories of the heritage significance of Kingswood through the development of two new self-guided trails. Both the Activities Officer / Health & Well Being Activities Officers will work with volunteers and target beneficiary groups to decide the focus and format of the trails. Suitable heritage / tree consultants will develop the routes and content using various forms of interpretative media. QR codes and NavILens will be used so that participants can scan them to learn more about the heritage and trees. The activities will include learning and skills development for participants and include programmes of inclusive walks and events to launch and explore the trails.</p> <p>New Kingswood Heritage Trail - to develop a trail leaflet to make it available online and also downloadable to take to the park and sites / themes of heritage interest across the wider Kingswood area. Extra information will be available via QR and NavILens codes.</p> <p>Tree Trail - to discover the interesting trees in the park and adjacent cemetery and churchyard. The trail will be available online and will be downloadable extra information will be available for the trees by QR and NavILens codes.</p>	<p>Pre-school, play groups & Schools</p> <p>Pre-school, play groups and schools with limited access to green space</p> <p>Local youth groups and organised youth organisations including Boys Brigade, Rainbows, Brownies, Cubs, Scouts and Explorers</p> <p>Local history societies / heritage groups</p> <p>New Communities in Kingswood who have moved to the area (Polish & Eastern Europeans and Hong Kong Chinese)</p> <p>Walking Well participants / adults and children with health issues - e.g. obesity, diabetes, heart disease</p> <p>Local residents from Kingswood, Woodstock, New Cheltenham, Hanham, St. George and adjacent communities</p> <p>People with mobility needs & children & young people with additional needs, including pupils / students at Warmley Park School & College</p>																																					
<p>Park My Memories: The risk to the social and cultural heritage is critical. This activity will build upon and expand the initial work undertaken by Friends of Kingswood Park on 'Park My Memories' developing it into an intergenerational oral history project to tell the story of the park and gather the special memories and tales of local people. The oral histories will help to provide an in-depth and meaningful record of the history of Kingswood Park and the wider area, examining people's lives through time. A professional oral history specialist will conduct oral history interviews and also support a local school to conduct intergenerational work.</p> <p>There is an opportunity to use Kingswood Library's IT provision for research into local history and to research using their local history books. Outputs will include edited audio clips of recordings and these will be available through a variety of media. There will also be an opportunity to produce small bite sized videos of interviews. The outputs form 'Park My Memories' will be made available on the Kingswood Park website. All the information will be archived and held by Kingswood museum. Outputs from the work will also be used to help develop the 'other interpretative media' and interpretation panels described below and there will be strong links with the "Celebrating Kingswood Heritage Activity."</p>	<p>People living in Kingswood Priority Neighbourhood Area</p> <p>People over 55, including residents of sheltered housing</p> <p>Local primary & secondary schools</p> <p>Local youth groups</p> <p>Boys Brigade, Rainbows, Brownies, Cubs, Scouts and Explorers</p> <p>Local history societies / heritage groups</p> <p>Sports club participants (bowls)</p> <p>People of all ages wishing to learn new skills, including adult learning</p> <p>People with Dementia</p> <p>General public learning from outputs from project- including parents and local residents from Kingswood, New Cheltenham, Hanham, St. George & adjacent communities</p>																																					
<p>Celebrating Kingswood Heritage - Discovering Our Past: The risk to the social and cultural heritage is critical. Volunteers and target beneficiaries will be supported to research and record the history of Kingswood Park and its cultural and social significance to the wider Kingswood area, sharing findings with the wider community. Some research has already taken place into the history of the park and its role in the life of the local community over the last 100 years, however, there are still significant knowledge gaps especially around World War 2. Working under the instruction of the Kingswood Heritage Museum Curator, volunteers will carry out research via the museum archive and other regional archives to enhance our understanding of park heritage and its place in the social and cultural life of the local community. Volunteers will assemble a new museum park archive and consider the most effective ways of sharing their findings with the widest possible audience. The information discovered will also be shared with the 'Park My Memories' activity / interpretative media and other activities media to ensure that a full picture of the Park history is shared.</p>	<p>Local residents from Kingswood, New Cheltenham, Hanham, St. George & adjacent communities</p> <p>People living in Kingswood Priority Neighbourhood Area</p> <p>Local history societies / heritage groups</p> <p>People over 55, including residents of sheltered housing</p> <p>Local schools - pre-school, primary and secondary</p> <p>Representatives from Kingswood Heritage Museum</p>																																					
<p>Entrance & Internal Interpretation Signs: Activities Officer will work with the Friends of Kingswood Park, South Gloucestershire Disability Action Group and Warmley Park School & College Students to develop inclusive and accessible signing for the park. The exact number and location of signs and broad design principles is set out in the Interpretation and Signing Plan. Detailed design and content will be determined in full consultation with the target groups. Audience needs will include the South Glos Dementia Alliance and South Glos Low Sight Group in meeting the aspiration to make the park dementia friendly. Also QR codes that can link to translate the signs into other languages - for example Polish/Romanian and NavILens Codes will be used to help those with low sight. There will be one main entrance sign at the High Street entrance and smaller secondary at the Edward Road entrance. The signing will show the location of main features and facilities and accessible routes through the park and promote positive behaviour. Costs in capital budget.</p>	<p>South Gloucestershire Disability Action Group</p> <p>Pupils / students with additional needs from New Horizons Learning Centre and Warmley Park School and College</p> <p>People with Dementia</p> <p>Residents English is a Second Language</p> <p>People with additional needs - physical, sensory, sight and learning disabilities</p> <p>Local residents from Kingswood, New Cheltenham, Hanham, St. George & adjacent communities</p>																																					
<p>The Stories of Kingswood Park (Interpretive Media): Utilising electronic media through the use of QR codes the following key themes guided by an Interpretation and Signing Plan. Outputs will be determined by participants. 5 stories / pieces of content will be based on themes listed:</p> <ul style="list-style-type: none"> •WW2 •Trees, Wildlife and Nature •Park history and the legend of the Elephant •Coal mining and rich industrial heritage •Concerts, shows parades and famous people <p>A heritage / arts and design consultant will work with voluntary groups and target beneficiaries with a specific focus on new communities (Eastern European) and people from minority ethnic communities who are more unfamiliar with the heritage and harder to reach. The types of interpretative media are guided by an Interpretation and Signing Plan and will include heritage research, developing stories and presenting information, audio, photography, performance and video. Outputs will be determined by participants. Opportunities will include skills development and learning eg. English as a second language. Sharing the rich Kingswood heritage, spreading the word to the widest range of people including those geographically outside the Kingswood area.</p>	<p>People of all ages wishing to learn new skills, including adult learning</p> <p>People living in Kingswood Priority Neighbourhood Area</p> <p>People from minority ethnic communities</p> <p>New communities who have moved to the area (Polish and Eastern Europeans and Hong Kong Chinese)</p> <p>Local youth groups</p> <p>Local schools - pre-school, primary and secondary</p> <p>People with additional needs - physical, sensory and learning disabilities / people with dementia</p> <p>People over 55, including residents of sheltered housing</p>																																					

People will have greater wellbeing - a space to thrive

<p>Community Wellbeing Activities: The Covid-19 Pandemic was a powerful reminder of the importance of Kingswood Park for supporting community wellbeing. There is a pressing need to provide hearing and wellbeing activities as part of the community's attempts to recover from the pandemic whilst improving community spirit and reducing increased levels of social isolation brought about by the pandemic. A suite of physical and mental wellbeing activities has been developed and will be added to during delivery stage by the Kingswood Park Health & Wellbeing Activities Officer in partnership with other providers. This 'offer' of activities will be promoted to local health centres, GP surgeries, One You South Gloucestershire integrated healthy lifestyle service practitioners and support groups, so that engagement in these activities can be prescribed by health practitioners to people in need of improving mental and physical wellbeing. The need for such an 'offer' is supported by community and health professionals and this need has been amplified by the pandemic. The 'offer' will focus on the benefits of engagement with greenspace and sustaining integration of outdoor activity within ongoing lifestyles for physical and mental wellbeing. The following 'Community wellbeing activities' have been scoped through consultation with local residents and the Kingswood Health Centre:-</p> <ul style="list-style-type: none"> •Walking Groups : Gentle exercise in and around the park and longer walks starting and finishing at the Park •Couch to 5k running •Couch to a Mile running •Buggy Fit and other Post-natal outdoor exercise •Park Yoga •Children and families – Outdoor games and supported play during School Holidays both family sessions and child only sessions •Family Learning Sessions including practical maths and mindful families •'Growing Together' gardening and Park conservation for wellbeing •Mindfulness Sessions including art, Photography ,nature, creative writing to be delivered by Community Learning •Mentoring Course to enable volunteers to assist in the Wellbeing activities supporting attendees. <p>The 'offer' will continue to be developed in consultation with disability groups, people from minority ethnic communities and LGBTQ+ groups to ensure activities are user determined, accessible and culturally appropriate, including new residents from Poland and Eastern Europe.</p> <p>As part of the capital enhancements to the park a new hard surfaced path will be constructed along the southern boundary of the park. This will enable a circular circuit of the park which will be used by walkers and runners for health and wellbeing, in a safe and attractive, traffic free environment. There are already three pieces of exercise equipment in the park and the consultation work has revealed support for more equipment to be placed in the park, around the circular route to form a health and wellbeing trail.</p>	<p>People with additional needs – physical, sensory and learning disabilities / people with dementia & mental wellbeing needs</p> <p>Overweight children and adults</p> <p>People over 55, including residents of sheltered housing</p> <p>People from minority ethnic communities</p> <p>Local residents from Kingswood, New Cheltenham, Hanham, St. George & adjacent communities</p> <p>New communities who have moved to the area from areas such as Poland & Eastern Europeans and Hong Kong Chinese</p> <p>People living in Kingswood Priority Neighbourhood Area</p> <p>Young people – pre-school, children</p> <p>Parents / carers with toddlers and young children</p> <p>Grandparents with toddlers and young children</p>	<p>✓</p>	<p>✓</p>	<p>✓</p>	<p>✓</p>	<p>✓</p>	<p>✓</p>	<p>✓</p>	<p>✓</p>	<p>✓</p>	<p>Health and Wellbeing Activities Officer salary costs to work with Health professionals and other services to advertise and coordinate delivery of wellbeing offer</p> <p>Specialist sports and health / wellbeing practitioners and coaches to deliver sessions (eg. Buggy Fit tutor)</p> <p>Yoga instructors to deliver Park Yoga sessions</p> <p>South Glos Council Strategic Communications to provide all Communications / Social Media support</p>	<p>Activities Project Officer resource to co-ordinate project management</p> <p>Walking Well groups: £600 total for refreshments / support costs. £100 first aid and PPE</p> <p>Couch to 5k: 3 x 10 week courses per year at £600 per year / £1800 total 3 years. Quote from Staple Hill Runners running provider</p> <p>Couch to a Mile running: 3 x 6 week courses per year = £240 / £720 over 3 years – run by Staple Hill Runners running provider</p> <p>Buggy Fit and postnatal outdoor exercise: 40 weeks per year at £1800 per year / £5400 (quote Kirsty's Fitness)</p> <p>Park Yoga: Sessions from May – September. £700 per year / £2100 over 3 years (Quote from Park Yoga 2022)</p> <p>Outdoor fitness sessions: 3 x 10 week sessions. £900 per annum / £2700 over 3 years</p> <p>Children and families outdoor games and supported play. South Glos. Play schemes quote: 3 years delivery during school holiday (summer, easter, half-terms & Christmas) - £28,002 over 3 years.</p> <p>Family Learning Sessions: includes practical maths and mindful families: 3 x 10 weeks per year = £1200 / £3600 (Quote Pippa Yarwood - Yoga and mindfulness)</p> <p>Mindfulness Sessions: including art, Photography ,nature, creative writing to be delivered by SGC Community Learning Team. No cost for delivery.</p> <p>Mentoring Course to enable volunteers to support Wellbeing activities attendees. Support from SGC Community Learning dept. £2000 total support costs.</p> <p>Health & wellbeing support budget / other activities developed and delivered: £6000</p> <p>Total Activity Cost: £53,022</p>	<p>£17,074</p>	<p>£17,974</p>	<p>£17,974</p>	<p>Walking groups: 45 weekly 1 hour sessions per year. 8 participants per session. 3 volunteer walk leaders trained. 1 walk leader per session. Totals per year: 45 walks / 360 participants.</p> <p>Couch to 5k: 3 x 10 week courses per year. 5 participants / 1 volunteer 'buddy' per course. Total 15 participants per year / 45 total. 6 volunteer buddies. 1.5 hours per session</p> <p>Couch to a Mile running: 3 x 6 week courses per year. 5 participants / 1 volunteer 'buddies' per course. Total 15 participants per year / 45 total. 6 volunteer buddies. 1.5 hours per session.</p> <p>Buggy Fit and other Post-natal outdoor exercise: 40 sessions per year. 8 participants per session / 320 per year / 960 total participants over 3 years</p> <p>Park Yoga: 25 sessions from May – September per year. 15 participants per session = 375 per year / 1125 participants</p> <p>Outdoor fitness sessions: Deliver 3 x 10 week sessions over 3 years. 50 participants per 10 week session. Total 150 participants per year / 450 total.</p> <p>Children and families: Deliver 22 x 4 hour sessions per year / 20 attending per session, 440 participants per year / 1320 over 3 years. 1 volunteer attending per session / 66 total volunteer days.</p> <p>Family Learning Sessions: Deliver 3 x 10 week courses per year / 8 participants per session. Total 24 participants per year / 72 over 3 years.</p> <p>Mindfulness Sessions. Deliver 3 sessions per year. 6 participants per 2 hr session. Total 18 participants per year / 54 over 3 years.</p> <p>Mentoring Course. SGC Community Learning Team to train 6 mentors over 3 year duration of project.</p>	<p>Walking groups: Count number of sessions / participants, and number of volunteer walk leaders trained</p> <p>Couch to 5k: Count number of sessions / participants, and number of volunteer 'buddies' per course</p> <p>Couch to a Mile running: Count number of sessions / participants, and number of volunteer 'buddies' per course</p> <p>Buggy Fit and other Post-natal outdoor exercise: Count number of sessions / participants</p> <p>Park Yoga: Count number of sessions / participants</p> <p>Outdoor fitness sessions: Count number of sessions / participants</p> <p>Children and families: Count number of sessions / participants / volunteers attending</p> <p>Family Learning Sessions: Count number of sessions / participants</p> <p>Mindfulness Sessions. Count number of sessions / participants</p> <p>Mentoring Course: Count number of mentors trained</p> <p>Feedback cards collected from participants on whether their knowledge of the heritage has improved</p>
<p>Growing Together / Branching Out: Working in partnership with the Avon Wiltshire Mental Health Partnership to develop a growing area for the park to be located in the adjacent Orchard Road Allotment area. This will include the option for a polythene greenhouse and/or raised beds and the activity will include support for volunteers and target beneficiaries to grow bedding and other plants for use in the park, in ways that reduce environmental impact and promote long-term sustainability. A range of participant beneficiaries will be involved and the activity will be inclusive and accessible as possible and improve wellbeing and skills. The activity will incorporate all elements of horticulture (park planting and food growing) delivered in a fun and enjoyable way with an emphasis on social interaction and promoting behavioural change. The growing area will allow target beneficiaries to propagate plants for the park and develop gardening skills supported by horticultural training sessions encouraging 'growing your own'.</p>	<p>Local residents from Kingswood, New Cheltenham, Hanham, St. George & adjacent communities</p> <p>People living in Kingswood Priority Neighbourhood Area</p> <p>People of all ages with physical & mental wellbeing needs</p> <p>People with additional needs – physical, sensory and learning disabilities / people with dementia & mental wellbeing needs</p> <p>People over 55, including residents of sheltered housing</p> <p>People of all ages wishing to learn new skills, including adult learning</p> <p>Adults with learning needs - Choices for You</p> <p>People with dementia</p> <p>Drug and alcohol abuse service users</p>	<p>✓</p>	<p>✓</p>	<p>✓</p>	<p>✓</p>	<p>✓</p>	<p>✓</p>	<p>✓</p>	<p>✓</p>	<p>✓</p>	<p>Health & Wellbeing Activities Officer salary costs to support / project manage</p> <p>Re-charge cost of S.Glos Council Volunteer Groups Support Officer to deliver horticulture/ propagation sessions</p> <p>S.Glos Council Grounds Maintenance team members to support sessions in park</p> <p>Cost of growing area support resources - Polytunnel / staging and beds / path surfacing / tools and equipment / refreshments</p> <p>South Glos Council Strategic Communications to provide communications / social media support</p>	<p>Activities Officer resource to co-ordinate project management</p> <p>Sessions delivered by SGC Volunteer Groups Support Officer, 2 hours per session @ £40 per hour/£80 per session / 24 sessions per year in years 2 & 3 = 48 in total. £80 x 48 sessions = £1920 per year / £3,840 total.</p> <p>Growing area improvements: Polytunnel / staging and beds / path surfacing / tools and equipment / refreshments: £5000</p> <p>Total Activity Cost: £8,840</p>	<p>£0</p>	<p>£5,920</p>	<p>£2,920</p>	<p>24 growing area horticulture sessions delivered during year 2 & 3 / total target of 48 sessions delivered</p> <p>3 participants per year session to develop horticultural skills / sessions. 96 total over 2 years participating and learning new skills</p> <p>Participants will report that they have improved their knowledge of the heritage and developed skills in horticulture</p>	<p>Count number of sessions</p> <p>Count number of participants</p> <p>Survey of participants on whether their knowledge of the heritage and skills in horticulture and growing</p>

A better place to live, work and visit - opportunities for social integration and community engagement

<p>Fun in the Park: Community Celebration Events: In the past the park was a focal point for significant community events. The Covid-19 pandemic has demonstrated the value of Kingswood Park but also increased the sense of social isolation for many in the community. A priority arising from the pandemic is to bring the community together by reducing social isolation whilst increasing community spirit and pride. This activity will ensure the park continues to be at the 'heart' of the Kingswood community. It will achieve this through a series of inclusive annual celebration events which will promote community cohesion and understanding and the coming together of all sectors of the community to celebrate the park, community and heritage. The events will also be an opportunity for local National Lottery players to discover the achievements and outcomes of the Kingswood Park project, which has been funded by their ticket purchases. Freedom Church, The Friends of Kingswood Park and Activities Officers will work with community groups and volunteers to plan and deliver three annual celebration events. Specific emphasis will be to bringing our the whole community together including new audiences to the park (including people from minority ethnic communities, Polish & Eastern Europeans and Hong Kong Chinese). Event ideas include music and dance, produce shows, ethnic celebration events, outdoor cinema, natural environment events, crafts, fairs, markets and tree festivals plus the reintroduction of the Whit Sunday Event . The project will include event management training for those involved in organising the events to ensure the events are safe, well managed and delivered successfully, and to provide volunteers with sustainable skills to continue organising events into the future. Celebration events will be held in Year 2 & 3. Capital works in Year 1 will prevent the activity taking place.</p>	<p>Local residents from Kingswood, New Cheltenham, Hanham, St. George & adjacent communities</p> <p>People living in Kingswood Priority Neighbourhood Area</p> <p>Young people – pre-school, children, teenagers and organised youth groups</p> <p>Parents / carers with toddlers & young children</p> <p>Grandparents with toddlers & young children</p> <p>People over 55, including residents of sheltered housing</p> <p>New communities who have moved to the area</p> <p>Refugees and asylum seekers hosted within the community</p> <p>People with additional needs – physical, sensory and learning disabilities / people with dementia & mental wellbeing needs</p> <p>People of all ages with physical & mental wellbeing needs</p>	<p>✓</p>	<p>✓</p>	<p>✓</p>	<p>✓</p>	<p>✓</p>	<p>✓</p>	<p>✓</p>	<p>✓</p>	<p>✓</p>	<p>Activities Officers salary costs to co-ordinate project management / work with Friends group volunteers / participants</p> <p>Agreed annual budget to Friends group / local community to deliver one park based celebration event per year</p> <p>Employ volunteer event management accredited training body (TCV / NVCO / APSE) to deliver volunteer event management training to build capacity in delivering events once the HLF funding has ended</p>	<p>Activities Officer resource to co-ordinate project management</p> <p>Allocate £5000 for year 2 & 3 to deliver one park based celebration per year / £10000 over 3 years</p> <p>Employ volunteer event management body (National Council for Voluntary Organisations) to deliver volunteer event management training - £1500</p> <p>Total Activity Cost: £11,500</p>	<p>£0</p>	<p>£6,500</p>	<p>£5,000</p>	<p>1 community celebration event for year 2 & 3 with 3500 people attending, 7000 total</p> <p>8 volunteers to complete event management training programme</p> <p>48 volunteer days to develop, organise and marshal events,</p> <p>Volunteers will report that their knowledge of the heritage and skills has improved</p> <p>Event participants with report that they enjoyed themselves and their knowledge of the heritage has improved</p>	<p>Count number of people attending event using automated counters</p> <p>Count number of volunteers and hours</p> <p>Count number of volunteers trained</p> <p>Feedback cards collected from volunteers in whether their event management skills have improved</p> <p>Feedback cards collected from sample of attendees on satisfaction with event and whether knowledge of the heritage has improved</p>
<p>Festival of Light - Kingswood Community Lantern Parade: From its inception the park has been the centre of social and cultural life for Kingswood people and was the focal point for parades, shows and events. During WWII the park was visited by circuses as part of the holidays-at-home scheme and various concerts and parades such as 'Warship Week', 'United Nations Day' and VE day. Following the war the park was a focal point for community parades and carnival processions, and was used by the churches of Kingswood as the end point for annual Whit Monday parades which attracted thousands of people up to the 1970's. The Festival of Light parade will re-invigorate the traditions of parades and carnivals in Kingswood, bring the whole community together, reducing social isolation and increasing community spirit and pride. It will celebrate the restoration and enhancement of the heritage, bringing the whole community together including new audiences to the park (including people from minority ethnic communities, Hong Kong Chinese, Polish & Eastern Europeans), and link to light festivals (eg. Shangyuan, Diwali, Hannukah, Eid-ul-Fitr, Harvest). The parade will celebrate the economic regeneration of Kingswood Town Centre, starting in the town centre and winding its way through to the park.</p>	<p>Local residents from Kingswood, New Cheltenham, Hanham, St. George & adjacent communities</p> <p>People living in Kingswood Priority Neighbourhood Area</p> <p>Young people – pre-school, children, teenagers and organised youth groups</p> <p>Parents / carers with toddlers & young children</p> <p>Grandparents with toddlers & young children</p> <p>People over 55, including residents of sheltered housing</p> <p>New communities who have moved to the area / People from minority ethnic communities</p> <p>People of all ages with physical & mental wellbeing needs</p>	<p>✓</p>	<p>✓</p>	<p>✓</p>	<p>✓</p>	<p>✓</p>	<p>✓</p>	<p>✓</p>	<p>✓</p>	<p>✓</p>	<p>Activities Officers salary costs to co-ordinate project management / work with Friends group volunteers / participants</p> <p>Appoint specialist environmental artist(s) consultant to deliver key project elements including scoping themes, workshops, event planning and organisation, site visits, content, design and delivery</p> <p>Volunteers from Friends group / local community to help run workshops / event on the day</p> <p>Volunteers who have completed event management accredited training</p> <p>South Glos Council Strategic Communications to provide all Communications / Social Media support</p>	<p>Activities Officer resource to co-ordinate project management</p> <p>Appoint specialist artist / consultant to plan and deliver event. Base on similar major lantern parades in Bristol area. To include lantern commissions / schools & community workshops / materials / venues hire / licensing and route mapping / stewarding / creative producer / H&S equipment / artists / lighting / outdoor arts professional support / transport / route planning / finale performers / contingency. Costs based on Lamplighters CIC quote 2022. Cost: £29,295</p> <p>Total Activity Cost: £29,295</p>	<p>£0</p>	<p>£0</p>	<p>£29,295</p>	<p>1 community Festival of Light event delivered with 250 participants / 5000 people attending</p> <p>200 workshop participants</p> <p>10 workshops delivered</p> <p>30 volunteer days for workshops and to develop, organise and marshal event</p> <p>10 local organisations participating / supporting</p> <p>Volunteers will report that their knowledge of the heritage and skills has improved</p> <p>Participants with report that they enjoyed themselves and their knowledge of the heritage has improved</p>	<p>Count number of people attending event using automated counters / click counters</p> <p>Count number of volunteers and hours</p> <p>Feedback cards collected from volunteers in whether their event skills have improved and whether knowledge of the heritage has improved</p> <p>Feedback cards collected from sample of attendees on satisfaction with event and whether knowledge of the heritage has improved</p>

<p>Performance Arts / Music in the Park: This activity will help the community to reduce social isolation and improve community spirit and pride. Music in the Park will develop and support a regular programme of music and performance arts sessions in the restored performance / amphitheatre area. The activity will improve community cohesion by drawing in more, and a wider range of people to the park and performance styles and choices will be varied and appeal to all sections of the community and age ranges. It will also showcase local talent and give young people the opportunity to learn skills. The programme will be managed by the Activities Officer and include working with the local Creative Youth Network and other performers / musicians.</p>	<p>Local residents from Kingswood, New Cheltenham, Hanham, St. George & adjacent communities</p> <p>People living in Kingswood Priority Neighbourhood Area</p> <p>Young people – pre-school, children, teenagers and organised youth groups</p> <p>Parents / children from low income families</p> <p>People over 55, including residents of sheltered housing</p> <p>Local music groups</p>	✓	✓	✓	✓	✓	✓	✓	✓	✓	<p>Activities Officer salary costs to co-ordinate project</p> <p>Basic financial support cost for any printed materials / general music event support costs</p> <p>Event management training opportunities (cost covered by annual celebration event budget)</p> <p>South Glos Council Strategic Communications to provide communications / social media support</p>	<p>Activities Officer resource to co-ordinate project management</p> <p>Basic support costs for printed materials / support costs for music/arts performance in the performance/amphitheatre area: £1000 per year</p> <p>Total Activity Cost: £1,600</p>	£0	£500	£1,000	<p>12 music / performance art sessions in the performance area (8 per year)</p> <p>8 people to train in event management skills</p> <p>2 volunteers to support each music / performance art session</p> <p>75 people to attend each performance event park event (900 total)</p> <p>Attendees at events will report that they enjoyed themselves</p> <p>Volunteers receiving training will report that they have improved confidence and skills</p>	<p>Count number of music sessions in performance area and number attending</p> <p>Count number of young people receiving training</p> <p>Count number of volunteers and hours</p> <p>Feedback cards collected from volunteers in whether their event management skills have improved</p> <p>Feedback cards collected from sample of attendees on satisfaction with event and whether knowledge of the heritage has improved</p>
<p>Kingswood Park Youth Activities Programme: Consultation has taken place with young people but also residents, Neighbourhood Beat Team and other organisations working in the Kingswood Area. A programme has been constructed to support young people to engage in positive and fun activities that meet their interests but also reduces their chances of becoming involved in anti-social behaviour. Discussions have been held with a number of youth providers and other organisations working with young people, and a programme has been developed.</p> <p>Activities in the Park - programme of activities to run over summer school holiday periods offering free activities in park for 11 - 16yr olds. To include Games/Sport, Inflatables, nerf wars, Bush Craft, Water fights, Table Tennis, parachute games, sand art and glitter tattoos, Circus Skills, graffiti Art and food.</p> <p>Detached Youth Work in the Park: Youth Workers providing two 2-hour session per week of a 38 week outreach period engaging young people in the park and local community in positive activities. Session 1 - around Craft, Food, Survival Skills. Session 2 - Sport including things such as Basket ball, Circus Skills, American Sport.</p> <p>Intergenerational Work: To bring the older members of the community together with the young people. The project will be called 'a welcome space' and will include opportunities for the two groups to meet together socially and also organise activities together for the park.</p>	<p>Young People living in Kingswood Priority Neighbourhood Area</p> <p>Young people older children and Teenagers</p> <p>Kingsmeadow Made Forever service users</p> <p>Young people Not in Education, Employment or Training (NEET)</p> <p>Young unemployed Young People and job centre users</p> <p>People of all ages wishing to learn new skills, including adult learning</p>	✓	✓	✓	✓	✓	✓	✓	✓	✓	<p>Activities Officer salary costs to coordinate</p> <p>Krunch Youth Project Team to deliver project. Cost breakdown to cover staffing, recruitment, DBS checks, induction, salary cost for 1 leader in charge & assistant youth workers; some workshops to be run by outside agencies; activity resources on site, and coaching, equipment and materials</p> <p>Volunteers / young people participating</p> <p>South Glos Council Strategic Communications to provide communications / social media support</p>	<p>Activities Officer salary costs to coordinate</p> <p>Krunch Youth Project Team to deliver project. Cost breakdown to cover staffing, recruitment, DBS checks, induction, salary cost for 1 leader in charge & assistant youth workers; some workshops to be run by outside agencies; activity resources on site, and coaching, equipment and materials</p> <p>Total Activity Cost: £66,773</p>	£14,391	£21,191	£21,191	<p>1 x Summer Youth Activities Programme of 3 days per week for 6 weeks delivered per year, 3 in total</p> <p>1 x Detached 38 week Youth Activities Programme delivered per year, 3 in total</p> <p>1x Intergenerational programme 20 weeks of 2 hours per week plus 1 event - 2 in total</p> <p>275 young people to attend sessions per year, 825 total participants</p> <p>70% of participants to report positive recorded outcome feedback on activities</p>	<p>Count number of people attending sessions</p> <p>Count number of sessions</p> <p>Count number of volunteers and hours</p> <p>Feedback cards collected from participants on whether their knowledge of the heritage has improved</p> <p>Feedback cards collected from participants on their enjoyment of the activities</p>
<p>Tackling Anti Social Behaviour – A Safer Park Environment for All: Establish a strong relationship with the Kingswood Neighbourhood Beat Team and the council Anti-Social behaviour team to enable park users, volunteers, any interested parties etc to report concerns regarding anti-social behaviour in the park and wider area. This is a direct response to antisocial behaviour concerns raised during the consultation and development stage. Making sure there is update information in the Park on how to report anti-social behaviour either to the Police or anonymous to Crime Stoppers. Making sure that the Police are invited along to the Friends of Kingswood Park meetings and to any events that are held in the Park.</p>	<p>Local residents from Kingswood, New Cheltenham, Hanham, St. George & adjacent communities</p> <p>People living in Kingswood Priority Neighbourhood Area</p> <p>Park users</p>	✓	✓	✓	✓	✓	✓	✓	✓	✓	<p>Activities Officer salary costs to co-ordinate project management / with Police Community Support Officers & Connecting Kingswood Community Network to agree park watch format</p>	<p>Activities Officer salary to co-ordinate project management / liaise with PCSOs</p> <p>Total Activity Cost £0</p>	£0	£0	£0	<p>Increased numbers of park users will report that the local area feels safe (against evaluation baseline survey)</p>	<p>Annual survey of park users</p>
<p>Building back for positive change - people will have developed skills</p>																	
<p>Kingswood Park Horticultural & Landscape Apprentice: A 24-month apprenticeship will be established to provide a person with the opportunity to develop skills and learning to enhance their long term-employability and career prospects (Level 2). The apprenticeship will involve day release attendance on an accredited horticultural college course. The role will include training in play area inspections and complete a play inspection training course. The Council will use links with local community organisations to target the apprentice opportunity to underrepresented groups (e.g. care leavers, NEETs, people from minority ethnic communities, Kingswood and Kingsmeadow residents). The Council will directly target these groups, engaging with local community settings and Jobcentre Plus Kingswood plus also our Works4Youth programme, providing information on the apprenticeship offer including how people can apply.</p>	<p>Unemployed people & Job Centre Plus service users</p> <p>Young People Not in Education, Employment or Training (NEET)</p> <p>People from minority ethnic communities</p> <p>People of all ages wishing to learn new skills including adult learning</p> <p>Local residents from Kingswood, New Cheltenham, Hanham, St. George & adjacent communities</p> <p>Care Leavers / Works for Youth Service users / We work for Everyone Users</p>	✓	✓	✓	✓	✓	✓	✓	✓	✓	<p>Project Management Officer salary costs to co-ordinate management</p> <p>S.Glos Council Grounds Management Officer / Play Inspectors to co-ordinate line management</p> <p>One 18 yr old horticultural (& play inspection training) apprenticeship (costs from South Glos Council Apprenticeships Manager)</p> <p>Apprentice contingency allowance for older 23yr old salary is required</p> <p>Staff play inspection development training program</p> <p>South Glos Council Strategic Communications to provide communications / social media support</p>	<p>Activities Officer salary costs to co-ordinate management</p> <p>One 18 yr old 2 year horticultural apprenticeship (quote from S.Glos Council Apprenticeships Manager) - £28,363 salary</p> <p>Staff play inspection development training program costs - £1820</p> <p>Total Training Cost: £30,183</p> <p>Note: £10,000 contingency to allow for additional salary up to 23 yrs old allowed for in contingency line below</p>	£0	£15,656	£14,527	<p>One apprenticeship in horticulture and play supported</p> <p>Apprentice will complete play inspection training course</p> <p>Apprentice will report that their knowledge of the heritage and skills have improved</p>	<p>1 apprentice completing training & skills development</p> <p>Qualitative feedback from apprentice on whether their skills have improved</p>
<p>Growing Your Skills: Working in partnership with South Gloucestershire Community Learning, Kingswood, 3 x 8 week placements across the life of the project will be supported to work in the park on horticulture and park maintenance activities. Under the supervision of the grounds maintenance team the participants will learn return to work skills such as good time-keeping and attendance and develop skills in horticulture and maintenance tasks to ascertain whether the participants wish to develop further skills and accreditation. The placement participants will come through one of the following programmes:</p> <p>Works4Youth – 16-25 year olds not in employment, education or training</p> <p>We work for everyone – 16+ not in employment and have either a self identified or diagnosed disability, learning difficulty or autism that is a barrier to finding work</p> <p>Future Bright – 18 + in paid work including self employed or zero hours contracts and receiving benefits/tax credits and looking to change career or find other employment.</p> <p>Participants coming from these programmes will come with either an employment coach or mentor who will help them settle into the placement and also provide additional support after the placement for participants who wish to develop a career / work skills in this area.</p>	<p>Unemployed people & Job Centre Plus service users of all ages</p> <p>Care Leavers / Works for Youth Service users / We work for Everyone Users</p>	✓	✓	✓	✓	✓	✓	✓	✓	✓	<p>Activities Officer salary costs to coordinate project Management</p> <p>Council Grounds team to supervise Placement Participants. Placements are to cover horticulture and grounds maintenance</p> <p>Participants will be supported by Mentor or Job Coach (in-kind contribution) from one of the Community Learning Projects</p> <p>Support budget to cover PPE and travel</p>	<p>Activities Officer salary costs to coordinate project management/delivery</p> <p>SGC Council grounds team to supervise placements 3 placements of 8 weeks over the 3 years as an in-kind contribution.</p> <p>PPE and Travel allowance: £550 per placement</p> <p>Total Activity Cost = £1650</p>	£550	£550	£550	<p>Target 3 x 8 week Growing Your Skills placements to take place over the life of the project in horticulture and grounds maintenance</p> <p>Participants will report that their knowledge of the heritage and skills have improved</p> <p>Participants will report that their physical and mental well being has improved</p>	<p>3 participants completed Growing Your Skills placements</p> <p>Qualitative feedback from participants on whether their skills have improved</p>
<p>Greenskills / Practical Park Management Activities: This activity will develop a regular programme of practical management works which will take place in years 2 and 3 of the project enabling volunteers from across the local community / community groups to participate in the day to day management, maintenance and upkeep of Kingswood Park and learn about the heritage. This will take the form of a programme of regular volunteer work days led by the Activities Officer and supplemented by in-kind support from the Council's Volunteer Groups Support Officer / Grounds Maintenance team offering training and skills development opportunities covering practical park management, amenity horticulture, biodiversity and improvements for wildlife and other related park needs. The aim is to establish a regular, skilled and sustainable network of volunteers to participate in the management of the park over and beyond the life of the project</p>	<p>Local residents from Kingswood, New Cheltenham, Hanham, St. George & adjacent communities</p> <p>People living in Kingswood Priority Neighbourhood Area</p> <p>People over 55, including residents of sheltered housing</p> <p>People of all ages wishing to learn new skills, including adult learning</p> <p>Friends of Kingswood Park</p>	✓	✓	✓	✓	✓	✓	✓	✓	✓	<p>Activities Officer salary costs to co-ordinate project management</p> <p>Council Volunteer Groups support officer / grounds team to supervise sessions (in-kind) covering amenity horticulture, tree management and biodiversity</p> <p>Three volunteers will undertake first aid at work training</p> <p>South Glos Council Strategic Communications to provide communications / social media support</p>	<p>Activities Officer salary costs to co-ordinate project management / delivery</p> <p>SGC Council Volunteer Groups support officer / grounds team to supervise session to deliver minimum 20 park sessions per year as an in-kind contribution</p> <p>3 volunteer first aid at work training courses delivered = £750</p> <p>PPE / Tools and equipment allowance £1000</p> <p>Total Activity Cost = £1750</p>	£0	£1,250	£500	<p>Target 24 volunteers / 20 sessions per year to take part over year 2 & 3 in the practical management of the park</p> <p>Target total of 15 full volunteer days per year / 30 total over 2 years to take part in a training/learning in the practical management of the park</p> <p>3 volunteers to complete first aid at work training course (2 days each per course)</p> <p>Volunteers will report that their knowledge of the heritage and skills have improved and that they are more aware of the park environment and how to protect it</p> <p>Volunteers will report that their physical and mental well being has improved</p>	<p>Count number of volunteers participating</p> <p>Count number of volunteer hours / days worked</p> <p>Count number of Greenskills sessions delivered</p> <p>Count number of volunteers receiving first aid at work training</p> <p>Feedback forms will be completed by volunteers at the end of sessions to assess whether their knowledge of the heritage and skills have improved</p> <p>Volunteers will complete an annual survey form to assess whether their physical and mental wellbeing has improved</p>

<p>Student Placement Support in the Park: Working with New Horizons School and Warmley Park School and College there will be support for an agreed number of park-based sessions for students in areas such as horticulture, heritage, outdoor learning and physical activities. Sessions will be delivered by the Activities Officer / the Council's Volunteer Groups Support Officer / Grounds Maintenance Service operatives. The number and content of sessions will be agreed annually with the colleges and their students with opportunity to compliment Duke of Edinburgh Award requirements. Sessions will be programmed for 6 months of the year – April to September.</p>	<p>Children and young people with additional needs, including students at New Horizons Learning Centre and Warmley Park School and College</p> <p>People with additional needs – physical, sensory and learning disabilities</p>	✓								<p>Activities Officer salary costs to co-ordinate / deliver</p> <p>Council Volunteer Groups Support Officer resource to deliver of sessions (in-kind)</p> <p>Support budget to cover PPE / tools and equipment / travel</p>	<p>Activities Officer salary costs to co-ordinate project management / delivery</p> <p>Support budget to cover PPE / tools and equipment / travel : £1000 per year for 3 years</p> <p>Total Activity Cost: £3000</p>	£1,000	£1,000	£1,000	<p>Activities Project Officer resource to co-ordinate project management</p> <p>2 sessions per month / 12 sessions per year / 36 total over life of project</p> <p>3 participants per session / total 108 participants over life of project</p> <p>2 college support staff to attend each session / 72 over life of project</p> <p>Participants will report that their knowledge of the heritage has improved</p>	<p>Count number of participants</p> <p>Count number of / sessions completed</p> <p>Feedback cards collected from participants on whether their understanding of the heritage has improved</p>
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Becoming more resilient

<p>Friends of Kingswood Park - becoming more resilient: The implementation of the Kingswood Park Project will only be possible with the support of the Friends Group. The Covid-19 Pandemic has impacted the work of the group and volunteer numbers. The delivery of such a large-scale project over three years will present challenges to the Friends Group. It is important the group is able to adapt to increased pressures and changing circumstances by building their resilience. South Gloucestershire Community & Volunteer Services (CVS) will be commissioned to provide a comprehensive programme of support to grow and strengthen the Friends Group including information, support and training to build strong effective governance and ensure the group is legally compliant, help the group secure a sustainable financial future through fundraising so that it feels confident in its financial reporting. Support will enable them to recruit more volunteers. Outcomes will be a group that can meet its goals, be more effective, be sustainable in the long term with appropriate policies and procedures in place and develop effective and successful partnerships and collaborations.</p>	<p>Friends of Kingswood Park</p> <p>People of all ages wishing to learn new skills, including adult learning</p> <p>Local residents from Kingswood, Woodstock, New Cheltenham, Hanham, St. George and adjacent communities</p> <p>People living in Kingswood Priority Neighbourhood Area</p> <p>Parents / carers with toddlers & young children</p> <p>People over 55, including residents of sheltered housing</p> <p>Local schools – primary and secondary</p> <p>Young people – pre-school, children, teenagers and organised youth groups</p> <p>People with additional needs – physical, sensory and learning disabilities</p>	✓								<p>Activities Officer salary costs to co-ordinate management and delivery</p> <p>Volunteer support time</p> <p>SGC Communications team to raise awareness of resource / provide social media support</p>	<p>Activities Officer resource to co-ordinate project management</p> <p>CVS Glos. to provide resilience / development support programme for Friends of Kingswood Park: £3000 per year / £9000 total</p> <p>Total Activity Cost: £9000</p>	£3,000	£3,000	£3,000	<p>Activities Project Officer resource to co-ordinate project management</p> <p>15 CVS resilience / Friends group support sessions delivered</p> <p>6 Friends group volunteers involved in developing Friends Group resilience and supporting group over life of project / 15 volunteer sessions total</p> <p>Volunteers will report that their knowledge of the heritage has improved</p>	<p>Count number volunteers participating and hours for those who take part</p> <p>Feedback collected from volunteers on whether their understanding of the heritage has improved</p>
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<p>Kingswood Park Web Site: Development of a new Friends of Kingswood Park website incorporating a simple contents management system and training for volunteers to maintain and update the website. Volunteers will help develop content and discover more about the heritage of the park and how to interpret it. Website content could include information on access issues, interpret the heritage and themes identified in the Interpretation & Signing Plan, and advertise the activities happening in the Park.</p>	<p>Friends of Kingswood Park</p> <p>People of all ages wishing to learn new skills, including adult learning</p> <p>Local residents from Kingswood, Woodstock, New Cheltenham, Hanham, St. George and adjacent communities</p> <p>People living in Kingswood Priority Neighbourhood Area</p>	✓								<p>Activities Officer salary costs to co-ordinate management and delivery</p> <p>Volunteer support time</p> <p>South Gloucestershire CVS: Resilience support for the Friends Group / develop Friends web site</p>	<p>Activities Officer resource to co-ordinate project management</p> <p>South Glos. CVS (or another web design provider to undertake website development, design and hosting: £3000</p> <p>Total Activity Cost: £3,000</p>	£3,000	£0	£0	<p>Activities Project Officer resource to co-ordinate project management</p> <p>1 web site created for Friends of Kingswood Park group</p> <p>1 Friends Group volunteer trained in management of web sites contents management system. 2 days volunteer time.</p> <p>Volunteers will report that their knowledge of the heritage has improved</p>	<p>Count number volunteers participating and hours for those who take part</p> <p>Web site created and count number visits / hits once 'live'</p> <p>Feedback collected from volunteers on whether their understanding of the heritage has improved</p> <p>Count number of Friends group volunteers trained in managing web site contents system</p>
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Connections with nature - natural heritage will be in better condition

<p>Heart Wood: Loving Trees in Kingswood Park: This activity will involve the community in learning about and celebrating the trees in Kingswood Park and the delivery of a tree management / replacement programme in the park. Trees face many challenges in the park – trees affected by Ash dieback require replacement, climate change will influence the choice of suitable tree species and future management regimes; specimen older trees will soon require replacement or have fungal disease; and many younger trees require management. Opportunities will engage the community in learning about and celebrating the trees in the park, through a programme of innovative tree encounter sessions including walks, tree I.D. skills, tree management techniques, Council Tree Plotter software, suitable species to replace the trees, positioning and landscape impact, soil conditions, tree size, biodiversity value and the effect of ground compaction on tree health, and the impact of climate change and how the choice of suitable species can be part of a climate adaption plan for the park and wider community. A Big Tree Climb / Canopy Capers' will enable target beneficiaries (eg. young people) to climb high into the canopies of older trees and learn more about their importance. The Councils' Tree Team will engage the wider community in the development of a tree management plan for replacement trees over a phased period of time including care and maintenance (watering, formative pruning, mulches etc.). Two volunteers Tree Wardens will be trained in Basic Tree Survey and Inspection techniques and monitor park trees.</p>	<p>Local residents from Kingswood, New Cheltenham, Hanham, St. George & adjacent communities</p> <p>People living in Kingswood Priority Neighbourhood Area</p> <p>People of all ages wishing to learn new skills, including adult learning</p> <p>Local schools – primary and secondary</p> <p>Young people - older children & teenagers</p> <p>People over 55, including residents of sheltered housing</p> <p>Friends of Kingswood Park</p> <p>Children and young people with additional needs, including pupils / students at New Horizons Learning Centre and Warmley Park School and College</p>	✓	✓	✓	✓	✓	✓	✓	<p>Activities Officer salary costs to co-ordinate management and delivery</p> <p>Council Tree Team / Arboriculture consultant(s) to deliver walks and learning sessions, Canopy Capers, Tree Plotter, and tree warden training</p> <p>Council Tree Team In-Kind: Tree Plotter demonstration / Tree management and maintenance plan / replacement programme</p> <p>Volunteer time – tree wardens</p>	<p>Activities Officer resource to co-ordinate project management</p> <p>Walks and talks – sessions in the park – trees / biodiversity / climate impact and challenges. 6 sessions, allow £350 per session = £2100</p> <p>Canopy climbing arboriculture specialist climbers - £2100 (Quote: The Great Big Tree Climbing Company)</p> <p>2 Kingswood Park volunteer tree wardens trained in Basic Tree Survey and Inspection @ £250 each = £500</p> <p>Total Activity Cost: £4,700</p>	£700	£2,800	£1,200	<p>Total 6 Tree Sessions delivered / 20 participants per session = total 120 participants</p> <p>1 Tree climbing / Canopy Capers session delivered. 25 participants throughout day session</p> <p>1 Council Tree Team led Plotter demonstration delivered, with 25 participants attending</p> <p>1 Tree management and maintenance plan</p> <p>2 Kingswood Park volunteer tree wardens trained. Volunteer time – tree wardens 1 day each per volunteer for duration of project (total 4 days)</p> <p>Participants will report their knowledge of the heritage has improved</p>	<p>Count number volunteers participating and hours for those who take part</p> <p>Count number participants who take part</p> <p>Feedback cards collected from volunteers on whether their understanding of the heritage has improved</p> <p>Feedback cards collected from participants on whether their understanding of the heritage has improved</p> <p>Tree management and maintenance plan completed</p> <p>Count number of tree wardens trained</p>
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<p>Making Space for Nature: Activity to involve target beneficiaries in recording the wildlife and biodiversity of the park and adjacent Holy Trinity church yard and planning how to make a richer, more diverse space for wildlife habitats and species. Beneficiary groups will take part in guided wildlife walks, I.D skills and awareness sessions to record the birds, bats, insects, small mammals, reptiles, wildflowers and other species including in year 2 park and churchyard focused BioBlitz in which participants race against the clock to discover as many species of plants, animals, and fungi as possible in 24 hours. Biodiversity awareness sessions show how to maximise the wildlife value of the park, churchyard and adjacent residential gardens backing on to the park. 'Biodiversity in a Box' will offer residents resources a Biodiversity boosting 'pick and mix' of wildlife enhancing elements for gardens adjoining the park. In boosting biodiversity in and around the park, beneficiaries of all ages will have opportunities to learn about the wild plants and animals in their locality, as well as build skills and knowledge to play their part in helping them thrive in the future. Interactive biodiversity sessions will include:</p> <ul style="list-style-type: none"> Gardens / Allotments without pesticides Composting Useful weeds Hedgehogs and other mammals Wildlife ID – different ID guides Making space for Nature – creating habitats for wildlife, increasing pollinators Pollinator requirements (shelter, food, water) Companion planting 	<p>Local residents from Kingswood, New Cheltenham, Hanham, St. George & adjacent communities</p> <p>People of all ages wishing to learn new skills, including adult learning</p> <p>Local schools – pre-school, primary and secondary</p> <p>People over 55, including residents of sheltered housing</p> <p>People with additional needs – physical, sensory and learning disabilities</p> <p>People of all ages with physical & mental wellbeing needs</p> <p>Adults with learning needs – Choices for You</p> <p>Children & young people with additional needs, including pupils at New Horizons Learning Centre and Warmley Park School & College</p>	✓	✓	✓	✓	✓	✓	<p>Activities Officer salary costs to co-ordinate management and delivery</p> <p>Council Biodiversity Team / Bristol Natural History Consortium / Avon Wildlife Trust Team officer(s) to deliver sessions</p> <p>Bristol Natural History Consortium to deliver Bio Blitz event</p> <p>Support budget for Biodiversity in a Box kits / materials / refreshments and venue hire etc</p>	<p>Activities Officer salary costs to co-ordinate project management</p> <p>Interactive Biodiversity sessions deliver (Council Biodiversity Team / Bristol Natural History Consortium / Avon Wildlife Trust) - £300 per session / 3 per year / Total £2700</p> <p>BioBlitz - £500 Bristol Natural History Consortium support cost for running event</p> <p>Biodiversity in a Box – Cost £210 per box of resources (tree, seed, small pond, log pile etc) x 10 available = £2100 (Year 1)</p> <p>Total Activity Cost: £5,300</p>	£3,000	£1,400	£900	<p>Total 9 Interactive Biodiversity sessions delivered / 15 participants per session = total 135 participants</p> <p>BioBlitz - Year 2 Estimate 100 residents taking part on day</p> <p>Biodiversity in a Box – 10 boxes delivered to homes / residents with gardens adjacent the park to receive resource box at Year 2 Fun in the Park event. 2 volunteers from each family awarded (20 volunteers total) who volunteer to monitor for following 2 years. Total 60 days volunteer time recorded for volunteers to monitor their improvements and report their knowledge of the heritage and skills have improved</p> <p>Interactive biodiversity session / BioBlitz participants will report their knowledge of the heritage has improved</p>	<p>Count number volunteers participating and hours for those who take part</p> <p>Count number participants who take part</p> <p>Feedback cards collected from volunteers on whether their understanding of the heritage has improved</p> <p>Feedback cards collected from participants on whether their understanding of the heritage has improved</p> <p>BioBlitz completed and recorded including number of participants</p> <p>Count number of Biodiversity in a Box kits supplied / number of participants learned new skills</p>
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Environmental sustainability: increase positive environmental impacts and reduce negative environmental impacts

<p>A Changing Climate: In July 2019, the council declared a climate emergency and committed to become carbon neutral by 2030. Fun and interesting activities will be delivered for volunteers and the community to learn about the impacts of climate change and plan how the infrastructure, facilities and natural features of the park can be adapted to cope with future climate challenges. Activities will run throughout the delivery phase. Volunteers will work with the Activities Officer (supported by the Council's Climate Change Team) to develop a climate change adaptation plan for the park. This will consider the challenges of energy and water use, tree planting and carbon capture, biodiversity, materials and appropriate green technologies to reduce the environmental impact of the park such as water supply and capture, volunteer plant propagation, zero use of peat etc. The Council will set the realistic aim of making the park carbon neutral by an agreed target. During the delivery phase the Activities Officer, Friends Group and Council will begin implementing the plan and monitoring the achievements of its targets.</p>	<p>Friends of Kingswood Park</p> <p>Local residents from Kingswood, New Cheltenham, Hanham, St. George & adjacent communities</p> <p>People living in Kingswood Priority Neighbourhood Area</p> <p>Local schools – pre-school, primary and secondary</p>	✓							<p>Activities Officer salary costs to co-ordinate management and delivery</p> <p>Council Climate Change Team officer(s) to support delivery</p> <p>Support budget for materials / venue hire etc</p>	<p>Activities Officer resource to co-ordinate project management</p> <p>Basic support costs for printed materials / support costs for venue hire / speakers and learning : £500 per year</p> <p>Total Activity Cost: £1500</p>	£500	£500	£500	<p>1 Climate Change Adaptation Plan produced for the park</p> <p>3 volunteers / total 9 volunteer participation days</p> <p>Volunteers will report their knowledge of the heritage and Climate Change have improved</p>	<p>Count number volunteers participating and hours for those who take part</p> <p>Feedback cards collected from volunteers on whether their understanding of the heritage and climate change impacts has improved</p> <p>Downloadable pdf Climate Adaption Plan resource produced</p>
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SUB-TOTAL												£69,463	£108,177	£120,747	
8% INFLATION ALLOWANCE Yr 1 / 7% Yr 2 and Yr 3												£23,870.96	£16,024.68	£8,452	
5% CONTINGENCY ALLOWANCE												£4,667	£6,210	£6,460	
APPRENTISHIP CONTINGENCY													£10,000		
TOTAL														£374,072	

KINGSWOOD PARK ACTIVITIES ACTION PLAN BUDGET COSTS SPREADSHEET	PROJECT COSTS													ADDITIONAL DETAIL / COMMENTS
ACTIVITY: DETAILED DESCRIPTION	Year 1	Year 2	Year 3	Combined total cost	S.Glos Council Officer in-kind value	Number of volunteers participating	No. of volunteer hours participating	Number of participant skills / training opportunities	Number of Activities Participants	Value of Professional Volunteer Time	Value of Skilled Volunteer Time	Value of Unskilled Volunteer Time	Total Value of Volunteer Time	
Inclusion: A wider range of people will be involved in the heritage														
<p>Schools / Community Heritage Learning Resource: The Park School, Courtney Road School, Warmley Park School & Beacon Rise School will help develop a comprehensive learning resource for Kingswood Park and explore the social / cultural heritage of the wider Kingswood community. The project will explore the link between the park and the wider natural, cultural and built heritage assets of Kingswood including the rise of non-conformist religion, coal mining, Performance and the legend of the circus elephant, industry (Douglas Motorcycles), WW2, and the central role of the park in the social and cultural life of Kingswood (the park was a focus for produce shows, beauty pageants and the circus. Schools will help develop content and lesson plans and teacher training sessions will enable long-term sustainable use. The learning resource will promote the use of the park as an 'off-site' educational resource across different year groups and the wider community. It will develop the park as an 'outdoor classroom' resource in the widest sense. The project will include a learning support package which will include how to book open space, risk assessments and site map. Training will be provided for teachers on the use of the pack..</p>	£6,000	£9,000	£0	£15,000	£0	34	154	6	265	£0	£3,080	£0	£3,080	<p>Additional detail / project budget costs: Overall cost estimate based on project delivery experience of South Glos Council Place Improvements Team / Page Park delivery team in the delivery of other schools learning development resources. Budget for following: Appoint specialist environmental education consultant to deliver key project elements including scoping ideas for learning resource with children from up to 3 Kingswood schools, site visits, writing content and teacher training - £6000; Specialist environmental education consultant to co-ordinate design work for learning resource / lesson plans / down-loadable resource / journal with South Glos Council Strategic Communications (Design & Print) - £8000; All schools Kingswood Park day (materials, transport, refreshments etc): £1000. Volunteer days / training opportunities / participant numbers: Estimated figures based on previous nature journal and learning projects delivery by Council project officers. Includes allowance for parents / volunteers / local community to participate in the development of journal content, including input into design, layout and content. Estimate 30 pupils to participate in the development of the learning resource from each of 3 primary schools. 4 sessions per school. Total 90 pupils participating. 2 skilled volunteer parents to attend each class session, total 12 school sessions, 3.5 hours per session = £1,680 vol time. All schools park visit: 175 pupils attending over day / 10 parents for 1 day (7 hours) skilled volunteering = £1400 vol time value. Total vol time value: £3080. Total number pupils participating: 265 pupils. 6 teachers to be trained in use of the learning resource.</p>
<p>A Park Accessible for All: The Activities Officer will work with South Glos. Disability Action Group (DAG) to develop a downloadable accessibility leaflet that will include a map of the park showing the location of facilities, disabled toilets with changing place, disabled parking, entrances, bus stops, accessible low floor bus routes and contact for public transport information, information on accessible benches and tables, and accessible routes around the park. A Kingswood Park Phototrail will also be developed to be uploaded to the Kingswood Park web Page and the Kingswood Park website to show photos and details of barriers, surface, gradient, facilities etc. so that people can take their own decisions on whether the route / trail around the park is suitable for them. Volunteers from DAG will work with the Activities Officer to develop the trail and on a strategy for publicising the phototrail to people with disabilities, in conjunction with the downloadable accessibility leaflet.</p>	£0	£0	£2,798	£2,798	£0	3	72	3	15	£0	£1,440	£0	£1,440	<p>Additional detail / project budget costs: A3 full colour down loadable full colour pdf. Support costs for S.Glos Disability Action Group (Travel, refreshments, support) - £500; Design time cost based on £383 day rate provided by South Gloucestershire Council Digital Team / Strategic Communications (Design & Print) 2022: Allow 6 days = £2298; Volunteer days / training opportunities / participant numbers: Allow for 3 members of South Glos DAG each to work 3 days on leaflet, photo trail and publicity strategy = 9 skilled days @ £140 (7 hours) per day = £1260. 3 skilled volunteers from DAG to support launch event (3 hours) = £180. Total volunteer time = £1440. 15 participants to take part in launch event.</p>
<p>Creative Artwork Project to reveal Kingswood Heritage: An artwork project working with local primary schools, youth groups and beneficiary groups to develop a creative artwork based on park heritage themes. Heritage themes have been identified in the Interpretation & Signing Plan, using the theme of Generations of Kingswood people have been enjoying its fresh air and open spaces and the nature of Kingswood Park; Participants will work with a Cyanotype (or other print media) artist via structured workshops to use photographs either ones they take themselves or photos from the Park Archive to produce artwork that will be used to print onto chairs (fabric) or other similar seating that can be used in the park for performances, events or as seating for the refreshments facility / concession. There will be intergenerational links with the 'Park My Memories' activity with participants helping to gathering memories from older generations to help inspire the work.</p>	£0	£5,847	£0	£5,847	£0	0	0	10	10	£0	£0	£0	£0	<p>Additional Detail: Work with local print artist (Amy Peck or similar) to work with participants to research park archive images. Budget based on best practice / previous project delivery by South Gloucestershire Council Community Spaces team / Page Park Parks for People activities delivery. Budget (quote from Amy Peck – Cyanotype Artist 2022: Community Workshops - mixed sessions to include a walking photography workshop, a museum archive visit to choose historical images and a cyanotype printing session - £1050; Editing and Design 3 days (to include editing and printing of cyanotype negatives, scanning and editing prints and final image editing) - £1050; Fees / Archive Costs/Cyanotype Materials - £250 Transport costs / Print Studio room hire - £300; Supply and printing of chairs with heritage artwork: £2847. Volunteer days / training opportunities / participant numbers: Estimated figures based on previous project experience / delivery - 1 Print Artist employed; Community Workshops / Editing and Design: sessions- total 3 days / printing sessions with target of 10 participants; 10 participants trained in printing techniques; 30 chairs supplied and printed with park heritage design.</p>
<p>Healthy Early Years Outdoor Play / Learning Area: The existing fenced natural play / outdoor learning area in the park is underutilised. This activity will work with Kingswood pre-schools, primary schools and other organisations / settings supporting children under the age of eight to use and revitalise the natural play area. The project will include a programme of outdoor learning training / skills development for local pre-school and primary school teachers, support staff and parents to enable the widest possible audience to use the outdoor learning area and independently deliver outdoor learning and play activities. A specialist consultant will develop a downloadable resource including ideas and practical information for relevant engagement activities, health and safety, key local contacts information, links to current curriculum and links to other relevant resources. The consultant will deliver training for staff / volunteers to resource them with the appropriate skills so they can deliver their own independent programmes of activities.</p>	£0	£3,500	£8,950	£12,450	£0	10	140	10	559	£0	£2,800	£0	£2,800	<p>Additional detail / project costs: Budget based on best practice / previous project delivery by South Gloucestershire Council Community Spaces team. Cost estimated education pack quote £3500 (Mudpie explorers) to make based on curriculum terms structure / year based around the seasons, health & safety, other key contacts. Specialist consultant to develop the Learning Resource Pack and deliver two training sessions for staff and volunteers working with local settings and target groups - £750 each/ £1500 total (mudpie explorers). Consultant costs to develop the downloadable resource in consultation with target groups is £3500 (including practical engagement consultation sessions with groups in the park, research and writing and design costs). Consultant costs for two staff to deliver two outdoor learning sessions; £750 per session, total £1500. Family forest school sessions (pre school) - weekly drop in forest school session during term time, 1/2 day per weekly session - £5850 in year 3. Family fun sessions in School holiday times - £1600 for 8 sessions Volunteer days / training opportunities / participant numbers: Volunteer days / training opportunities / participant numbers: 2 schools / 1 pre-school / 60 pupils / 4 teachers participating in development of learning resource pack; Skills development for teachers: 10 volunteers / staff to be trained on each training session; 20 skilled volunteer days total @ £140 (7 hour day) = £2800; Family forest school sessions: Target 25 sessions / 15 participant spaces per session (children & adults) = 375 participant spaces (some participants may attend more than one session); Family fun drop-in sessions: Target 10 children / 5 parent participants per session. 8 sessions per year = total 120 participants.</p>

<p>Self-Guided Themed Trails: This activity will help local people discover the heritage significance of the park, adjacent Holy Trinity Church and wider area, and tell the stories of the heritage significance of Kingswood through the development of two new self-guided trails. Both the Activities Officer / Health & Well Being Activities Officers will work with volunteers and target beneficiary groups to decide the focus and format of the trails. Suitable heritage / tree consultants will develop the routes and content using various forms of interpretative media. QR codes and NavILens will be used so that participants can scan them to learn more about the heritage and trees. The activities will include learning and skills development for participants and include programmes of inclusive walks and events to launch and explore the trails.</p> <p>New Kingswood Heritage Trail - to develop a trail leaflet to make it available online and also downloadable to take to the park and sites / themes of heritage interest across the wider Kingswood area. Extra information will be available via QR and NavILens codes.</p> <p>Tree Trail - to discover the interesting trees in the park and adjacent cemetery and churchyard. The trail will be available online and will be downloadable extra information will be available for the trees by QR and NavILens codes.</p>	£10,598	£574	£574	£11,746	£0	5	140	10	138	£0	£2,800	£0	£2,800	<p>Additional detail / project budget costs: Heritage Trail: Employ Heritage consultant @ £350 day 6 days to develop new Heritage trail: £2450. £500 support costs (travel, refreshments, carers support etc). £1149 for design work (S.G.Council Design & Print 3 x £383 days) to design A3 pdf /QR code resource. Allow £1200 for 12 NavILens codes and 2 years hosting @ £574. Total £5873. Tree Trail: Arboriculture consultant @ £350 for 6 days = £2450 to develop park tree trail. £500 support costs (travel, refreshments, carers support etc). £1149 for design work (S.G.Council Design & Print 3 x £383 days) to design A3 pdf / web QR code resource. Allow £1200 for 12 NavILens codes and 2 years hosting @ £574. Total £5873. Total project cost: £11,746</p> <p>Volunteer days / training opportunities / participant numbers: Estimated figures based on previous project experience / delivery. Activities officers will assist consultants in engaging volunteers / target beneficiaries to develop trails. Allow 5 skilled volunteers to participate in design and content for each of two trails, allowing 2 days work per person, 20 days @ £140 (7 hours per day allowed) = £2800. 10 volunteers total to receive training and skills development. Will also include opportunities for volunteer walk leaders to help deliver heritage themed walks as part of Walking Well programme. Activities Officer to lead 8 walks per year based on the trails in years 2 & 3, 8 participants per walk session = 128 participants. Total 138 participants.</p>
<p>Park My Memories: The risk to the social and cultural heritage is critical. This activity will build upon and expand the initial work undertaken by Friends of Kingswood Park on 'Park My Memories' developing it into an intergenerational oral history project to tell the story of the park and gather the special memories and tales of local people. The oral histories will help to provide an in-depth and meaningful record of the history of Kingswood Park and the wider area, examining people's lives through time. A professional oral history specialist will conduct oral history interviews and also support a local school to conduct intergenerational work.</p> <p>There is an opportunity to use Kingswood Library's IT provision for research into local history and to research using their local history books. Outputs will include edited audio clips of recordings and these will be available through a variety of media. There will also be an opportunity to produce small bite sized videos of Interviews. The outputs form 'Park My Memories' will be made available on the Kingswood Park website. All the information will be archived and held by Kingswood museum. Outputs from the work will also be used to help develop the 'other interpretative media' and interpretation panels described below and there will be strong links with the "Celebrating Kingswood Heritage Activity."</p>	£6,650	£3,183	£0	£9,833	£0	10	206.5	35	140	£0	£700	£2,730	£3,430	<p>Project Budget Costs: Budget based previous experience of delivery by South Gloucestershire Place Improvements Team Page Park delivery / recent oral history outputs delivered through A Forgotten Landscape NLHF project, also best practice set out in NLHF Oral History Guidance. Quote from Dee Moxon (Lamplighters CIC). Budget allows for research and development of oral history making use of IT software linked to Kingswood Park website. Working with one school – 4 days in school with one class (30 pupils) training in oral history / interviews – allow 5 parents to participate in each session. 4 Community days to collect stories, transcribe and editing, launch event in the park including final artwork (eg. interactive quilt). Quote £9450 = £350 per day x 19 days = £6650 / £2000 for final artwork and web materials / £800 venue hire. SGC Strategic Communications (Design & Print) one day time to design download resource @ £51 per hour / £383 per day for final transcript pdf. Volunteer in-kind time costs / Participant numbers: Volunteer in-kind time costs / Participant numbers: Estimated figures based on previous project experience / delivery. Working with one school – 4 days in school with one class (30 pupils participating) training in oral history and interviews. 5 parent and/or volunteer opportunities per school day to support in school sessions – 20 volunteer days consisting 10 skilled volunteer days (7 hrs per day) = £1400 / 10 skilled volunteer days (7 hrs per day) = £700. 4 Community days – estimate 15 participants per session = 60 total with 2 skilled volunteers from Friends Group to assist = 8 volunteer days (7hrs) at value £1120. Final artwork and launch event – estimate 50 participants / 3 skilled volunteers to support event for ½ day (3.5hrs) each = £210. Totals participants 140 / total volunteer time value = £3420.</p>
<p>Celebrating Kingswood Heritage - Discovering Our Past: The risk to the social and cultural heritage is critical. Volunteers and target beneficiaries will be supported to research and record the history of Kingswood Park and its cultural and social significance to the wider Kingswood area, sharing findings with the wider community. Some research has already taken place into the history of the park and its role in the life of the local community over the last 100 years, however, there are still significant knowledge gap especially around World War 2. Working under the instruction of the Kingswood Heritage Museum Curator, volunteers will carry one out research via the museum archive and other regional archives to enhance our understanding of park heritage and its place in the social and cultural life of the local community. Volunteers will assemble a new museum park archive and consider the most effective ways of sharing their findings with the widest possible audience. The information discovered will also be shared with the 'Park My Memories' activity / interpretive media and other activities media to ensure that a full picture of the Park history is shared.</p>	£3,000	£0	£0	£3,000	£0	11	80.5	5	0	£2,100	£1,400	£0	£3,500	<p>Additional Detail: Budget based on best practice / previous experience of similar projects delivered by South Glos Council Community Spaces team / Heritage Officer. Estimate £2000 time / donation contribution to support Kingswood Heritage Museum in work to review archive resource ; Copyright for printed materials (images and articles): Average £30 per image / allow £600 total; Support costs (transport, refreshments, assembling archive materials); £400. Total project cost: £3000.</p> <p>Volunteer days / training opportunities / participant numbers: Estimated figures based on previous project experience / delivery and consultation with Council Heritage Officers. 2 Heritage Museum Curators will provide total 6 x 3.5 hour sessions professional volunteer time support – value £2100. Volunteer participants : 5 skilled volunteers will assist museum volunteers reviewing materials and assembling the archive (10 days total skilled volunteer time @ 7 hrs a day = £1400 value). Total volunteer value: £3500</p>
<p>Entrance & Internal Interpretation Signs: Activities Officer will work with the Friends of Kingswood Park, South Gloucestershire Disability Action Group and Warmley Park School & College Students to develop inclusive and accessible signing for the park. The exact number and location of signs and broad design principles is set out in the Interpretation and Signing Plan. Detailed design and content will be determined in full consultation with the target groups. Audience needs will include the South Glos Dementia Alliance and South Glos Low Sight Group in meeting the aspiration to make the park dementia friendly. Also QR codes that can link to translate the signs into other languages – for example Polish/Romanian and NavILens Codes will be used to help those with low sight. There will be one main entrance sign at the High Street entrance and smaller secondary at the Edward Road entrance. The signing will show the location of main features and facilities and accessible routes through the park and promote positive behaviour. Costs in capital budget.</p>	£0	£2,500	£0	£2,500	£0	9	63	0	0	£0	£840	£210	£1,050	<p>Additional detail / project budget costs: Budget based on experience of similar project and lessons learnt from good practice and signing requirements set out in Interpretation and Signing Plan (2023). Design and production of one main entrance panel and up to 2 additional themed panels on history of the park and Wildlife/biodiversity of the cemetery area. £2500 allocated for support costs to enable target beneficiary groups to participate (transport, refreshments, careers support etc).</p> <p>Volunteer days / training opportunities / participant numbers: Estimated figures based on previous project experience / delivery. Estimate 3 Friends Group skilled volunteers, 3 South Glos. DAG skilled volunteers and 3 unskilled Warmley School students to work with Activities Officer on design and content, each working two half day sessions. Total: 6 Skilled volunteers value = 6 x 7hr days @ £140 per day = £840; 3 unskilled volunteers value = 3 x 7hr days @ £70 per day = £210. Total volunteer time: £1050</p>
<p>The Stories of Kingswood Park (Interpretive Media): Utilising electronic media through the use of QR codes the following key themes guided by an Interpretation and Signing Plan. Outputs will be determined by participants. 5 stories / pieces of content will be based on themes listed:</p> <ul style="list-style-type: none"> •WW2 •Trees, Wildlife and Nature •Park history and the legend of the Elephant •Coal mining and rich industrial heritage •Concerts, shows parades and famous people <p>A heritage / arts and design consultant will work with voluntary groups and target beneficiaries with a specific focus on new communities (Eastern European) and people from minority ethnic communities who are more unfamiliar with the heritage and harder to reach. The types of interpretative media are guided by an Interpretation and Signing Plan and will include heritage research, developing stories and presenting information, audio, photography, performance and video. Outputs will be determined by participants. Opportunities will include skills development and learning eg. English as a second language. Sharing the rich Kingswood heritage, spreading the word to the widest range of people including those geographically outside the Kingswood area.</p>	£0	£5,332	£8,868	£14,200	£0	15	120	0	75	£0	£2,400	£0	£2,400	<p>Additional detail / project budget costs: Budget based on best practice / previous experience of delivery of interpretative media projects by South Gloucestershire Council Community Spaces Place Improvements team. Allow for delivery of 2 themes in Year 2, and 3 themes in Year 3. Employ heritage / arts and design consultant to work with participants to develop heritage content / interpretive media based on 5 heritage themes. Consultant cost £350 per day. Allows for 5 days per theme = £8750; South Glos Council Strategic Communications (Design & Print) or equivalent to provide artistic design support for content and generating QR code, 2 days per theme @ £383 per day / total £3,830. Costs allow for IT support from SGC Council to generate QR code and host media on Kingswood Park web page. Allow £500 for 5 NavILens codes and 1 year hosting @ £120. Purchase of oak post (£100 each) , metal QR code plaques (£30 each) + installation (£70 each). Allow £750. Day walk/launch event - £250 organising costs (refreshments, advertising etc). Total project cost: £14,200. Volunteer days / training opportunities / participant numbers: Estimated figures based on previous project experience / delivery. Themes to be developed in line with Interpretation and Signing Plan. Estimate of 3 skilled volunteer opportunities per theme, each participating 8 hours per theme = total skilled volunteer value = £2400. Activities officer to deliver 5 seasonal half-day engagement sessions with wider target audience (e.g Choices for You adults with learning difficulties), 15 participants attending each session (total 75 participants) to raise awareness of media and how to use it. Skilled volunteers to support engagement sessions where practicable as part of 8 hour volunteer time allowance per theme.</p>

People will have greater wellbeing - a space to thrive

<p>Community Wellbeing Activities: The Covid-19 Pandemic was a powerful reminder of the importance of Kingswood Park for supporting community wellbeing. There is a pressing need to provide health and wellbeing activities as part of the community's attempts to recover from the pandemic whilst improving community spirit and reducing increased levels of social isolation brought about by the pandemic. A suite of physical and mental wellbeing activities has been developed and will be added to during delivery stage by the Kingswood Park Health & Wellbeing Activities Officer in partnership with other providers. This 'offer' of activities will be promoted to local health centres, GP surgeries, One You South Gloucestershire integrated healthy lifestyle service practitioners and support groups, so that engagement in these activities can be prescribed by health practitioners to people in need of improving mental and physical wellbeing. The need for such an 'offer' is supported by community and health professionals and this need has been amplified by the pandemic. The 'offer' will focus on the benefits of engagement with greenspace and sustaining integration of outdoor activity within ongoing lifestyles for physical and mental wellbeing. The following 'Community wellbeing activities' have been scoped through consultation with local residents and the Kingswood Health Centre:-</p> <ul style="list-style-type: none"> •Walking Groups : Gentle exercise in and around the park and longer walks starting and finishing at the Park •Couch to 5k running •Couch to a Mile running •Buggy Fit and other Post-natal outdoor exercise •Park Yoga •Children and families – Outdoor games and supported play during School Holidays both family sessions and child only sessions •Family Learning Sessions including practical maths and mindful families •'Growing Together' gardening and Park conservation for wellbeing •Mindfulness Sessions including art, Photography ,nature ,creative writing to be delivered by Community Learning •Mentoring Course to enable volunteers assist in the Wellbeing activities supporting attendees. <p>The 'offer' will continue to be developed in consultation with disability groups, people from minority ethnic communities and LGBTQ+ groups to ensure activities are user determined, accessible and culturally appropriate, including new residents from Poland and Eastern Europe.</p> <p>As part of the capital enhancements to the park a new hard surfaced path will be constructed along the southern boundary of the park. This will enable a circular circuit of the park which will be used by walkers and runners for health and wellbeing, in a safe and attractive, traffic free environment. There are already three pieces of exercise equipment in the park and the consultation work has revealed support for more equipment to be placed in the park, around the circular route to form a health and wellbeing trail.</p>	£17,074	£17,974	£17,974	£53,022	£0	81	811	9	4431	£0	£16,220	£0	£16,220	<p>Additional Detail / project budget costs: Walking Well groups: £600 total for refreshments / support costs. £100 first aid and PPE; Couch to 5k: 2 x 10 week courses per year at £600 per year / £1800 total 3 years. Quote from Staple Hill Runners running provider; Couch to a Mile running: 2 x 6 week courses per year = £240 / £720 over 3 years – run by Staple Hill Runners running provider; Buggy Fit and postnatal outdoor exercise: 40 weeks per year at £1800 per year / £5400 (quote Kirsty's Fitness); Park Yoga: Sessions from May – September. £700 per year / £2100 over 3 years (Quote from Park Yoga 2022); Outdoor fitness sessions: 3 x 10 week sessions. £900 per annum / £2700 over 3 years; Children and families outdoor games and supported play - South Glos. Play schemes quote. 3 years delivery during school holiday (summer, easter, half-terms & Christmas) - £28,002 over 3 years; Family Learning Sessions: includes practical maths and mindful families: 3 x 10 weeks per year = £1200 / £3600 (Quote Pippa Yarwood - Yoga and mindfulness); Mindfulness Sessions: including art, Photography ,nature ,creative writing to be delivered by SGC Community Learning Team. No cost for delivery; Mentoring Course to enable volunteers to support Wellbeing activities attendees. Support from SGC Community Learning dept. £2000 total support costs; Health & wellbeing support budget / other activities developed and delivered: £6000. Total Cost : £53,022.</p> <p>Volunteer days / training opportunities / participant numbers: Walking groups: Totals per year: 45 walks / 360 participants. 3 trained skilled volunteer leaders. Total 19 vol days / 133 hrs = £2660; Couch to 5k: Total 45 participants. 6 skilled volunteer buddies. 1.5 hours per session. Total = 135 skilled hours = £2700 volunteer time; Couch to a Mile running: Total 45 participants per year / 135 total. 6 skilled volunteer buddies. 1.5 hours per session. Total = 81 skilled hours = £1,620 volunteer time; Buggy Fit and other Post-natal outdoor exercise: Total 320 participants per year / 960 total over 3 years; Park Yoga: 25 sessions from May – September per year. 15 participants per session = 375 per year / 1125 total participants; Outdoor fitness sessions: Total 150 participants per year / 450 total; Children and families: 440 participants per year / 1320 over 3 years. 1 skilled volunteer attending per session / total 66 total 7hr skilled volunteer days = 462 hrs total / £9,240; Family Learning Sessions: Total 24 participants per year / 72 over 3 years; Mindfulness Sessions - Total 18 participants per year / 54 over 3 years. Mentoring Course; 6 mentors trained over 3 year duration of project.</p>
<p>Growing Together / Branching Out: Working in partnership with the Avon Wiltshire Mental Health Partnership to develop a growing area for the park to be located in the adjacent Orchard Road Allotment area. This will include the option for a polythene greenhouse and/or raised beds and the activity will include support for volunteers and target beneficiaries to grow bedding and other plants for use in the park, in ways that reduce environmental impact and promote long-term sustainability. A range of participant beneficiaries will be involved and the activity will be inclusive and accessible as possible and improve wellbeing and skills. The activity will incorporate all elements of horticulture (park planting and food growing) delivered in a fun and enjoyable way with an emphasis on social interaction and promoting behavioural change. The growing area will allow target beneficiaries to propagate plants for the park and develop gardening skills supported by horticultural training sessions encouraging 'growing your own'.</p>	£0	£5,920	£2,920	£8,840	£0	0	0	96	96	£0	£0	£0	£0	<p>Additional Detail / project budget costs: Budget based on best practice / previous project delivery by S.Glos Council Place Improvements team. Sessions delivered by SGC Volunteer Groups Support Officer, 2 hours per session @ £40 per hour/£80 per session. Sessions to run over 8 months, delivering target of 3 sessions per month = 24 sessions per year in years 2 & 3 = 48 in total. £80 x 48 sessions = £1920 per year / £3,840 total. Growing area improvements: Polytunnel / staging and beds / path surfacing: allow estimate of £5000. Volunteer days / training opportunities / participant numbers: Estimate target of 3 participants attending per session for 48 sessions per year for two years = total 96 participants over 2 years. Note some participants may return for more than one session and counted as such. No volunteer time allowed at present though will be counted if occurring.</p>

A better place to live, work and visit - opportunities for social integration and community engagement

<p>Fun in the Park: Community Celebration Events: In the past the park was a focal point for significant community events. The Covid-19 pandemic has demonstrated the value of Kingswood Park but also increased the sense of social isolation for many in the community. A priority arising from the pandemic is to bring the community together by reducing social isolation whilst increasing community spirit and pride. This activity will ensure the park continues to be at the 'heart' of the Kingswood community. It will achieve this through a series of inclusive annual celebration events which will promote community cohesion and understanding and the coming together of all sectors of the community to celebrate the park, community and heritage. The events will also be an opportunity for local National Lottery players to discover the achievements and outcomes of the Kingswood Park project, which has been funded by their ticket purchases. Freedom Church, The Friends of Kingswood Park and Activities Officers will work with community groups and volunteers to plan and deliver three annual celebration events. Specific emphasis will be to bringing our the whole community together including new audiences to the park (including people from minority ethnic communities, Polish & Eastern Europeans and Hong Kong Chinese). Event ideas include music and dance, produce shows, ethnic celebration events, outdoor cinema, natural environment events, crafts, fairs, markets and tree festivals plus the reintroduction of the Whit Sunday Event . The project will include event management training for those involved in organising the events to ensure the events are safe, well managed and delivered successfully, and to provide volunteers with sustainable skills to continue organising events into the future. Celebration events will be held in Year 2 & 3. Capital works in Year 1 will prevent the activity taking place.</p>	£0	£6,500	£5,000	£11,500	£0	42	322	8	7,000	£0	£5,040	£1,400	£6,440	<p>Additional detail / project budget costs: This project received wide support during the initial consultation work. Individual event detail will be developed annually by the Friends of Kingswood Park and Activities Officer in conjunction with park users and community volunteers. The budget is based on the experience of similar events at Page Park and other open spaces in South Gloucestershire. Estimate budget to support delivery of one celebration event year 2 & 3 with a budget of £5000 per event = £10000 total. Additional sum of £1500 allowed in year one to support volunteer event management training to build capacity and sustainability to continue delivery of events once NLHF funding has ceased. Volunteer days / training opportunities / participant numbers: Allow for 8 skilled volunteers to complete volunteer event management training day @ 7 hrs each = £1120; 7 skilled volunteers to organise celebration event each year = 14 days @ 7 hrs per day = £1960 per year / total £3920 over 2 years. 10 unskilled volunteers helping provide event marshalling support on the day = 10 x £70 = £700 per year / £1400 over 2 years. Total volunteer value = £6440. Participant numbers attending events estimated at 3500 per event based on previous attendance and allowance for increased numbers.</p>
<p>Festival of Light - Kingswood Community Lantern Parade: From its inception the park has been the centre of social and cultural life for Kingswood people and was the focal point for parades, shows and events. During WWII the park was visited by circuses as part of the holidays-at-home scheme and various concerts and parades such as 'Warship Week', 'United Nations Day' and VE day. Following the war the park was a focal point for community parades and carnival processions, and was used by the churches of Kingswood as the end point for annual Whit Monday parades which attracted thousands of people up to the 1970's. The Festival of Light parade will re-invigorate the traditions of parades and carnivals in Kingswood, bring the whole community together, reducing social isolation and increasing community spirit and pride. It will celebrate the restoration and enhancement of the heritage, bringing the whole community together including new audiences to the park (including people from minority ethnic communities, Hong Kong Chinese, Polish & Eastern Europeans), and link to light festivals (eg. Shanyuan, Diwali, Hannukah, Eid-ul-Fitr, Harvest). The parade will celebrate the economic regeneration of Kingswood Town Centre, starting in the town centre and winding its way through to the park.</p>	£0	£0	£29,295	£29,295	£0	30	225	0	5,250	£0	£4,500	£0	£4,500	<p>Additional detail / project budget costs: Parades and shows received wide support during the initial consultation work. Individual event detail to be confirmed, outline proposal based on quote and report submission from Lamplighters CIC company for the Church Road Lantern Parade Bristol. Full details will be developed by the Activities Officers and Friends of Kingswood Park in conjunction with park users, community volunteers, and Artist / Consultants. Lamplighters CIC estimated budget to support delivery of one full lantern parade event = £29,295. Project to be fully scoped and tendered with sufficient time allowance prior to delivery. Volunteer days / training opportunities / participant numbers: Allow for 1 community Festival of Light event delivered with 250 participants and 5000 people attending. 200 workshop participants with minimum 10 workshops delivered. 30 skilled volunteer days providing up to total of 225 volunteer hours (£4500) for supervising and supporting workshops and to develop, organise and marshal event. Total volunteer value = £4500. Participant numbers attending estimated at 2250.</p>

<p>Performance Arts / Music in the Park: This activity will help the community to reduce social isolation and improve community spirit and pride. Music in the Park will develop and support a regular programme of music and performance arts sessions in the restored performance / amphitheatre area. The activity will improve community cohesion by drawing in more, and a wider range of people to the park and performance styles and choices will be varied and appeal to all sections of the community and age ranges. It will also showcase local talent and give young people the opportunity to learn skills. The programme will be managed by the Activities Officer and include working with the local Creative Youth Network and other performers / musicians.</p>	£0	£500	£1,000	£1,500	£0	10	90	3	900	£0	£1,800	£0	£1,800	<p>Additional detail / project budget costs: Budget based on best practice / previous project delivery by South Gloucestershire Council Community Spaces Place Improvements team. Basic support costs for printed materials etc. to promote performances estimated at £1000 per year / £1500 total over 18 months starting year 2. Volunteer days / training opportunities / participant numbers: 3 young people to train in event management skills in conjunction with the Friends of Kingswood Park as part of the Fun in the Park Community Celebration Events event training element. Estimate up to 12 music / performance sessions in the park in years 2 and 3. Two skilled volunteers supporting each event for 1/2 day per event = 90 hrs total volunteer time over 2 years / £1800 total volunteer value. Estimate minimum 75 people attending park events = total 900 participants.</p>
<p>Kingswood Park Youth Activities Programme: Consultation has taken place with Young People but also residents, Neighbourhood Beat Team and other organisations working in the Kingswood Area. A programme has been constructed to support young people to engage in positive and fun activities that meet their interests but also reduces their chances of becoming involved in anti-social behaviour. Discussions have been held with a number of youth providers and other organisations working with young people, and a programme has been developed.</p> <p>Activities in the Park - programme of activities to run over summer school holiday periods offering free activities in park for 11 - 16yr olds .To include Games/Sport , Inflatables, nerf wars, Bush Craft, Water fights, Table Tennis, parachute games, sand art and glitter tattoos, Circus Skills, graffiti Art and food.</p> <p>Detached Youth Work in the Park: Youth Workers providing two 2-hour session per week of a 38 week outreach period engaging young people in the park and local community in positive activities .Session 1 around Craft, Food, Survival Skills. Session 2 - Sport including things such as Basket ball, Circus Skills ,American Sport.</p> <p>Intergenerational Work: To bring the older members of the community together with the Young people . The project will be called a welcome space it will include opportunities for the two groups to meet together socially and also organise activities together for the park.</p>	£14,391	£21,191	£21,191	£56,773	£0	57	1176	0	825	£0	£23,520	£0	£23,520	<p>Additional Detail / project budget costs: Budget costs based on quote provided by Krunch Southwest. Detached Youth Work sessions: 1 night per week for 38 weeks £6190.13 per year / 3 years = £18573; Summer Holiday activity Sessions: 3 days per week / run for 6 weeks. £8200 per year for 3 years = £24,600; Intergenerational work: 1 session per week. £6800 per year for 2 years / total £13,600. Total cost:£56,773. Volunteer days / training opportunities / participant numbers: Total estimate 825 young people to participate in range of activities over the life of the project based on consultation sessions completed with Krunch / average numbers of young people who have attended sessions run by Krunch in other areas of South Gloucestershire (eg. Thornbury). Volunteer hours: 3 skilled volunteers to attend summer holiday activity sessions for 6 weeks = 3 skilled volunteers x 3 days per week (7hrs per day) x 6 weeks = £7560 per year / 3 years = £22,680; 3 Volunteers to attend an annual intergenerational events: 3 skilled volunteers x 7 hrs per day x £450 / 2 years = £840.</p>
<p>Tackling Anti Social Behaviour – A Safer Park Environment for All: Establish a strong relationship with the Kingswood Neighbourhood Beat Team and the council Anti-Social behaviour team to enable park users, volunteers, any interested parties etc to report concerns regarding anti-social behaviour in the park and wider area. This is a direct response to antisocial behaviour concerns raised during the consultation and development stage. Making sure there is update information in the Park on how to report anti-social behaviour either to the Police or anonymous to Crime Stoppers. Making sure that the Police are invited along to the Friends of Kingswood Park meetings and to any events that are held in the Park.</p>	£0	£0	£0	£0	£0	0	0	0	0	£0	£0	£0	£0	<p>Additional detail / project budget costs: No budget necessary. Volunteer days / Training opportunities / participant numbers: Not applicable</p>
<p>Building back for positive change - people will have developed skills</p>														
<p>Kingswood Park Horticultural & Landscape Apprentice: A 24-month apprenticeship will be established to provide a person with the opportunity to develop skills and learning to enhance their long term-employability and career prospects (Level 2). The apprenticeship will involve day release attendance on an accredited horticultural college course. The role will include training in play area inspections and complete a play inspection training course. The Council will use links with local community organisations to target the apprentice opportunity to underrepresented groups (e.g. care leavers, NEETs, people from minority ethnic communities, Kingswood and Kingsmeadow residents). The Council will directly target these groups, engaging with local community settings and Jobcentre Plus Kingswood plus also our Works4Youth programme, providing information on the apprenticeship offer including how people can apply.</p>	£0	£15,656	£14,527	£30,183	£0	0	0	1	1	£0	£0	£0	£0	<p>Additional Detail / project budget costs: Budget cost based on costs provided on best practice / costs provided by Council Apprenticeships Officer who recommends allowing allowance for an 18 yr old 2 year horticultural apprenticeship - £28,363 salary for 2 years including inflation. The apprenticeship will include playground inspector training and qualification. The play qualification is a three day course with an assessment/exam at the end. £1600 +vat and £220 for exam. Total cost: £30,183 for a full time 2 year placement with training. Note: £10,000 to allow for additional salary up to 23 yrs old provided for in contingency.</p>
<p>Growing Your Skills: Working in partnership with South Gloucestershire Community Learning , Kingswood, 3 x 8 week placements across the life of the project will be supported to work in the park on horticulture and park maintenance activities. Under the supervision of the grounds maintenance team the participants will learn return to work skills such as good time-keeping and attendance and develop skills in horticulture and maintenance tasks to ascertain whether the participants wish to develop further skills and accreditation. The placement participants will come through one of the following programmes:</p> <p>Works4Youth – 16-25 year olds not in employment, education or training</p> <p>We work for everyone – 16+ not in employment and have either a self identified or diagnosed disability, learning difficulty or autism that is a barrier to finding work</p> <p>Future Bright – 18 + in paid work including self employed or zero hours contracts and receiving benefits/tax credits and looking to change career or find other employment.</p> <p>Participants coming from these programmes will come with either an employment coach or mentor who will help them settle into the placement and also provide additional support after the placement for participants who wish to develop a career / work skills in this area.</p>	£550	£550	£550	£1,650	£18,423	0	0	3	0	£0	£0	£0	£0	<p>Additional Detail / project budget costs: SGC Council grounds team to supervise placements 3 placements of 8 weeks over the 3 years as an in-kind contribution. PPE and Travel allowance: £550 per placement / total £1650. Volunteer days / training opportunities / participant numbers: Allow for 3 eight week placements. S.Glos Council Officer time: Grounds Management Team officer supervision cost @ £6141 per 8 week placement . Total in-kind officer time value for 3 placements: £18,423.</p>
<p>Greenskills / Practical Park Management Activities: This activity will develop a regular programme of practical management works which will take place in years 2 and 3 of the project enabling volunteers from across the local community / community groups to participate in the day to day management, maintenance and upkeep of Kingswood Park and learn about the heritage. This will take the form of a programme of regular volunteer work days led by the Activities Officer and supplemented by in-kind support from the Council's Volunteer Groups Support Officer / Grounds Maintenance team offering training and skills development opportunities covering practical park management, amenity horticulture, biodiversity and improvements for wildlife and other related park needs. The aim is to establish a regular, skilled and sustainable network of volunteers to participate in the management of the park over and beyond the life of the project</p>	£0	£1,250	£500	£1,750	£3,200	15	245	15	0	£0	£2,900	£1,000	£3,900	<p>Additional detail / project costs: Greenskills learning sessions delivered by Activities Officer / SGC officers to deliver greenskills sessions as in-kind contribution covering amenity horticulture, tree management, biodiversity, access for all and landscape design. Activities Officer salary costs to co-ordinate project management / delivery. SGC Council Volunteer Groups support officer / grounds team to supervise session to deliver minimum 20 park sessions per year as an in-kind contribution. 3 volunteer first aid at work training courses delivered = £750; PPE / Tools and equipment allowance £1000. Total project cost = £1750 Volunteer days / training opportunities / participant numbers: Allow for target of 15 volunteers in total to take part over year 2 and 3 in the practical management of the park; Target total of 12 volunteer work days (total 200 hrs over 2 years) per year (24 in total) in the practical management of the park. 6 as skilled volunteers: Value of skilled volunteers = 100 hrs / £2000, and 5 unskilled volunteers = 100 hrs / £1000; 3 skilled volunteers to complete first aid at work training course (2 day course, 45hrs total for 3 volunteers) = volunteer value £900.Total volunteer value £3900 over 2 years (years 2 & 3). In-Kind S.Glos Council Officer time: Council Volunteer Groups Support Officer to deliver total 40 sessions, 2 hours per session @ £80 per session = total in-kind officer time value: £3200</p>
<p>Student Placement Support in the Park: Working with New Horizons School and Warmley Park School and College there will be support for an agreed number of park-based sessions for students in areas such as horticulture, heritage, outdoor learning and physical activities. Sessions will be delivered by the Activities Officer / the Council's Volunteer Groups Support Officer / Grounds Maintenance Service operatives. The number and content of sessions will be agreed annually with the colleges and their students with opportunity to compliment Duke of Edinburgh Award requirements. Sessions will be programmed for 6 months of the year – April to September.</p>	£1,000	£1,000	£1,000	£3,000	£2,880	0	0	108	180	£0	£0	£0	£0	<p>Additional Detail / project budget costs: Support for sessions with New Horizons / Warmley Park School will be provided by Council Volunteer Groups Support Officer / Grounds Maintenance Service. A support budget of £3000 will cover any additional expenses (travel/materials/PPE/tools etc) is allocated. Volunteer days / training opportunities / participant numbers: Further consultation with New Horizons / Warmley Park School to take place at the development phase to agree number of sessions. Based on delivery experience estimate 2 sessions per month / 12 sessions per year / 36 total over life of project. 3 participants per session / total 108 participants over life of project. 2 college support staff to attend each session / 72 over life of project; In-Kind S.Glos Council Officer time: Council Volunteer Groups Support Officer to deliver total 36 sessions, 2 hours per session @ £80 per session = total in-kind officer time value: £2880.</p>

Becoming more resilient														
<p>Friends of Kingswood Park - becoming more resilient: The implementation of the Kingswood Park Project will only be possible with the support of the Friends Group. The Covid-19 Pandemic has impacted the work of the group and volunteer numbers. The delivery of such a large-scale project over three years will present challenges to the Friends Group. It is important the group is able to adapt to increased pressures and changing circumstances by building their resilience. South Gloucestershire Community & Volunteer Services (CVS) will be commissioned to provide a comprehensive programme of support to grow and strengthen the Friends Group including information, support and training to build strong effective governance and ensure the group is legally compliant, help the group secure a sustainable financial future through fundraising so that it feels confident in its financial reporting. Support will enable them to recruit more volunteers. Outcomes will be a group that can meet its goals, be more effective, be sustainable in the long term with appropriate policies and procedures in place and develop effective and successful partnerships and collaborations.</p>	£3,000	£3,000	£3,000	£9,000	£0	6	270	0	0	£0	£2,700	£0	£2,700	<p>Additional detail / project budget costs: Quote received from CVS South Gloucestershire for a programme of capacity building support over three years. CVS to provide support and resilience sessions for the Friends group. Target 5 sessions per year minimum. Support cost £3,000p.a/ £9000 total. Volunteer days / training opportunities / participant numbers: Estimate 6 volunteers attending 5 sessions (3hrs per session) per year. 15 sessions total with 6 volunteers participating. Value: Year 1: 6 unskilled volunteers @ £10 = £900/ 3 years = total value £2700 (270 hours)</p>
<p>Kingswood Park Web Site: Development of a new Friends of Kingswood Park website incorporating a simple contents management system and training for volunteers to maintain and update the website. Volunteers will help develop content and discover more about the heritage of the park and how to interpret it. Website content could include information on access issues, interpret the heritage and themes identified in the Interpretation & Signing Plan, and advertise the activities happening in the Park.</p>	£3,000	£0	£0	£3,000	£0	2	34	0	0	£0	£680	£0	£680	<p>Additional detail / project budget costs: Quote received from CVS South Gloucestershire for web site cost estimate for planning, design, build, content development and training. Volunteer days / training opportunities / participant numbers: 2 skilled volunteers trained in web site contents management system management. Combined total volunteer value: Training: 2 x 7hr days @ £140 per day = £280. Allow 10 hours per year management of web site pages / updating = 20hrs skilled volunteer = £400. Total: £680</p>
Connections with nature - natural heritage will be in better condition														
<p>Heart Wood: Loving Trees in Kingswood Park: This activity will involve the community in learning about and celebrating the trees in Kingswood Park and the delivery of a tree management / replacement programme in the park. Trees face many challenges in the park – trees affected by Ash dieback require replacement; climate change will influence the choice of suitable tree species and future management regimes; specimen older trees will soon require replacement or have fungal disease; and many younger trees require management. Opportunities will engage the community in learning about and celebrating the trees in the park, through a programme of innovative tree encounter sessions including walks, tree I.D. skills, tree management techniques, Council Tree Plotter software, suitable species to replace the trees, positioning and landscape impact, soil conditions, tree size, biodiversity value and the effect of ground compaction on tree health, and the impact of climate change and how the choice of suitable species can be part of a climate adaption plan for the park and wider community. A 'Big Tree Climb / Canopy Caper' will enable target beneficiaries (eg. young people) to climb high into the canopies of older trees and learn more about their importance. The Councils' Tree Team will engage the wider community in the development of a tree management plan for replacement trees over a phased period of time including care and maintenance (watering, formative pruning, mulches etc.). Two volunteers Tree Wardens will be trained in Basic Tree Survey and Inspection techniques and monitor park trees.</p>	£700	£2,800	£1,200	£4,700	£4,688	2	42	2	165	£0	£840	£0	£840	<p>Additional detail / project budget costs: Budget based on experience of similar project and lessons learnt from good practice / a recent tree project at Page Park. Walks and talks – sessions in the park – trees / biodiversity / climate impact and challenges. 6 sessions, allow £350 per session = £2100; Canopy climbing arboriculture specialist climbers - £2100 (Quote: The Great Big Tree Climbing Company); 2 Kingswood Park volunteer tree wardens trained in Basic Tree Survey and Inspection @ £250 each = £500. Total project cost: £4700. Volunteer days / training opportunities / participant numbers: Total 6 Tree Sessions delivered / 20 participants per session = total 120 participants; 1 Tree climbing / Canopy Capers session delivered. 25 participants throughout day session; 1 Council Tree Team led Plotter demonstration delivered, with 25 participants attending (in-kind); 1 Tree management and maintenance plan produced (in-kind); 2 Kingswood Park skilled volunteer tree wardens trained in basic inspection skills – 14hours / £280 value. For tree wardens allow 1 day each per year as skilled volunteers monitoring trees in the park - total 28 hours = £560. Total vol time value: £840). In-Kind S.Glos Council Officer time: Tree Team officer cost @ £375 per day- 1/2 day for Tree Plotter demonstration session = £188; 12 days for preparation of Park Tree management and maintenance Plan / replacement programme = £4500. Total in-kind officer time value: £4688</p>
<p>Making Space for Nature: Activity to involve target beneficiaries in recording the wildlife and biodiversity of the park and adjacent Holy Trinity church yard and planning how to make a richer, more diverse space for wildlife habitats and species. Beneficiary groups will take part in guided wildlife walks, I.D skills and awareness sessions to record the birds, bats, insects, small mammals, reptiles, wildflowers and other species including in year 2 park and churchyard focused BioBlitz in which participants race against the clock to discover as many species of plants, animals, and fungi as possible in 24 hours. Biodiversity awareness sessions show how to maximise the wildlife value of the park, churchyard and adjacent residential gardens backing on to the park. 'Biodiversity in a Box' will offer residents resources a Biodiversity boosting 'pick and mix' of wildlife enhancing elements for gardens adjoining the park. In boosting biodiversity in and around the park, beneficiaries of all ages will have opportunities to learn about the wild plants and animals in their locality, as well as build skills and knowledge to play their part in helping them thrive in the future. Interactive biodiversity sessions will include:</p> <ul style="list-style-type: none"> •Gardens / Allotments without pesticides •Composting •Useful weeds •Hedgehogs and other mammals •Wildlife ID – different ID guides •Making space for Nature – creating habitats for wildlife, increasing pollinators •Pollinator requirements (shelter, food, water) •Companion planting 	£3,000	£1,400	£900	£5,300	£0	20	720	20	235	£0	£0	£7,200	£7,200	<p>Additional detail / project budget costs: Interactive Biodiversity sessions deliver (Council Biodiversity Team / Bristol Natural History Consortium / Avon Wildlife Trust) - £300 per session / 3 per year / Total £2700; BioBlitz - £500 Bristol Natural History Consortium support cost for running event; Biodiversity in a Box – Cost £210 per box of resources (tree, seed, small pond, log pile etc) x 10 available = £2100; Total project cost: £5300. Volunteer days / training opportunities / participant numbers: Total 9 Interactive Biodiversity sessions delivered / 15 participants per session = total 135 participants; BioBlitz - Year 2 Estimate 100 residents taking part on day; Biodiversity in a Box – 10 boxes delivered to homes / residents with gardens adjacent the park to receive resource box at Year 2 Fun in the Park event. 2 volunteers from each family awarded (20 volunteers total) who volunteer to monitor for following 2 years. Total 2hrs month (1 hour for each family volunteer), total 2 hrs month / 24hrs per year, 10 volunteers for 2 years = 720 hours unskilled / total value £7200.</p>

Environmental sustainability: increase positive environmental impacts and reduce negative environmental impacts

<p>A Changing Climate: In July 2019, the council declared a climate emergency and committed to become carbon neutral by 2030. Fun and interesting activities will be delivered for volunteers and the community to learn about the impacts of climate change and plan how the infrastructure, facilities and natural features of the park can be adapted to cope with future climate challenges. Activities will run throughout the delivery phase. Volunteers will work with the Activities Officer (supported by the Council's Climate Change Team) to develop a climate change adaptation plan for the park. This will consider the challenges of energy and water use, tree planting and carbon capture, biodiversity, materials and appropriate green technologies to reduce the environmental impact of the park such as water supply and capture, volunteer plant propagation, zero use of peat etc. The Council will set the realistic aim of making the park carbon neutral by an agreed target. During the delivery phase the Activities Officer, Friends Group and Council will begin implementing the plan and monitoring the achievements of its targets.</p>	£500	£500	£500	£1,500	£0	3	75	0	0	£0	£1,500	£0	£1,500	<p>Additional detail / project budget costs: Budget based on experience of similar project and lessons learnt from good practice. Allow £1,500 to support Activities Officer and volunteers with specialist help / training based on estimate from South Glos Council Climate Change Officer. Volunteer days / training opportunities / participant numbers: Estimated figures based on previous project experience / delivery. 1 Climate Change Adaptation Plan produced for the park. 3 skilled volunteers / total 75 hours (9 x 7 hr days) skilled volunteer participation hours = £1500. Volunteers will report their knowledge of the heritage and Climate Change has improved.</p>
DRAFT ACTIVITIES TOTALS	£69,463	£108,177	£120,747	£298,387	£29,191	365	4986	344	20285	2100	75160	12540	£89,800	
8% INFLATION ALLOWANCE Yr 1 / 7% Yr 2 and Yr 3	£23,870.96	£16,024.68	£8,452	£48,348										
5% CONTINGENCY ALLOWANCE	£4,667	£6,210	£6,460	£17,337										
APPRENTICESHIP CONTINGENCY		£10,000		£10,000										
TOTAL DELIVERY ACTIVITIES VALUES				£374,072	£29,191	365	4986	344	20285	2100	75160	12540	£89,800	

Volunteer Time Value calculation

Professional volunteer (for example, accountancy or teaching) – £50 per hour
 Skilled volunteer (for example, leading a guided walk) – £20 per hour
 Volunteer (for example, clearing a site or acting as a steward at an event) – £10 per hour
 Source: NLHF Application Guidance 2023